Junior High Process Group

Tuesdays 5:30-7PM

Youth Services of Glenview/Northbrook offers a group for 6th-8th grade girls who may benefit from a space to discuss every day challenges and connect with peers in order to build a sense of belonging and support. The licensed therapist will engage members in activities designed to facilitate connection, as well as provide members with coping tools and self-care strategies to navigate their internal and external stressors in healthy ways.

For more Information:

intake@ysgn.org

847-724-2620

BRINGING Youth Services KIDS HOPE™

