



## Save The Date!

Our school is getting ready to kick-off **KIDS HEART CHALLENGE!** We are so excited to participate in this service-learning program from the American Heart Association that will teach your student how to care for their hearts-- physically and emotionally, while raising lifesaving donations.

Presentation School and the American Heart Association will be kicking off our Kid's Heart Challenge on Feb. 8<sup>th</sup>. Our students will learn about the work the AHA does and challenge students to start living a healthy lifestyle. With the help of our friends,

the **HEART HEROES**, our school is going to fight Heart Disease and get rid of it **for good!**



All of the Heart Heroes have a special message they are teaching our students and reminding them the importance of being physically active, healthy eating and helping others. **ALL** student who takes the **CHALLENGE!** will earn a wristband to wear proudly and remind them to be healthy.

Here's how you can help:

1. Register <http://www2.heart.org/goto/presentation> or search, "Kids Heart Challenge" in your app store.
2. Take the challenge
3. Complete Finn's Mission
4. Have fun!

Download the Kids Heart Challenge App Here:



**Thank you** for joining us as we challenge each other to keep our hearts healthy and raise donations for kids with special hearts.

Ms. Rogers  
Physical Education Specialist