

CDPH issued a [travel advisory on April 2, 2021](#), that supersedes the CDPH travel advisory issued on January 6, 2021 and April 1, 2021. Contra Costa County is following CDPH guidance and has not issued more restrictive travel guidance.

CDPH, CDC, and CCHS recommend postponing travel until fully-vaccinated* because travel can increase a person's chance of getting infected and spreading COVID-19. Travel may also introduce variants into our community. Below is a summary of CDC and CDPH domestic and international travel recommendations for Contra Costa County residents:

Action	Unvaccinated or Not Fully-Vaccinated* Before Travel Begins	Fully-Vaccinated*
Avoid or postpone non-essential travel	Yes	Optional
Delay domestic and international travel until fully-vaccinated	Yes	N/A
Wear a mask, stay 6 feet away from others, avoid crowds, and clean hands often	Yes	Yes
Get tested 1-3 days before domestic or international travel.	Yes	Optional (unless destination requires it)
After returning home from <u>domestic</u> travel, quarantine at home for 7 days and get tested on Day 3, 4, or 5 OR quarantine at home for 10 days without testing	Yes	Optional
After returning home from <u>international</u> travel, quarantine at home for 7 days with testing OR quarantine at home for 10 days without testing	Yes	Optional
After returning home from <u>international</u> travel, get tested on Day 3, 4, or 5	Yes	Yes
Self-monitor for symptoms	Yes	Yes
Quarantine if symptoms develop	Yes	Yes
Isolate if positive test result	Yes	Yes

**Fully-vaccinated: At least 2 weeks have passed since completing an FDA-authorized COVID vaccine series*

CDC Domestic Travel Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html#if-you-travel>

CDC International Travel Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel-during-covid19.html>