



# Lions Pride

May 2025

Volume 63

May 2025



## “VOLUNTEERING LOCALLY, EFFECTING CHANGE GLOBALLY”

The 8th Annual Robert G. Smith Walk to Cancel Out Parkinson’s (COP) Walk on April 5, 2025 attracted supporters from near and far. District 4-C5 Lions, MD-4 Lions, supporters of Parkinson’s Association of Northern California (PANC) and members of the community had the opportunity to walk a short ADA-friendly course or a longer course, obtain information from the resource fair and enjoy a delicious lunch. All proceeds benefitted PANC, a 501(c)(3) nonprofit organization providing local services and support for people with Parkinson’s disease and their care partners.



8TH ANNUAL ROBERT G. SMITH  
WALK TO  
CANCEL OUT PARKINSON'S  
SATURDAY, APRIL 5  
MAIDU REGIONAL PARK, ROSEVILLE

Registration from \$40 - \$45

Registration/Resource Fair @ 9:00 am \* Walk @10:00 am \* Lunch/Awards @11:00 am  
Can't attend in person? Support by registering as a virtual walker or make a donation



Join for a special day of celebration, determination, and friendship! All funds raised support local services for people with Parkinson’s disease and their care partners.

### Celebrate the heroes amongst us!

- Short and ADA friendly course
- New! Participate as virtual walker!
- Lunch and resource fair
- Register as a team or individually
- Can't participate? Donate to PANC, a team, or individual
- Fundraising prizes
- Early registration includes official COP walk t-shirt

Sponsored by Lions District 4-C5 & an endorsed project of CA Lions MD4  
Proceeds benefit the services of the Parkinson Association of Northern California, a 501(c)(3) nonprofit



Embarcadero Lion Vickie Smith



Doves were released in memory of Lion Dana Johnson, a long-time committee member and supporter of the COP Walk.

Photo credits: Lion Cathy Messier



Photo credits: Lion Helene Smith



Photo credit: PDG James Fong



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# DG VICTORIA BRADY

“VOLUNTEERING LOCALLY, EFFECTING CHANGE GLOBALLY”

Happy Spring, C5 Lions and Leos!

It has been a whirlwind of activities for me since I began serving as your District Governor in July. And I am loving every minute!

In each issue of the Pride, I have had a “Hidden Vickys” contest with the help of Pride editor Gayle Kono. I have been so busy that I did not have time to acknowledge the last issue’s winners. I will notify them and send their prizes out with the winners for this issue!

This issue also has “Hidden Vickys.” These are pictures of me hidden in this issue. Find them and email me at [Lionvictoriabrady@gmail.com](mailto:Lionvictoriabrady@gmail.com) -the first 5 correct entries will get a surprise! Please use “Hidden Vickys” in the header of the email.

Our District Convention was held on April 25-27 at the Sacramento Arden Hilton. It was a fun celebration of the work we have done throughout the year. Although all your clubs deserved awards, only a few submitted nominations for them. Please remember to submit next year! The awards committee cannot consider a project that is not recommended to them.

The winners of the events were:

**Small Club Project of the Year: Delta Lions, Courtland Pear Fair**

**Medium Club Project of the Year: Rio Linda Lions, Ruby’s Baskets**

**Large Club Project of the Year: Elk Grove Lions, Bradshaw Christian FFA Harvest Festival**

**International Service Project of the Year: Maharlika Lions, Medical, Dental and Vision Services in the Philippines**

**Small Top Club of the Year: No submission**

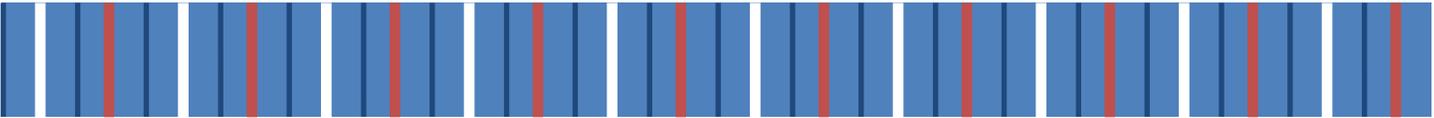
**Medium Top Club of the Year: Antelope**

