



**Donate Now**



**67 Families - 242 People Served - 11 Homeless Bags**

## **Pantry, Office, & Garden News**

Thank you to St. Ludmila, St. Pius X, St. John XXIII, St. Jude, Immaculate Conception, St. Matthew, and St. Elizabeth Ann Seton for your parish donations this week! Thanks also to our individual donors of food/produce & personal care items! And we are still really appreciating produce donations from our partner gardens at NewBo (Linn County Master Gardeners) and St. John XXIII, which add to the total amount of produce from our Prairiewoods garden and individual gardeners.

We are getting inquiries from schools & student groups about service & food/supply drives. We are happy to work with any groups-garden service is most needed currently. Although our capacity for service at the pantry is more limited than in "normal" times, we will try to squeeze in new helpers when we can.

We have been blessed to be able to spend a bit more time with clients who come to pick up food or come into our office for help. Our demand remains lower than in "normal" times, but we are serving those to request help with more food (produce!) and are more able to allow them to choose which veggies they'd like. Our steadfast volunteers continue to come in & support our work and each other. We truly appreciate their efforts, which keep us prepared for regular usage, unplanned surges in demand, or large donations of food.

## WE NEED BAGS!

Amazingly, we have used all of our (regular sized) **brown paper grocery sacks**. They come in handy to give out cold items and bread/produce with our bagged nonperishables. We also need more **reusable bags** of any size, but we use the standard grocery size the most. You can get new ones at the Marion Hy-Vee through the end of this month & MCO gets a \$1 donation. We also appreciate donated **plastic baggies of quart, sandwich & snack sizes**. They come in handy to bag up garden produce & smaller personal care supplies. Send some bags to us if you can!

## SUMMER CONSTRUCTION Continues-

Sixth St. SE from 4th Ave to 6th Ave is being reconstructed through November. We have access to our parking lot off 7th St. SE through the alley from the east. After driving past our building, enter our 6th St. side parking lot through the two orange barrels.

\*CALL our office if you have questions about how to access our office or loading dock. **319-739-5490**

## Green Prairie Garden-

Our new shed is almost all done! Thanks so much to Jay, Tom, & August for working on it steadily this summer. Now we'll be able to store our supplies in a more organized way by winter. Prairiewoods helped us get additional sign sharing the purpose of our garden (see photo above). It is now installed outside the gate next to our sponsor sign. As far as crops, we have started digging sweet potatoes, which is a fun & welcome break from harvesting tomatoes (but we're still doing that too). We will cure them for a few weeks then bring them to the pantry when they'll taste a bit sweeter.

## Thank You For Your Prayers & Support!



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## Hy-Vee Reusable Bag Program recipient this month!

We have been selected for the HyVee Reusable Bag Program that supports local non-profits! Each time a \$2.50 red "My Heart" Reusable Bag is purchased at the **Hy-Vee at 3600 Business Highway 151 in Marion** during the month of **SEPTEMBER** we will receive a \$1 donation. Tell your friends! Send us your slightly worn reusable bags for our pantry & get yourself a brand new red one! We appreciate Hy-Vee for this opportunity.

**All donations are appreciated-**

**DONATE from your car-**

Call our office when you arrive & we'll come out to receive your donation.  
**739-5490**



### Current Pantry Needs

**Peanut Butter**

**Jelly**

TUNA/Canned Meat

SOUP, Stew, Chili

**Pasta Sauce**

Canned Pasta (Raviolios, etc.)

Mac & Cheese

**Potatoes** (flakes or fresh)

**Pancake Mix**

**Syrup**

Cooking Basics-Oil, Flour,

Sugar, Salt, etc.

**Homeless Bag Items:**

(easy open single-serve items)-

**Protein/meals**

Snacks

### Other Needs

**Soap**

**Shampoo**

**Conditioner**

**Body wash**

**Lotion**

Wipes

**Toothpaste, Toothbrushes**

Household Paper Products

Laundry detergent PODS

Household cleaning supplies

**Gallon sized plastic bags**

**SNACK sized baggies**

**BOLD = Item in Lower Supply**

## **Metro Catholic Outreach**

420 6th St. SE, Suite 120

Cedar Rapids, IA 52401

**319-739-5490**

**info@metrocatholicoutreach.org**

Hours: 9 am-3 pm Monday-Thursday

## **Contact Us**



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