



Meet Marissa Raglin

*I am so honored and excited to be joining the EPEL Board!
I look forward to all that we will accomplish and the deep
change that we will make, together. - Marissa Raglin*

My academic and professional journey has been marked by a deep commitment to the field of psychology and counseling. While completing my BA in Psychology at the University of Illinois in Chicago in 2014, I had the opportunity to study abroad in Ecuador and India which furthered my understanding of culture, perspective, and intentionality. Earning a Master's in Counseling Psychology with a specialization in adolescent treatment from Northwestern University in Evanston and went on to provide counseling services in the Chicagoland area, working with thousands of individuals of all ages, from children to adults, facing a wide range of conditions and disorders. It is an honor to walk alongside clients, providing a safe space to process challenges and offer insight to fuel next steps!

Currently, I am focused on offering mental health education to all. I firmly believe in the transformative power of psychoeducation, recognizing that by teaching different therapeutic techniques and skills to all ages and for all needs, we will begin to equip and empower people with mental health skills to navigate challenges when they arise and encourage a preventative rather than reactive approach.

With that being said, I look forward to utilizing my experiences and energy to help accomplish goals and make an impact in our community and children's lives at the early and developmental levels!

Simplifying Therapy™