**Large Top Club of the Year: Maharlika Lions**

**Leo of the Year: Hannah Smith, Delta High School**

*(pictured at right with District Governor Vicky Brady)*





**Kay and Denise Fukushima Couple of the Year: Dr. Ernie and Jenny Takahashi, Sacramento Senator Lions**

**Tom and Annamae Galligan Couple of the Year: Jason and Raelynn Springer, Elk Grove Lions**

***Region Lions of the Year:***

**Donner Region: Roberta Dunicliff, Foresthill Lions**

**Dos Rios Region: Robert Stoermer, Yolo Sunset Lions**

**Sacramento Region: Robert “Bob” Shipley, Elk Grove Lions**

**Washoe Region: James Sherpa, Mother Lode Lions**

**Lion of the Year: Dr. Lynn Ventura, Maharlika Lions Club *(pictured at right)***



Congratulations to all the winners and to all the nominees! Please remember to submit your club projects next year!

In addition to all the fun festivities, our District Convention service project was making blanket beds for Canine Companion puppies in training. Each puppy receives a blanket bed, which they are trained to recognize as a bed for the command “BED.” It stays with them for all their service lives, and they know that they can relax on it and even nap no matter where they are when their clients give the command “BED.”

Our district made fifty blanket beds at the convention, which supplies enough for our local Canine Companion Gold Rush Area puppies in training for an entire year! Excellent job, Lions, and thank you to Cabinet Secretary Jeri Retzlaff for bringing the supplies, doing the training, and overseeing the work done.

It has been a pleasure to serve as your District Governor this year. Please enjoy the rest of your Spring.

I look forward to seeing you soon!

***Victoria Brady***

District Governor

*Photo credits: Lion Jeri Retzlaff*



# DGE BRENT SHOWALTER

INSIGHTS ALONG THE JOURNEY TO DG



## ARE YOU READY FOR LIONS DISTRICT 4-C5

**“BORN TO BE WILD - TO SERVE TOUR 2025-2026” AND AN EXCITING RIDE?**

*I KNOW I AM BUT LET US DO OUR BEST TO KEEP THE AMBULANCES AND EMERGENCY MEDICAL  
TECHNICIANS OUT OF THE ROAD KR3W!*

AGAIN, THANK YOU DISTRICT GOVERNOR VICKY FOR A GREAT EXPERIENCE AND THE AMAZING GUIDANCE  
YOU HAVE PROVIDED THROUGHOUT THE YEAR!

As usual I will start with a favorite quote and this one is extra special because it comes directly from one of  
our own Past District Governors who happens to be a huge mentor to me and a member of Sacramento  
Embarcadero Lions Club.

*“What doesn’t hurt, doesn’t work!”*

*— Past District Governor Dr. Carl E. Burson Jr.*

And I can promise all of you I know exactly what Dr. Burson was talking about since  
I have been experiencing that same situation going on for the last month.

But guess what? When I needed anything, there was a Lion!

I always say that I like to keep these messages short and the pain medication is wearing off as I am typing  
so that is all I have for you currently.

BRENT SHOWALTER – DISTRICT GOVERNOR ELECT (CALL, TEXT, OR EMAIL ME ANYTIME.)

***THERE IS NO BETTER TIME TO JOIN THE ADVENTURE THAN NOW!***

**JOIN US! DG BRENT & THE UNLEASHED KR3W - “BORN TO BE WILD TO SERVE TOUR -  
2025-2026” M: 916-228-9129 / EMAIL: [BSHOWALRHN@YAHOO.COM](mailto:BSHOWALRHN@YAHOO.COM)**

### ***Brent Showalter***

Brent Showalter  
District Governor Elect



# 1VDGE MARK BAMBA

LEADERSHIP ON THE HORIZON



## Hello Fellow Lions of District 4-C5!

My wife Kendra and I would like to extend our heartfelt thanks and appreciation for the incredible honor of being elected as your 1st Vice District Governor for the 2025–2026 Lion Year.

I am deeply grateful to Governor Victoria Brady for her outstanding leadership this past year and for the opportunities she has provided that have allowed me to grow and serve in my role as 2nd Vice District Governor. Her dedication and vision have truly inspired me.

