



MAS
Social
Services
Foundation

The Shifa for Youth Program Presents a SMART Goals Workshop

Achieve Success Using SMART Goals

Join us to learn how to set goals that are:

Specific. **M**easurable. **A**chievable. **R**elevant. **T**ime-Bound.

- The Importance of Setting Goals
- How to Become Successful
- Turn Difficulty into Opportunity

- ✓ Bring Your I-94 or Passport
- ✓ Education for Parents and Fun Activities for Middle and High Schoolers
- ✓ Gift Cards and Snacks Offered

**For more information, call Hamed
Bahrami at 916-249-8818**

LOCATION:

MAS-SSF Office
3820 Auburn Blvd. #83
Sacramento 95821

DAY & TIME:

Wednesday
July 30, 2025
2:00 – 3:30 PM

**Presented in Dari and Pashto
See Translations on Following Pages**

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