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Figure 1 Leadercast 2018 participants from a broad cross section of the community.

**VICTORIOUS  
LIVING**

## **VLF LEADERSHIP SUMMIT 2019**

Enlightening, Transforming & Creating Leaders Worth Following |  
Dr. Nicole Erna Mae Francis-Cotton

# LEADING HEALTHY *Teams*

Leadercast 

May 10-11, 2019, Belair Community Center  
St. Maarten; Hosted by Victorious Living

This is VLF's seventh year hosting Leadercast and the second year incorporating Leadercast in VLF's Leadership Summit.

Not only will you be enlightened and inspired by our international speakers, you'll learn to lead healthy teams from our local speakers whose names will be released soon.

Now is the time to improve your personal, professional and organizational health. Register for the early bird special which lasts until March 15th.

## FEATURE SPEAKERS:



**GAYLE KING**  
Co-Host, CBS This Morning  
and Editor-at-Large,  
*O, the Oprah Magazine*



**PATRICK LENCIONI**  
Founder,  
The Table Group



**DR. CAROLINE LEAF**  
Communication Pathologist  
and Cognitive Neuroscientist



**MARCUS SAMUELSSON**  
Award-Winning Chef, Restaurateur,  
Author and TV Personality



**JULIET FUNT**  
CEO, WhiteSpace at Work



**ANDY STANLEY**  
Leadership Author  
and Communicator



**GINGER HARDAGE**  
Former Senior Vice President  
of Culture and Communications,  
Southwest Airlines



**CRAIG SPRINGER**  
Executive Director,  
AlphaUSA



**CARLA HARRIS**  
Vice Chairman and Managing  
Director, Morgan Stanley

[www.victoriouslivingfoundation.com](http://www.victoriouslivingfoundation.com)

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# Day 1 of VLF's Leadership Summit Announcing Speakers for Leadercast

May 10th, 2019

***A team that reaches the summit of a mountain is considered a success, but great leaders know the journey doesn't end when you reach the top. Healthy teams don't just reach their pinnacle, they stay there.***

At [Leadercast Live 2019](#), attendees will be energized by a daylong event led by some of the best minds in organizational health. From clinical researchers to major industry leaders, the Leadercast Live stage will be full of wisdom from experts sharing their knowledge of how to maintain a successful, healthy team.

Here's a look at the nine speakers coming to the Leadercast Live 2019 stage:

## **Gayle King**

*"When people don't want the best for you, they are not the best for you."* [TWEET](#)

Gayle is a media titan, carving her way through the cutthroat media industry for more than 40 years. She is co-host of CBS This Morning and editor-at-large of the award-winning O, the Oprah Magazine. Gayle previously hosted The Gayle King Show, a live, weekday television interview program on OWN: The Oprah Winfrey Network. Before moving into print and radio, she worked for almost 25 years as a television news anchor.

Gayle has received three Emmys, was given the American Women in Radio & Television Gracie Award for Outstanding Radio Talk Show in 2008, and, in 2010, was granted both the Individual Achievement Award for Host-Entertainment/Information and the New York Women in Communications' Matrix Award. She currently resides in New York City with her daughter, Kirby, and son, Will.

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## **Patrick Lencioni**

*"If you could get all the people in an organization rowing in the same direction, you could dominate any industry, in any market, against any competition, at any time."* [TWEET](#)

Patrick's company, [The Table Group](#), is dedicated to helping organizations improve teamwork, clarity and employee engagement. He is author of 11 best-selling books with more than 5 million copies sold. His capstone book, [The Advantage](#), is the preeminent source on organizational health. After 16 years in print, [The Five Dysfunctions of a Team](#), remains a weekly fixture on national best-seller lists. Each year, Patrick address thousands of organizations, including a mix of Fortune 500 companies, professional sports organizations, the military, nonprofits, schools and churches.

He was named in Fortune as one of the "Ten New Gurus You Should Know," and has been featured in USA TODAY, Bloomberg Business week and Harvard Business Review. Patrick lives in the San Francisco Bay Area with his wife and four sons.

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### **Dr. Caroline Leaf**

*"How we think not only affects our own spirit, soul, and body but also people around us."* [TWEET](#)

[Caroline](#) holds a master's and a Ph.D. in communication pathology and a bachelor's in logopaedics, specializing in cognitive and metacognitive neuropsychology. Since the early 1980s, Caroline has researched the mind-brain connection, the nature of mental health and the formation of memory.

She currently teaches at academic, medical and neuroscience conferences, churches and to various audiences around the world to explain the power of the mind. Her YouTube videos, podcasts and TV episodes unravel the link between science and spirituality that takes place when one controls thoughts and emotions. Her content also helps people discover how to think and learn while finding their sense of purpose in life.