As we look ahead, I am excited to work closely with Governor-Elect Brent Showalter as we support our district in tackling new challenges and help each club thrive and achieve their goals in the year to come.

Together, let's continue to MAKE OUR MARK and build a stronger, more impactful District 4-C5!

In Lionism,

**Mark Bamba**

Mark Bamba

Vice District Governor-Elect, 2025–2026



*Please submit your articles and  
announcements about club  
service projects, activities and  
fundraisers to the Pride.*

*Deadlines: June 20, August 20, October  
20, December 20, 2025*



# GMT NEWS

STATISTICIAN DAVE PEVNY

Greetings Fellow Lions!

Below is a summary of the District's membership statistics as of the end of the day on February 28, 2025, based upon the membership changes that were submitted to Lions Clubs International ("LCI") by clubs during the month of February.

**Summary:** Our opening membership balance on February 1, 2025, was 1,229. At the end of the month of February our membership total was 1,227, resulting in a net loss of 2 members for the month. This "-2" net change included 3 new members, 0 reinstated members, 2 transfer members, and 7 members dropped. Of the 7 dropped members, 2 were reported as deceased (Ossie Scariot of Mother Lode Lions and John Christiano of Rio Linda Elverta Country Lions).

**By Region for February:**

\*Donner---plus 1, minus 2

\*Dos Rios---plus 1, minus 2

\*Sacramento---plus 0, minus 1

\*Washoe---plus 3, minus 2

**District Total for February:  $1229 + 5 - 7 = 1227$**

**By Region, Cumulative for the Year 2024-2025:** (these numbers will accumulate each month)

***Dave Pevny***

District Statistician



# GST NEWS



Greetings Fellow Lions!

Nearly every club in our district has entered information into the Lions Portal. Kudos to the clubs entering service activities: Auburn 49er, Auburn Host, Colfax, Delta, Elk Grove, Folsom City Host, Folsom Lake, Foresthill, Galt, Grass Valley Host, Higgins Diggins, Lincoln Host, Mother Lode, Nevada City, Penn Valley Hi-Graders, Placerville, Pride of Laguna Creek, Rio Linda, Roseville Host, Antelope, Antelope Friends of Veterans, Camellia, Capitol, Embarcadero, Fort Sutter, Golden State, Mabuhay, Maharlika, Midtown, Senator, Valley Hi, Woodland Host, Woodland Reveille, and Woodland Yolo Sunset. These clubs have collectively hosted 1,671 service activities year-to-date, assisting 367,917 individuals. Projects were listed under environment, hunger, vision, youth, and humanitarian, along with 697 administrative events. To date, 533 humanitarian service activities have assisted 133,971 individuals. Eighty-eight (88) Environment Projects have improved the lives of almost 125,000 people.

Lions Clubs International has added Youth, Humanitarian, and Disaster Relief to the current listing of Global Causes of Vision, Environment, Childhood Cancer, Diabetes and Hunger. MD4's We Care Projects by month are as follows:

July, August, September – Youth, Pediatric Cancer and Vision

October, November, December – Hunger, Diabetes, First Responders

January, February, March – Hunger, Child Cancer, Vision

April, May, June – Environment, Humanitarian Causes, Health Awareness

I am also the District Hunger Chair. Currently 24 of our 47 clubs have collectively completed 148 hunger projects feeding over 63,000 people. That means 50% of our clubs have entered information regarding feeding those in need. I continue to have confidence that we will meet our goal of 75% of our clubs district-wide completing at least one hunger project during DG Vicky's year in office!

