



Dr. Sandra Gascon-Garcia is a board-certified adult and child and adolescent psychiatrist with over 13 years of clinical experience. She currently practices at Penn State Health Medical Group in Mechanicsburg, Pennsylvania, where she provides comprehensive, patient-centered psychiatric care to children, adolescents, and adults. Dr. Gascon-Garcia completed her general psychiatry residency at Texas Tech University Health Sciences Center and her fellowship in child and adolescent psychiatry at Drexel University College of Medicine. She earned her medical degree from the Universidad Autónoma de Barcelona in Spain. Her clinical interests include neurodevelopmental and learning disorders—particularly ADHD, autism spectrum disorder, dyslexia, dyscalculia, and dysgraphia—as well as anxiety, mood disorders, and family-centered care.