



Save The Date!

Our school is getting ready to kick-off **KIDS HEART CHALLENGE!** We are so excited to participate in this service-learning program from the American Heart Association that will teach your student how to care for their hearts-- physically and emotionally, while raising lifesaving donations.

Presentation School and the American Heart Association will be kicking off our Kid's Heart Challenge on Feb. 8th. Our students will learn about the work the AHA does and **challenge students** to start living a healthy lifestyle. With the help of our friends, the **HEART HEROES**, our school is going to fight Heart Disease and get rid of it **for good!**



All of the Heart Heroes have a [special message](#) they are teaching our students and reminding them the importance of being physically active, healthy eating and helping others. **ALL** student who takes the **CHALLENGE!** will earn a wristband to wear proudly and remind them to be healthy.

Here's how you can help:

1. Register <http://www2.heart.org/goto/presentation> or search, "Kids Heart Challenge" in your app store.
2. Take the challenge
3. Complete Finn's Mission
4. Have fun!

Download the Kids Heart Challenge App Here:



Thank you for joining us as we challenge each other to keep our hearts healthy and raise donations for kids with special hearts.

Ms. Rogers
Physical Education Specialist