



2019 SCHEDULE

- EAST CONFERENCE -

| AWAY | HOME | DATE | TIME | FIELD VENUE | ADDRESS |
|-------------------|-------------------|--------------------------|---------|---------------------------------------|--|
| CT Fusion | LI Rough Riders | Saturday, May 11, 2019 | 5:30 PM | Hofstra University | 245 Hofstra Northern Blvd, Hempstead, NY 11549 |
| NE Mutiny | Worcester Smiles | Saturday, May 11, 2019 | 7:00 PM | Foley Stadium | 305 Chandler St, Worcester, MA 01602 |
| NJ Copa FC | LI Rough Riders | Wednesday, May 15, 2019 | 5:30 PM | Hofstra University | 245 Hofstra Northern Blvd, Hempstead, NY 11549 |
| Lancaster Inferno | CT Fusion | Saturday, May 18, 2019 | 7:00 PM | Farmington Sports Arena | 11 Executive Dr, Farmington, CT 06032 |
| LI Rough Riders | NE Mutiny | Saturday, May 18, 2019 | 7:00 PM | Lusitano Stadium | 400 Winsor St, Ludlow, MA 01056 |
| NJ Copa FC | Worcester Smiles | Saturday, May 18, 2019 | 7:00 PM | Foley Stadium | 305 Chandler St, Worcester, MA 01602 |
| Syracuse DA | Rochester Lancers | Sunday, May 19, 2019 | 2:00 PM | Aquinas Institute of Rochester | 1127 Dewey Ave, Rochester, NY 14613 |
| LI Rough Riders | NJ Copa FC | Wednesday, May 22, 2019 | 7:30 PM | St. John Vianney HS | 540-A Line Road, Holmdel, NJ 07733 |
| Rochester Lancers | CT Fusion | Friday, May 24, 2019 | 7:00 PM | Farmington Sports Arena | 11 Executive Dr, Farmington, CT 06032 |
| Rochester Lancers | Worcester Smiles | Saturday, May 25, 2019 | TBD | TBD | |
| Syracuse DA | Lancaster Inferno | Saturday, May 25, 2019 | 5:00 PM | Millersville University Pucillo Field | Athletic Drive, Millersville, PA 17551 |
| NJ Copa FC | Lancaster Inferno | Saturday, June 1, 2019 | 4:30 PM | St. John Vianney HS | 540-A Line Road, Holmdel, NJ 07733 |
| Worcester Smiles | Syracuse DA | Saturday, June 1, 2019 | 6:30 PM | Solvay High School Stadium | 600 Gertrude Ave, Solvay, NY 13209 |
| CT Fusion | NE Mutiny | Saturday, June 1, 2019 | 7:00 PM | Lusitano Stadium | 400 Winsor St, Ludlow, MA 01056 |
| LI Rough Riders | Rochester Lancers | Sunday, June 2, 2019 | 2:00 PM | Aquinas Institute of Rochester | 1127 Dewey Ave, Rochester, NY 14613 |
| Worcester Smiles | LI Rough Riders | Wednesday, June 5, 2019 | 5:30 PM | Hofstra University | 245 Hofstra Northern Blvd, Hempstead, NY 11549 |
| NJ Copa FC | Syracuse DA | Saturday, June 8, 2019 | 6:30 PM | Solvay High School Stadium | 600 Gertrude Ave, Solvay, NY 13209 |
| Worcester Smiles | NE Mutiny | Saturday, June 8, 2019 | 7:00 PM | Lusitano Stadium | 400 Winsor St, Ludlow, MA 01056 |
| CT Fusion | Rochester Lancers | Sunday, June 9, 2019 | 2:00 PM | Aquinas Institute of Rochester | 1127 Dewey Ave, Rochester, NY 14613 |
| NE Mutiny | NJ Copa FC | Wednesday, June 12, 2019 | 6:00 PM | St. John Vianney HS | 540-A Line Road, Holmdel, NJ 07733 |
| Syracuse DA | CT Fusion | Friday, June 14, 2019 | 7:00 PM | Farmington Sports Arena | 11 Executive Dr, Farmington, CT 06032 |
| LI Rough Riders | Lancaster Inferno | Saturday, June 15, 2019 | 5:00 PM | Millersville University Pucillo Field | Athletic Drive, Millersville, PA 17551 |
| Syracuse DA | NE Mutiny | Saturday, June 15, 2019 | 7:00 PM | Lusitano Stadium | 400 Winsor St, Ludlow, MA 01056 |
| Lancaster Inferno | LI Rough Riders | Wednesday, June 19, 2019 | 5:30 PM | Hofstra University | 245 Hofstra Northern Blvd, Hempstead, NY 11549 |
| Rochester | Syracuse DA | Friday, June 21, 2019 | 6:30 PM | Solvay High School Stadium | 600 Gertrude Ave, Solvay, NY 13209 |
| Worcester Smiles | CT Fusion | Friday, June 21, 2019 | 7:00 PM | Farmington Sports Arena | 11 Executive Dr, Farmington, CT 06032 |
| NJ Copa FC | Lancaster Inferno | Saturday, June 22, 2019 | 5:00 PM | Millersville University Pucillo Field | Athletic Drive, Millersville, PA 17551 |
| NE Mutiny | Syracuse DA | Saturday, June 22, 2019 | 6:30 PM | Solvay High School Stadium | 600 Gertrude Ave, Solvay, NY 13209 |
| Worcester Smiles | Rochester | Sunday, June 23, 2019 | 2:00 PM | Aquinas Institute of Rochester | 1127 Dewey Ave, Rochester, NY 14613 |