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### **Marcus Samuelsson**

*"One thing I believe with all my soul: Don't try to guess somebody's ceiling."* [TWEET](#)

[Marcus is the acclaimed chef](#) behind many restaurants worldwide including Red Rooster Harlem, Red Rooster Shoreditch and Marcus B&P. He was the youngest person to ever receive a three-star review from The New York Times, and has won multiple James Beard Foundation Awards including "Best Chef: New York City." Samuelsson was also crowned champion of television shows Top Chef Masters and Chopped All-Stars, and served as a mentor on ABC's The Taste.

He is the author of multiple books, including The New York Times best-selling memoir [Yes, Chef](#), the young adult version—[Make It Messy: My Perfectly Imperfect Life](#)—[Marcus Off Duty: The Recipes](#) cookbook, and his latest, [The Red Rooster Cookbook: The Story of Food and Hustle in Harlem](#). Samuelsson's new TV series titled No Passport Required with VOX/Eater and PBS debuted summer of 2018.

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### **Juliet Funt**

*"Legacy is a story about you that is yet to be written, but for which you hold the pen."* [TWEET](#)

[WhiteSpace atWork](#) is training and consulting firm that helps organizations, their leaders and their employees flip the norms of business in order to reclaim their creativity, productivity and engagement. As CEO, Juliet helps professionals learn the pivotal difference between activity and productivity. She teaches them a streamlined method for personal process improvement—leading to more creativity and engagement—and helps executives, managers and teams answer the critical question, "What thoughts deserve my full attention today?"

Incredibly intuitive, Juliet successfully blends highly customized content with a keen understanding of clients' needs in her programs and consulting work. As a busy corporate speaker and consultant, business owner, wife and mother of three young boys, she practices the WhiteSpace concept she shares with her clients on a daily basis.



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### **Andy Stanley**

*“Leadership is all about taking people on a journey. The challenge is that most of the time, we are asking people to follow us to places we ourselves have never been.”* [TWEET](#)

A captivating speaker and best-selling author, Andy is considered one of the most influential speakers in America. He is the author of 20-plus books, including [Deep & Wide](#), [When Work & Family Collide](#), [Visioneering](#) and [Next Generation Leader](#). Though he is an Atlanta-based pastor of [North Point Ministries](#), nearly 1.8 million of his messages, leadership videos and podcasts are accessed from North Point’s website each month.

Stanley’s personal passion for engaging with live audiences, made up of both church and organizational leaders, impacts nearly 185,000 people on a weekly basis. Andy and his wife, Sandra, have three grown children and live near Atlanta.

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### **Ginger Hardage**

*“If organizations lack clear purpose or they keep changing it, employees will become confused with their own purpose and, in turn, they’ll end up confusing their customers.”* [TWEET](#)

After an illustrious 25 years, Ginger recently retired as Senior Vice President of Culture and Communications at Southwest Airlines. While serving the nation’s largest airline, Ginger’s team constructed and sustained the organization’s legendary culture and communications enterprise. The enduring, world-famous culture landed Southwest on Fortune’s “Top 10 Most Admired Companies in the World” list for 22 consecutive years.

Now, Ginger helps other organizations harness the power of culture and brand identity through her company, [Unstoppable Cultures](#). She resides in the Dallas area and, among other advisory roles, serves as a trustee on the boards of Ronald McDonald House Charities and the Arthur Page Society.

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### **Craig Springer**

*“It doesn’t really matter what our workplace looks like. Respect should be at the core of it.”* [TWEET](#)

[Alpha USA](#) runs on the simple idea of a great meal, a short talk and a meaningful discussion about life and faith over 10 weeks. As executive director, Craig oversees operations in more than 6,000 churches and 450 prisons throughout the country, and helps mobilize more than 50,000 volunteers and 350,000 participants in the U.S., and more than 1.5 million globally. The key to Alpha is listening. It’s a judgment-free space where any point of view is respected, no one gets corrected and people can explore their thoughts together.

Craig has been a leader and pastor in influential churches in Chicago and Denver, one of which was named Outreach Magazine’s “Fastest Growing Church in America” in 2014. He lives in the Denver area and is a passionate hack at every mountain sport you can name. He has been married to his wife, Sarah, for 18 years, and has two children and one very spoiled beagle.

