



Dr. Sonya Knight is a private practice physician who owns a practice in Blue Bell, Pennsylvania called Neurology, Psychiatry, and Balance Therapy Center which she opened June 12, 2012. She is triple board-certified in Psychiatry, Neurology and Epilepsy. She brings over a decade of experience treating both neurological and psychiatric conditions, with a passion for integrated, whole-person care. She believes in building long-term patient relationships rooted in trust, compassion, and collaboration.