**Consider adding in some more fruitful uses of technology during Lent, such as…**

“Alexa… pray the The Lord’s Prayer” 😉

* Add in a prayer or inspirational app that you use daily, such as [Second Breath](https://play.google.com/store/apps/details?id=com.secondbreathcenter.android&hl=en_US) Daily Meditation
* Add in a daily educational app, such as [Duo Lingo](https://www.duolingo.com/) if you’ve been wanting to learn a second language.
* Add in an app that tracks daily steps, sleeping patterns, eating habits, etc to encourage yourself towards good physical health
* Add a parental control app to your own phone to limit and/or track the time you spend on social media apps, etc.
* Add an app that tracks spending to limit yourself and save money during Lent that you can donate to those in need.
* Change your ringtone to a Christian song for Lent
* Switch your wallpaper to a religious image for Lent
* Use your calendar notifications to remind you to add a daily prayer into your life during Lent
* Choose a person to pray for each day of Lent and set a reminder on your phone to make it happen
* Make a Lenten accountability group with some of your friends to hold yourselves accountable for your Lenten resolutions.