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### **Carla Harris**

*"Remember, being valued and being rewarded are two different things."* [TWEET](#)

As vice chairman, managing director and senior advisor at Morgan Stanley, [Carla](#) is responsible for increasing client connectivity and penetration to enhance revenue generation across the firm. In her 30-year career, Carla has had extensive experiences in the technology, media, retail, telecommunications, transportation, industrial and health care sectors. In August 2013, she was appointed by President Barack Obama to chair the National Women's Business Council. Carla has been named to Fortune's list of "The 50 Most Powerful Black Executives in Corporate America," U.S. Banker's "Top 25 Most Powerful Women in Finance," Black Enterprise's "Top 75 Most Powerful Women in Business," and "Top 75 African Americans on Wall Street," Essence's list of "The 50 Women Who are Shaping the World," Ebony's list of the Power 100 and "15 Corporate Women at the Top," and was named "Woman of the Year 2004" by the Harvard Black Men's Forum and in 2011 by the Yale Black Men's Forum.

In her other life, Carla is a singer, and released her third gospel CD Unceasing Praise in 2011. She has performed five sold-out concerts at Carnegie Hall. Carla is also the author of the books, [Strategize to Win](#) and of [Expect to Win](#).

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### **HOST: [Tripp Crosby](#)**

We're thrilled and honoured to welcome Tripp back as host of Leadercast Live 2019, bringing laughter and energy to the stage. Best known as the taller half of [Tripp and Tyler](#), a world-famous YouTube sketch comedy duo, Tripp began his career behind the camera. He owns [Green Tricycle Studios](#), the branded arm of Thruline Entertainment, which produces content for major brands such as Coke, Verizon and Cannon.

In 2014, Saatchi & Saatchi selected Tripp as a member of the Cannes International Film Festival New Director Showcase for his work on [A Conference Call in Real Life](#). Tripp is currently developing his first feature film and works closely with the city of Atlanta to help foster the rapid growth of the content-creation business.

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*Don't miss this immersive leadership development event! Join [Leadercast Live](#) and be a part of the world's largest one-day leadership event and take home impactful lessons on building successful organizations.*

# Why Attend?

**Be empowered in your leadership.** Our mission is to fill the world with leaders worth following. We're confident the lessons you'll learn at Leadercast Live will make you a better leader.

**Learn what it means to lead a healthy team.** Leadercast Live 2019 will provide you with the tools and resources you need to lead your team effectively so you can work together to bring success to your organization.

**Add to your leadership toolbox.** You'll hear a lot of wisdom from the leaders who take our stage. Each of them will share actionable tools and insights you can take with you back to your workplace.

**Hear from world-renowned experts.** Our line-up of speakers will give you practical guidance on how to enhance your leadership, both for yourself and your team.

**Network with leaders just like you.** You will be surrounded by leaders from all industries and backgrounds who are there for the same reason you are: to further themselves on their leadership journey.

**Earn CEU credits.** Attend Leadercast Live 2019 and you can receive continuing education credits in human resources (HRCI and SHRM), nursing (Alabama State Nurses Association) and general fields.

# Day 2 of VLF's Leadership Summit

## May 11th, 2019

### Local and Regional Experts Such as:



**#1 Bestselling author and visionary of Victorious Living Foundation Dr. Nicole Erna Mae Francis Cotton,** continues to transform the lives of persons of all ages, races and cultures; couples, families, and organizations through her authentic and passionate love for life and people. She is a certified success coach and trainer; holds a BA in Psychology from the University of Tampa; Master's in Marriage and Family Therapy from The Oral Roberts University; and an honorary Doctorate of Divinity from

Grace Hill Bible University. She is certified through Commonwealth Educational Seminars (CES) to work with persons who have experienced trauma of varying types. As an Emotional Freedom Techniques (EFT) practitioner, she gets tangible and amazing results in helping clients to alleviate emotional and physical pain as well as overcome traumas, phobias and other challenging dilemmas. **At VLF's Leadership Summit 2019, she along with her husband Roy Cotton, Jr. will help you to handle the stressors of life, and get to the root cause of your symptoms or dis-ease.**



**Roy Cotton Jr.** born on the beautiful island of Sint Maarten in the Caribbean is an empathic, and resilient visionary, interpersonal and professional development coach, youth specialist, motivational speaker, radio show host and transformation specialist who empowers others. He is a great communicator who is fully dedicated to accomplishing his life's purpose to transform the lives of millions of people. He is a Global Difference Maker, an entrepreneur and columnist of *Student Vibes, Love & Inspiration* and *Keeping Safe with Roy* in

*The Weekender* of The Daily Herald Newspaper on Sint Maarten.

