

## LAP SWIMMING

Lap Swimming provides muscle tone, increases endurance and improves cardio vascular health.

Available to persons age 14+

**Cost:** \$2.50/session or \$30.00/month (unlimited)  
**Times:** Times vary please pick up a schedule or visit  
[www.cityofkingsburg-ca.gov](http://www.cityofkingsburg-ca.gov)

## AQUA AEROBICS/AQUA THERAPY

Aqua Aerobics is an excellent exercise which combines the use of resistance and buoyancy, providing the benefits of strength training, cardio endurance and coordination.

Aqua Therapy is recommended for those who are recovering from an injury or have a medical condition.

Available to persons age 14+

**Cost:** \$4.00/class \$45.00/month

**Times:** Times vary please pick up a schedule or visit  
[www.cityofkingsburg-ca.gov](http://www.cityofkingsburg-ca.gov)

**\*Participants are encouraged to check with your physician prior to starting Aqua Aerobics and Aqua Therapy**

## **Now Offering:**



Times vary please pick up a schedule or visit  
[www.cityofkingsburg-ca.gov](http://www.cityofkingsburg-ca.gov)

## PUBLIC SWIM

Public Swim is a great way to spend the day. The Crandell Swim Complex offers diving boards, lots of open swim areas, restroom facilities and a snack bar. Our pool is a great place for all ages to come and relax.

Available to persons of all ages, under 12 with adult supervision

**Cost:** \$2.50/child (under 12) and \$3.00/adult  
\$2.00/non-swimmer

Monthly passes are available \$45.00/person

**Times:** 12:00pm to 4:00pm Monday through Friday

## NIGHT SWIM & DIVE IN MOVIE

Family fun on those hot Friday nights, the Crandell Swim Complex offers a retreat from the heat with a full service snack bar, night swim and movie.

Available to persons of all ages, under 12 with adult supervision

**Cost:** \$3.00 and \$2.00/non-swimmer

**Times:** Friday 7:00pm to 10:00pm

--Friday Night Special--

\$25.00 - Family Fun Pack

(4 Swim Passes, 4 hotdogs or pizza slices, 4 chips or candy and 4 medium drinks)

## JUNIOR LIFEGUARD PROGRAM

This 4 week educational training program offers children the chance to learn what it takes to be a lifeguard.

This program is available for kids ages 10 – 15

**Cost:** \$50.00/participant

**Times:** Classes start June 13<sup>th</sup> @ 9am

## PUBLIC SWIM RENTAL

Public Swim Rental allows for your party to use the picnic area and the pool. Public Swim Parties can accommodate up to 40 people.

**Cost:** \$25.00, plus entrance costs

Availability is subject to first come first serve

Rental Times: 12:00 – 4:00PM

Monday thru Friday

*Any renter not complying with their agreements void their right to any future use of this facility.*

## PRIVATE POOL RENTALS

Private Pool Parties provide exclusive use of the facility. (2 hour minimum)

### **Cost:**

1 – 50 people	\$80.00/hour
51 – 75 people	\$90.00/hour
76 – 100 people	\$100.00/hour
<b>*101 – 150 people</b>	<b>\$150.00/hour</b>
<b>*151 – 250 people</b>	<b>\$175.00/hour</b>
<b>*PLUS 11.00/hour for additional staff</b>	
\$20.00 Non – Resident fee applies	

Availability is based on a first come first serve basis.

### **\*Requirements for Rental:**

Fill out an application and pay the fee, plus provide General Liability Insurance listing the City of Kingsburg as additionally insured.

**(2,000,000 policy required)**

Rental times:

Saturdays from 5:00PM to 10:00PM

Sundays from 10:00AM to 10:00PM

## SWIM LESSONS

The Crandell Swim Complex offers a variety of swim classes to help every level of swimmer. Lessons are 30 minutes long and run Monday through Thursday for 2 weeks.

**Cost** is \$50.00 per two week session.

Session Dates:

6/6 – 6/16

6/20 – 6/30

7/4 – 7/14

7/18 – 7/28

Classes:

**Parent and Tot** – Great for parents with children under the age of 4 who want their children to be comfortable in the water, minimal instruction

**Times:** Every half hour from 9:00 – 11:30AM

**Tot** – Great for kids ages 3 – 5 who need to learn basic water skills. This class is great for kids who are still getting used to the water, but not ready for swim lessons.

**Times:** 9:30, 10:30 and 11:30AM

**Level 1** – Get kids ready to learn to swim by learning to use arms and legs together and breathing while in the water.

**Times:** 9:00, 10:00, 11:00AM

**Level 2** – Helps children further develop their skills in the water by teaching them entry skills, submerging and breath holding skills.

**Times:** Every half hour from 9:00 – 11:30AM

**Level 3** – Provides children with proper diving and floating techniques and introduces swim stroke techniques.

**Times:** Every half hour from 9:00 – 11:30AM

**Swimmers** – Helps children develop their stroke and treading techniques.

**Times:** Every half hour from 9:00 – 11:30AM

## City of Kingsburg Crandell Swim Complex

Lap Swimming begins:

Monday, April 4<sup>th</sup>

Aqua Aerobics begins:

Monday, May 2<sup>nd</sup>

Public Swim begins:

Monday, June 6<sup>th</sup>

For more information check out  
the city website!

[www.cityofkingsburg-ca.gov](http://www.cityofkingsburg-ca.gov)

[\\*Contingent on Department of Public Health Regulations](#)

*The City of Kingsburg will follow the most recent Department of Public Health guidelines which could impact programming availability. In the event of a cancellation by the City of Kingsburg, a refund will be offered.*

# City of Kingsburg 2022 Summer Program Guide

## Crandell Swim Complex

