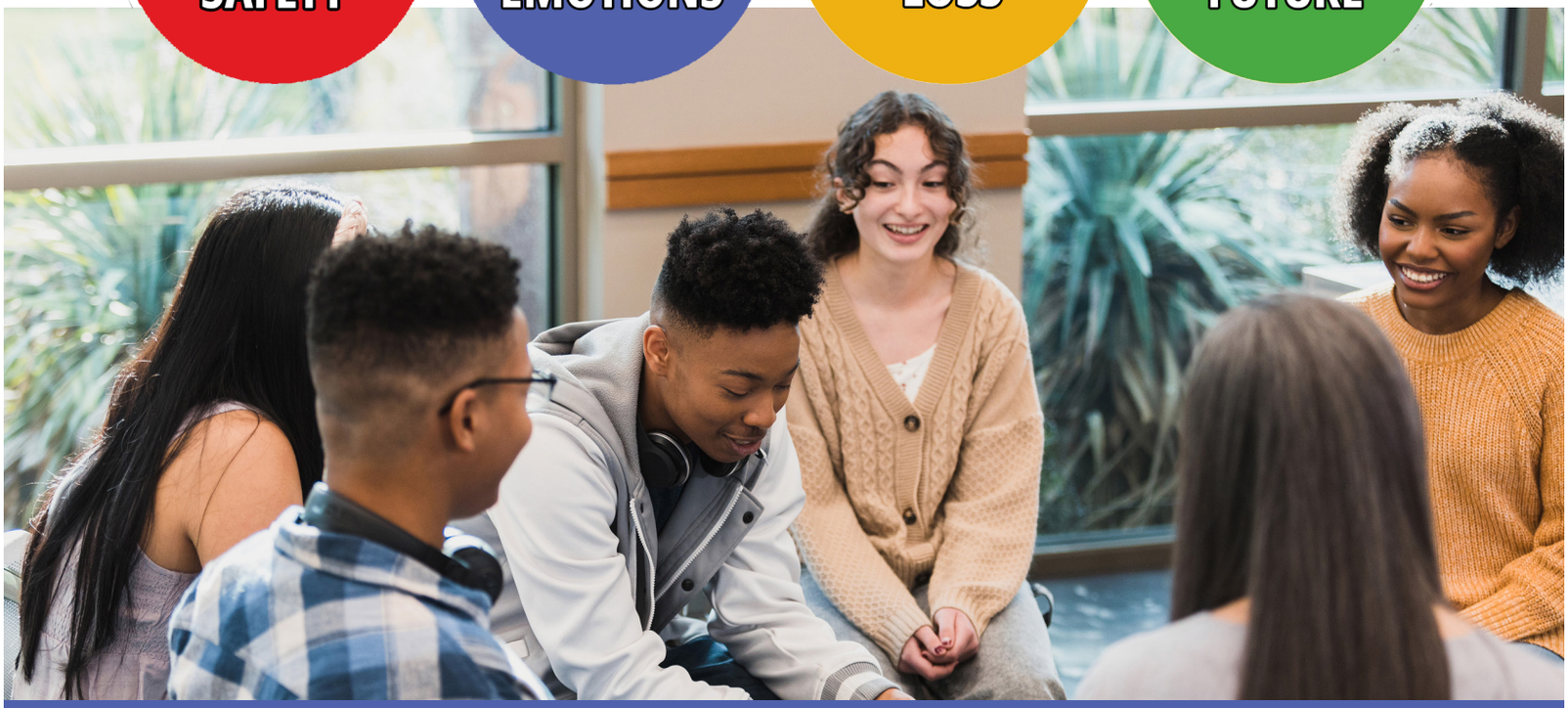
EXPLORE YOUR SELF

S SAFETY

E EMOTIONS

L LOSS

F FUTURE



SMALL GROUP THERAPY FOR YOUNG ADULTS MOVING ON TO THEIR NEXT CHAPTER

Fall 2024
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