Respectfully submitted,

**Jeri A. Wartena**

Lion Jeri A. Wartena

GST Coordinator



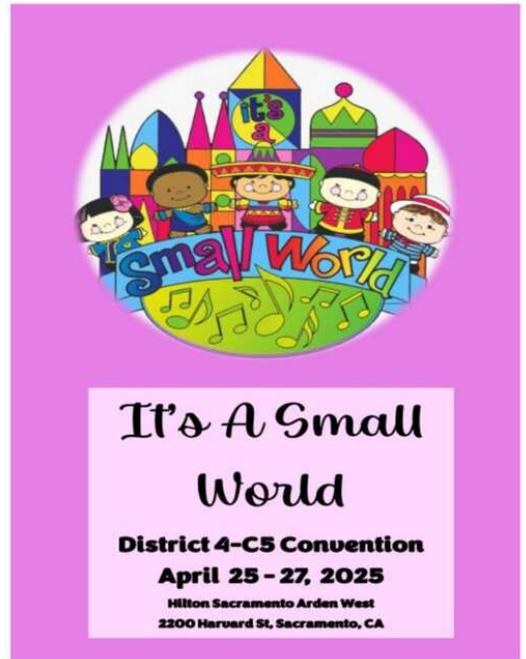
# DISTRICT NEWS

The theme of District 4-C5's Convention this year was "It's a Small World," a reflection of District Governor Vicky Brady's active involvement with youth exchange. We were honored to have as our visiting dignitaries Past International Director Ben Apeland and Partner-in-Service PDG Christine Lank from Montana, DG Cheri Provancha (4-A2) and Partner-in-Service Lion Diana Compo, 1VDG Dan Simpson (4-C2), 2VDG Jimmy Ness (4-C4) and Partner-in-Service Lion Melite Wood, 2VDG Francis Lee (4-L3) and Partner-in-Service Dr. Jun Hee Kim.

The pre-convention festivities began with a bowling tournament on Thursday. On Friday, Lions and friends enjoyed food from around the world at the District's famous Food Fair, organized by IPDG Zenny Yagen. On Friday night, we heard nominations and seconding speeches for candidates for District Governor, First Vice District Governor and Second Vice District Governor. Lions provided the entertainment and good cheer by competing in the costume and skit contest.

The Past District Governors hosted tables at the Saturday breakfast. A moving Celebration of Life, organized by District Chaplain PDG Mike Retzlaff, honored Lions who have passed away since the last convention. Before lunch on Saturday, Lions who served as President during the 2024-2025 Lions Year, were recognized for their service in the Presidents March. The fourth and final District Cabinet meeting was hosted by Sacramento Region.

Saturday night was all about celebrating successes and service. Congratulations to all the winners! The results of the election were announced on Sunday. Congratulations to DGE Brent Showalter, 1VDGE Mark Bamba and 2VDGE Gene Kypke! Thank you to Convention Chair PDG Tim Luckinbill, the convention committee and District Governor Vicky Brady for a wonderful convention.



# NCLSA NEWS

SUBMITTED BY PDG JAMES FONG

## MD4-C5 NORTHERN CALIFORNIA LIONS SIGHT ASSOCIATION GRANT

The Northern California Lions Sight Association (NCLSA) presented Society for the Blind with a check for \$5,000 on March 17, 2025. The funds, along with support from the Sacramento Bee's Book of Dreams, will enable the Society for the Blind to complete a much-needed refurbishing of their Teaching Kitchen at their facility in Sacramento. The Teaching Kitchen gives individuals who have lost or are losing their eyesight the ability to manage their daily activities in their own homes.

NCLSA is dedicated to meeting the vision-related service needs of District 4-C5 Lions residents through medical services, education, and using available resources.

NCLSA members at the check presentation were: PDG James Fong, NCLSA President; Lion Kendra Bamba, Secretary; Lion Dr. Ernie Takahashi, Director; Lion Steve Kunze, Director; Lion Josephine Fong; and Lion Shari Roeseler, Executive Director of Society for the Blind, 1238 S Street, Sacramento CA 95811.

PDG James Fong  
President 2024-2025  
Northern California Lions Sight Association



# NCLSA NEWS

SUBMITTED BY 1VDGE MARK BAMBA

## Northern California Lions Sight Association Announces New Partnership to Support Veterans with Vision Needs

During the recent District 4-C5 Convention, the Northern California Lions Sight Association (NCLSA) hosted a well-attended seminar highlighting our wide range of services and collaborations. A key focus was our newest partnership with Sierra Donor Services, dedicated to improving eye care for veterans.

Representatives Alyssa Hernandez from Sierra Donor Services and Dr. Ernie Takahashi of NCLSA spoke about this exciting collaboration, which centers on providing Vidaris eye drops—an advanced form of autologous serum eye drops (ASED). These drops are created using the patient’s own blood serum and are specially formulated to relieve symptoms of dry eye, a condition that often affects individuals with certain medical conditions and is prevalent among veterans.

