

Follow your heart, it'll lead
you to a stronger brain.



Your Brain on Love

See how the power of love powers our brain.

Your Brain on Love is a powerful thing.

We know more than ever about keeping our brain strong. There are mental exercises, daily habits, and most exciting of all, there's love and happiness— which trigger your brain's pleasure centers and strengthen cognitive activity.

Feel the joy at "Your Brain on Love" this Valentine's Day at Concordia Life Plan Community. It's a fun, easy and motivational way of showing you how the power of love powers your brain.



Meet the Speakers...

Roger Anunsen and Michael Patterson, known as "The Brain Boys," are co-founders of MINDRAMP, which applies brain science breakthroughs to real-life challenges faced by older adults. Their programs have been featured at the University of Oxford and at a sold-out brain health seminar at the Smithsonian Institution.

Your Brain on Love

With Roger Anunsen
and Michael Patterson

Friday, February 14th at 10:00AM

Concordia Life Plan Community

7707 W Britton Road, OKC 73132

Please RSVP to 405-320-9590 to join us!



This Valentine's Day, discover
how every kind of
love strengthens
every kind of Brain!

Concordia is honored to collaborate on this event with VillagesOKC, an innovative grassroots organization that provides support services for community-dwelling older adults.

