

Art Supply List

Below are three options depending on whether you'd like to invest in art supplies or just use what you have at home. Scroll down to the bottom for shopping lists curated by Dr. Ilic!

Option 1: Just show up!

- A pen and a piece of paper
 - Check your drawers for a Uniball Vision pen

Option 2: Affordable Art Supplies

- **Fine liner** (Faber Castell S or F) or (Micron Pigma black 045 fine liner) How about a fountain pen? Anyone?! 😊
- **Watercolor set** (12-24 half pans; prices vary: affordable \$20 sets are fine. You can get Winsor and Newton Cotman for that price.
 - If you have young children, you may have a watercolor set already. It may even come with a paintbrush!
- **Paint Brush or Waterbrush**
 - Waterbrushes are a practical way to have water and a brush in the same tool. Pentel's Aquash Large is universal and will allow you to do small and large details. There are numerous waterbrushes out there and all are helpful (Niji, Kuretake, Faber Castell, Caran d'Ache all produce their own versions).
Paint brush: These days synthetic brushes mimic the natural hair. You will be fine starting with Escoda Versatil travel brush size 6 or 8 without breaking the bank. German manufacturer Da Vinci produces excellent brushes as well.
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- **Paper:** Use paper you have or consider getting affordable **Canson XL watercolor** sketchbook.
- **Paper Towel and cup of water** (if you are not using a waterbrush)

Option 3: Quality Art Supplies

- **Fine liner** (Faber Castell S or F) or (Micron Pigma black 045 fine liner) How about a fountain pen? Anyone?! 😊
- **Watercolor set** 12-24 half pans. The nicer ones will start at around \$60. Some high quality watercolor sets to look into: Sennelier, Winsor and Newton, Schmincke, California made Da Vinci watercolors, Seattle made Daniel Smith paints are considered of highest quality.
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 - If you are interested in traditional watercolor, sable and “Kolinsky” **watercolor brushes** are the best, and could be quite pricey. If you get yourself size 6 or size 8 Escoda Reserva travel brush, you are good to go. Additional brushes can always be purchased later on.
- **Paper:** There are artist grade papers as well (**Stillman and Birn Beta**, Moleskine Watercolor pad, Hahne Muelle sketchbooks, and highest papers are Arches and Fabriano Artistico papers; we don’t need to obsess over those...)
- **Paper Towel and cup of water** (if you are not using a waterbrush)

Pencil and soft kneaded eraser, if you must! 😊

Shopping Lists by Price

Option 2: Here is an example of more affordable shopping list at Michael’s (total around \$60):

<https://www.michaels.com/art-philosophy-watercolor-confections-the-classics-set/10623456.html>

<https://www.michaels.com/canson-xl-hardcover-watercolor-pad/10519820.html>

<https://www.michaels.com/pigma-micron-archival-black-ink-pen/10255544.html>

<https://www.michaels.com/yasutomo-niji-waterbrush-v2-set/10598808.html>

Option 3: And here is the example for higher quality supplies at Dick Blick’s (under \$120):

Paintbox:

<https://www.dickblick.com/items/01755-0189/>

S&B sketchbook:

<https://www.dickblick.com/items/11891-1208/>

Fine liners:

<https://www.dickblick.com/items/20759-2029/>

Excellent quality imitation sable travel brush:

<https://www.dickblick.com/items/09331-8006/>

Optional; drawing pencils:

<https://www.dickblick.com/items/22233-2192/>

Optional; kneaded eraser:

<https://www.dickblick.com/items/21019-2611/>

Additional Encouragement:

I promise! No talent required! Whatsoever!!!

<https://www.youtube.com/watch?v=9lgig58inw> (Danny Gregory)

Have I mentioned? We will be stealing like artists... :D

<https://www.youtube.com/watch?v=IY7gho3eazA&feature=youtu.be> (Austin Kleon)

Do we need a permission to “play” with art? Here is one from United Healthcare:

<https://newsroom.uhc.com/health/art-wellness.html>