ASED offers a unique therapeutic benefit by delivering biological components naturally found in healthy tears, which help lubricate the corneal surface and alleviate discomfort caused by dry eyes. We are proud to announce that NCLSA has awarded Sierra Donor Services a \$12,000 grant to fund the distribution of Vidaris eye drops to veterans in need throughout this fiscal year. This partnership underscores our ongoing commitment to supporting vision health and improving the quality of life for those who have served our country.



# CALIFORNIA LIONS FOUNDATION

Dear District 4-C5 Lions,

Please find below the MD4 California Lions Foundation (CLF) Wildfire Relief Report on the donations received for the Southern California Wildfire Response.

The donation breakdown is as follows:

- 1) Designated California Wildfire Relief for recent LA Fires: \$42,358.
- 2) Designated Eaton Canyon Wildfire Relief: \$500.
- 3) Designated Palisades Wildfire Relief: \$500.
- 4) Designated Wildfire Relief to Pacific Palisades - Santa Monica Lions Club for Wildfire Relief: \$2,850.

In addition to the above, CLF has approximately \$99,211 designated for emergency relief in California.

We are currently awaiting emergency grant request from the affected area districts and clubs.

Please feel free to contact me should you have any questions. Thank you for all your support.

Sincerely,  
PDG James Fong  
District 4-C5  
California Lions Foundation Director  
email: [jfong1944@gmail.com](mailto:jfong1944@gmail.com)  
cell: 916-531-5050



# CLUB NEWS

## ROSEVILLE HOST LIONS CLUB

The Roseville Host Lions Club celebrated its one hundredth anniversary on March 1, 2025 at the Sierra View Country Club in Roseville. Club members, Lions from the district, and special guests attended a Roaring Twenties themed dinner. By all accounts, everyone in attendance had a great time.

Our special guest speaker was Multiple District 4 Past Council Chair Elizabeth "Liz" Crooke, from Salinas, California. She was elected to serve the Multiple District 4 Council Chair in 2012, after serving as District Governor of District 4-C6 the previous year.



Special Guest Speaker  
PCC Liz Crooke

PCC Liz touted Roseville Host Lions many accomplishments through the years and the many, many years of community service.

In addition to PCC Liz, the Vice-Mayor of Roseville, Karen Alvord, was in attendance and presented Club President Dennis Kramer with a resolution from the city, also recognizing the many wonderful projects and years of service to the community.

The Roseville Host Lions Club was founded on March 4, 1925, by a small group of civic-minded men who formed the first community service club in Roseville. They accepted Helen Keller's challenge to become "knights of the blind in the crusade against darkness" and have since provided free glasses to visually impaired persons.

During World War II, Roseville Lions Club members and their families housed GIs in transit to Pacific battle zones.

The Roseville Host Lions Club has grown into a leading organization in the community, striving to improve the quality of life for all. The club has provided various services, including aid to victims of the 1989 Loma Prieta Earthquake in San Francisco and tsunami survivors in South Asia. They also built and maintained a 3,600-square-foot facility for use by the Lions Club, the Boy Scouts of America, and other community groups. Over the years, members have logged countless volunteer hours supporting these and many other causes.



Roseville Host Lions,(l-r), Ed Smith, Kitty Kramer, Dusty Harrison, Cathy Messier, Laura Gilbeau, Jan Windsor, PCC Liz Crooke



Roseville Vice-Mayor  
Karen Alvord and RHL  
President Dennis  
Kramer

Their commitment to young people is evident through numerous programs, including the Student Speaker Contest, Youth Exchange Programs, Peace Poster Contest, college scholarships, and support for local high school bands, Little League, girls' softball, DARE, Cops Care Kids Camp, and Wilderness Camp for the Deaf. They have also organized American Flag Day ceremonies for third and fourth graders. The club has taken the lead in coordinating and distributing Christmas food baskets and toys, serving approximately 1,000 needy families annually. They also support PEACE for Families, the Salvation Army, Rotary, Saint Vincent De Paul, Tommy Apostolas (bartending at fundraiser dinner and shopping with kids for Kohls for Kids shopping spree each December), and assist other organizations with fundraisers. The club also supports the annual District 4-C5 Special Kids Day which is a free event for families with special needs children.

