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Live Webinar
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Pelvic Health Following Delivery

Monday, April 15, 2019

NOTE: 2:00 - 2:30pm (Pacific Daylight Time)



Lisa Rogo-Gupta, MD, FACOG FPMRS

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Medical Director, Ambulatory Gynecology*

The muscles of the pelvic floor come under great strain during pregnancy and delivery. This talk addresses the importance of pelvic health, how it can be changed by pregnancy and delivery, and how to regain pelvic health after your baby arrives.

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