2019 SCHEDULE

- EAST CONFERENCE -

| AWAY | HOME | DATE | TIME | FIELD VENUE | ADDRESS |
|-------------------|-------------------|-------------------------|---------|---------------------------------------|--|
| Lancaster Inferno | NE Mutiny | Friday, June 28, 2019 | 7:00 PM | Lusitano Stadium | 400 Winsor St, Ludlow, MA 01056 |
| LI Rough Riders | Syracuse DA | Saturday, June 29, 2019 | 6:30 PM | Solvay High School Stadium | 600 Gertrude Ave, Solvay, NY 13209 |
| Lancaster Inferno | Worcester Smiles | Saturday, June 29, 2019 | 7:00 PM | Foley Stadium | 305 Chandler St, Worcester, MA 01602 |
| CT Fusion | NJ Copa FC | Saturday, June 29, 2019 | 7:00 PM | St. John Vianney HS | 540-A Line Road, Holmdel, NJ 07733 |
| NE Mutiny | Rochester Lancers | Sunday, June 30, 2019 | 2:00 PM | Aquinas Institute of Rochester | 1127 Dewey Ave, Rochester, NY 14613 |
| NJ Copa FC | CT Fusion | Friday, July 5, 2019 | 7:00 PM | Farmington Sports Arena | 11 Executive Dr, Farmington, CT 06032 |
| Syracuse DA | LI Rough Riders | Saturday, July 6, 2019 | 4:30 PM | Hofstra University | 245 Hofstra Northern Blvd, Hempstead, NY 11549 |
| NE Mutiny | Lancaster Inferno | Saturday, July 6, 2019 | 5:00 PM | Millersville University Pucillo Field | Athletic Drive, Millersville, PA 17551 |
| Rochester Lancers | NJ Copa FC | Saturday, July 6, 2019 | 6:00 PM | St. John Vianney HS | 540-A Line Road, Holmdel, NJ 07733 |
| Rochester Lancers | Lancaster Inferno | Sunday, July 7, 2019 | 5:00 PM | Millersville University Pucillo Field | Athletic Drive, Millersville, PA 17551 |
| CT Fusion | Worcester Smiles | Monday, July 8, 2019 | 7:00 PM | Foley Stadium | 305 Chandler St, Worcester, MA 01602 |
| TBD | TBD | July 12-14, 2019 | TBD | EAST PLAYOFFS | TBD |
| TBD | TBD | July 19-21, 2019 | TBD | NATIONAL CHAMPIONSHIP | TBD |