To improve health and quality of life for the physically challenged, the club assists with diabetes and eye exams, collects and distributes eyeglasses, supports the Folsom Prison Project for the Visually Impaired (prisoners clean, grade, and package by prescription and sent all over the world for distribution), and actively participates in programs like the Lions Canine Companions for Independence.

On an international level, the club has sent medical equipment to Mexico, supported SightFirst, a global initiative, and sponsored student exchange programs, hosting and sending students to countries around the world and provided funds for disasters, both locally and internationally.

Members of the club plan, prepare, and work at various dinner events, an annual golf tournament, and fundraisers to support their programs. The Roseville Host Lions Club has also sponsored four new Lions Clubs—Sunrise, Lincoln, Loomis, and Citrus Heights—to further serve the region.

The contributions of the Roseville Host Lions Club to the local area and beyond are invaluable, reflecting an organization devoted to the highest ideals of community service.



RH Lions Susan Giles and Robin Padilla



RH Lion Jan Windsor presented a stained glass window she created which is now hung proudly in the clubhouse



RH Lion Sondra Robb



RH Lion Joe Flores with father, Frank Flores, who painted the beautiful artwork for our 100<sup>th</sup>

# ROSEVILLE HOST LIONS CLUB

SUBMITTED BY LION KITTY KRAMER

Roseville Host Lions Clubs bartended at the annual Tommy Apostolas fundraiser dinner at the Placer County Fairgrounds on April 5, 2025. The club has bartended at this event in the past and enjoys being able to assist another organization with their fundraising efforts.

The funds collected at this event goes towards an annual Kohl's Kids Shopping Spree the first Saturday in December. Many club members also attend this event and help register families/kids before entry, while some members are assigned a child to escort on their shopping spree. Each child is provided with a budget and the volunteers keep that in mind while the child shops. For some children, this may be the first time they receive new clothing and/or shoes. The child also has an opportunity to get a photo taken with Santa. The photo is given to the child who can pass it along to their parent(s) or guardian.

It's a rewarding experience, getting to see the delight in the child's face or hear the excitement in their voices during their shopping spree.



Bartenders (l-r), Scott Wedding, Bernie Milmoie, Mark Steffens, Ed Smith, Chis Lister, Dennis/Kitty Kramer, Cathy Messier, Dusty Harrison, and Al Gonzalez, and other friends.

Selling drink tickets: Dusty Harrison, Cathy Messier and Virginia Wedding



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# VALLEY HI LIONS CLUB

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SUBMITTED BY DR. LION LAURA U. BALANGUE

I am truly blessed to share my unforgettable experiences from a recent trip that blended both business and leisure. One of the greatest highlights of my vacation was the honor and privilege of participating in the medical and dental missions organized by the Sacramento Maharlika Lions Club—held on February 3, 2025, and again in Subic Bay on February 5, 2025.

I was joined by Valley Hi Lions Club Secretary Cleo Williams, my sister Lion Susan U. Sagisi (a retired ICU nurse), Lion Engr. Rudy Sagisi—both members of the Iloilo City Metro Lions Club, District 301-B1—and my husband Charlie M. Balangue. Together, we endured a 7-hour drive from Ilocos Sur to fulfill our shared mission of service.

These well-organized, systematic, and successful missions were made possible through the partnership between the Sacramento Maharlika Lions Club, the Angeles City Clark Balibago Lions Club (our 2nd Fil-Am Joint Outreach Mission), and the Subic Bay Centennial Lions Club. I commend the outstanding leadership of Governor Vicky Brady, 2nd District Vice Governor Mark Bamba, Attorney Derek Ledda, Dr. Lynn Ventura, and IPP Lion Frank Zabal, who also served as our dedicated photographer, along with all officers and members of the Maharlika Lions Club.