Roy Cotton Jr., a.k.a. DJRC, is the host of the successful 12 year old radio show, *Love & Inspiration* which focuses on building stronger relationships and inspiring lives through various inspirational interviews on topics which enable the listeners to experience more meaningful relationships in their lives; friendships, family, love and work relationships and live more purposeful lives.

*Love and Inspiration* is aired on Sunday afternoons LIVE on 102.7FM or online at [pjd2radio.com](http://pjd2radio.com) on Sint Maarten, during prime time from 3:00pm-5:00pm AST. The rebroadcast of the show may be heard on [www.voiceofthecaribbean.net](http://www.voiceofthecaribbean.net) on Sundays at 8:00pm AST and on Mondays at 10:00am AST and on Bshani Radio, Headquartered in New York City and heard by over 500,000 listeners in and around New York on Bshani Radio's website, on I-tunes, Spotify, Tunein, Google Play, and Amazon Echo; all mobile devices. **Roy Cotton, Jr. along with his wife, Dr. Francis Cotton will help you to explore the root cause of your symptoms or dis-ease at VLF's Leadership Summit 2019.**



**Dr. Tasheena Maccow, the owner and visionary of Teezan Health and Wellness Center** utilizes all natural locally grown herbs in an exotic blend of teas to infuse you with vitality and well being. She helps you to detoxify both physically and emotionally through her proprietary teas and her psychological processes.

**Learn about local herbs that are beneficial to your health.**



Dr. Tasheena Maccow Thomas was born on Saint Martin and raised in Colombier, a pristine little village known for its natural beauty and rich culture. She earned her Master's in Social Work and Psychology and a PHD in Sociology with a major in Heavy Drug Addiction from the

American Intercontinental University and received her certification in understanding plants, the fundamental biology of plants and their medicinal uses. She is also the social worker of the PEP organization Patrol to Eradicate Pedophilia and a member of the Women of Destiny Foundation.

After working for several years as a social worker/psychologist with the government of Sint -Maarten, she decided to open her own business, "The Teezan Health and Wellness Center." TEE-ZAN is a unique Health and Wellness Center that specializes in the use of nationally grown herbs and spices aimed at creating a better living and a healthier lifestyle for our clients. Tee-ZAN does not promote traditional medicine but simply provides our clients and customers the opportunity to correct wrong habits and explore the herbalistic **culture through a series of Tee-Zan drinks that are very health oriented and all locally grown.**

- ✓ **Our vision is to educate clients on the benefits herbs can have on their lives.**
- ✓ **Engage in community outreach to educate the community on the importance of the use of herbs to maintain their health.**
- ✓ **Bring awareness about various plants and herbs that are grown in our back yards and the role they can play in their health once utilized efficiently.**
- ✓ **Teezan Health and Wellness Center use 99% of our very own plants and herbs grown right here on the island of Saint-Martin/Sint-Maarten to make their products; no use of preservatives, no pills, all-natural drinks.**

**Dr. Tasheena's passion as a loving wife and mother of 3 is to see the people of Saint Martin/Sint-Maarten live a healthy lifestyle by using the herbs that grow around them .**

**She believes that the elders of this land live a healthy lifestyle by using their natural herbs and eating healthy. So we can TOO !!!!**





"...the extra ordinariness of a man's life does not make him extraordinary, but contrariwise if a man is extraordinary he will make extraordinariness out of a life." This is the ideal description of the works and accomplishment of Honourable Priest Kailash.

From 2005 to present Hon Priest Kailash's works have taken him throughout the Caribbean region where he has provided healthcare to all members of society including attending to a former Prime Minister. He has also done many projects with numerous education and health institutions in the United Kingdom especially Hackney Community College for three (3) consecutive years which led to a presidential invite to Sierra Leone requesting for his work there. The Great Physician International has also taken root in Ghana which is the first African country with an officially registered branch.

His life path from a young child to a grown man has ensured his steady gaining of knowledge in all realms to teach mankind how to holistically heal himself through his thoughts, actions and foods. When it comes to revolutionising the healthcare system, he is fully loaded with all necessary ammunition.

He has written three health books, manufactures an ever growing line of products and provides what can be described as a gateway health haven while travelling the world lecturing to all different groups of people imparting his healing remedies. **Allow the Honourable Priest Kailash to enlighten you on the importance of having a holistic lifestyle to ensure your longevity and your quality of life. Learn the various foods that can literally transform your disease to total wellness.**



Figure 2 Cross section of Leadercast 2017 audience listen as past then 19 year old attendee Dwain shares how Leadercast impacted his life to catapult him into leadership in Boulder Colorado



Figure 3 Cross section of participants at VLF Leadership Summit 2018



Figure 4 Leadercast 2016 participants