



# Give Me FIVE



You Are Your Child's First and Most Important Teacher.  
Help Me Get Ready for Kindergarten!

## TALK

- Talking and having conversations with me builds my brain.
- Make eye contact, touch and talk to me about my world.
- Sing simple songs and nursery rhymes to me. Use lots of rhyming words.
- Have a conversation with me while feeding, playing, bathing, dressing and cuddling me.
- Teach new words and talk in complete sentences with me.
- Help me name my feelings such as happy, sad, mad and scared.



## PLAY

- Playing brings you and your child closer. Build with me.
- Pretend with me. Play peek-a-boo and patty cake.
- Be silly, dance and sing with me.
- Make time for me to play with others and teach me the rules.
- Play with toys, use simple household objects with me.
- Simple games help build my problem-solving and creative thinking skills.

## READ

- READ to me everyday, make it part of my routine.
- Sit close or hold me, point to pictures and talk about what I see.
- Put my books where I can easily reach and explore them.
- Read different types of books to me, like nursery rhymes, ABC books, informational books and storybooks.
- Reread books that I love. Repetition helps me LEARN.



## DO

- Take me to the library, zoo, and other friendly places.
- Explore with me, it helps me discover how things work and learn to solve problems.
- Outdoor play builds important large motor skills.
- Let me touch, taste and smell new things.
- Play games with me and let me use my imagination.

## WRITE

- Let me feed myself and squish things to build finger strength.
- Use playdough with me to strengthen my hands.
- Exploring with my hands builds fine motor skills needed for drawing/writing.
- Draw pictures with me and help me explore crayons or markers so my hands will be ready when I get bigger.
- Give me opportunities to explore different textures with my hands.

