



**Mount
Sinai**

*Center for Spirituality
and Health*



Spiritual Health Symposium

Cultivating and Sustaining Compassion in the Practice of Health Care



Roshi Joan Halifax, Ph.D.

Founder, Abbot, and Head Teacher
Upaya Institute and Zen Center
Santa Fe, New Mexico



Shane Sinclair, Ph.D.

Associate Professor and Cancer
Care Research Professor
University of Calgary

FRIDAY, MAY 31, 2019 • 8:30 AM - 4:30PM

The Mount Sinai Hospital

Goldwurm Auditorium | 1425 Madison Avenue, 1st Floor | New York, NY 10029

Schedule

8:30-9:00

Continental Breakfast and Registration

9:00-9:15

Opening Remarks

Rev. David Fleenor, BCC

Director of Education at the Center for Spirituality and Health

Fran Cartwright, Ph.D.

CNO at Mount Sinai Hospital

9:15-10:15

Keynote: Exploring a Vision of Compassion, Challenges, and Edge States

Roshi Joan Halifax, Ph.D.

Founder, Abbot, and Head Teacher, Upaya Institute and Zen Center, Santa Fe, New Mexico

10:15-10:30 • Break

10:30-12:00

Panel Discussion: How Compassionate Care Improves Patients' Experience

Moderated by Deborah Marin, M.D.

Director, Center for Spirituality and Health, Icahn School of Medicine at Mount Sinai

- Lindsay Condrat, RN, MSN, Associate Director of Nursing, Mount Sinai Hospital
- MaKaya L. Saulsberry, MPH, Director, Patient Experience, Mount Sinai Hospital
- Rocky Walker, M.Div., Chaplain, Mount Sinai Hospital

12:00-1:00 • Box Lunches

1:00-2:00

Keynote: Compassion in Healthcare: What it is, What it isn't and Why it Matters

Dr. Shane Sinclair, Ph.D.

Associate Professor and Director, Compassion Research Lab, Faculty of Nursing, University of Calgary

2:00-2:30 • Break

2:30-4:00

Panel Discussion: Mount Sinai's Initiatives to Improve Well Being for Professional Caregivers

Moderated by Rev. David Fleenor, BCC

Director of Education at the Center for Spirituality and Health

- Fran Cartwright, Ph.D., Chief Nursing Officer, Mount Sinai Hospital
- Dan Hughes, Ph.D., CEAP, Director, Employee Assistance Program, Mount Sinai Health System
- Maggie Keogh, M.Ed., BCC, Chaplain and Director of Chi Time, Mount Sinai Health System
- Rajvee Vora, M.D., Vice Chair of Psychiatry, Mount Sinai Hospital
- Jane Maksoud, MPA, Senior Vice President, Chief Human Resources Officer, Mount Sinai Health System
- Jonathan Ripp, M.D., MPH, Senior Associate Dean for Well-Being and Resilience, Icahn School of Medicine at Mount Sinai; and Chief Wellness Officer, Mount Sinai Health System

REGISTER NOW!

Mount Sinai Health System Employees register free at peak.mountsinai.org

Others register at <http://bit.do/spiritualhealth2019>

REGISTRATION FEES:

Mount Sinai Health System Faculty, Staff, Employees and Volunteers \$0 (free)

Non-Mount Sinai Professionals \$50 Non-Mount Sinai Students and Volunteers \$15

5.5 contact hours will be awarded upon attendance at the entire activity, all with the submission of completed evaluations. The Mount Sinai Hospital is an approved provider of continuing nursing education by The Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Centers Commission on Accreditation.

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.