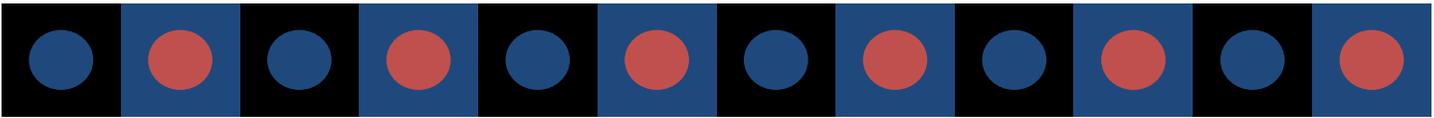
During these missions, I witnessed firsthand the spirit of teamwork, dedication, and commitment to serving with compassion. We forged bonds of friendship and fellowship, embodying the saying: "It takes a village to accomplish our local and international humanitarian services."\* Comprehensive services were provided, including medical and dental care, laboratory tests, ECGs, X-rays, eye exams, and the distribution of free medications—reaching the local communities, especially those in greatest need.

Before and after the outreach activities, I also assisted with medical consultations, wrote prescriptions, and helped dispense free medications. Patients requiring rabies or tetanus injections were referred to the Municipal Health Center and local government hospitals to receive free vaccines.

Additionally, my relatives helped sort and distribute reading glasses in our hometown of Panay Norte, Mag-singal, Ilocos Sur. Many came by to pick up their much-needed eyeglasses.

Special thanks to 2nd DVG Mark Bamba for keeping everyone updated through email coordination. Your support played a key role in the success of this mission.





This 2025 trip was truly fulfilling, productive, and full of blessings. It offered a meaningful opportunity to make a lasting impact through the collective time, talent, and effort of dedicated Lions. Together, we foster a spirit of compassion and service that knows no borders.

Congratulations to all who made this mission possible. May we continue to work hand in hand to build a brighter, healthier, and more compassionate world.

God bless the Lions Clubs. God bless America.

By Lion Laura U . Balangue, M.D.  
Immediate Past President  
Board of Director  
Sacramento Valley Hi Lions Club, Sacramento, CA



Dr. Lion Laura U. Balangue (center)



# Lion Secretary Cleo Williams: A Generous Donor Bringing Vision and Nourishment to the Philippines

Submitted by Valley Hi Lion Wanda Yanez

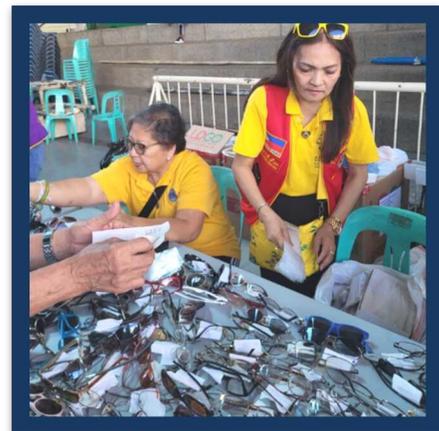
Lion Secretary Cleo Williams recently facilitated the distribution of 3,000 reading glasses to residents of Barangay, Philippines. Of these, she personally delivered 1,000 glasses to four local towns—Catdungan, Pacpacac, Cabaroan, and Bugbugcao—all within the jurisdiction of San Juan, La Union. These glasses were distributed to approximately 2,200 residents, significantly improving their quality of life.

In addition to providing vision support, Cleo also organized a food distribution initiative. She donated seven boxes of essential food items, including canned goods, pasta, beans, nuts (such as walnuts, pistachios, and hazelnuts), raisins, plums, chocolate, and dates. These provisions were carefully packed into 50 buckets and distributed to senior citizens in the village, ensuring they have access to nutritious food.

Cleo also brought joy to local children by distributing toys, creating moments of happiness for many young recipients. Although no doctors or optical equipment were available on-site, individuals could try on different pairs of glasses to find the best fit for their vision needs. For those who couldn't find a perfect match, they were given frames and only needed to replace the lenses, reducing costs while still providing essential vision support.

Lion Cleo Williams' generosity has made a lasting impact on the people of San Juan, La Union. Through her efforts, many residents have gained improved vision and access to essential food supplies, demonstrating her deep commitment to humanitarian service.

At the end of January, Cleo further extended her service by renting a car and driving to three different locations where the Maharlika Lions Club conducted medical missions. She traveled to Clark Angeles City, Subic Bay in Olongapo City, and Mariveles, Bataan, continuing her dedication to supporting communities in need.



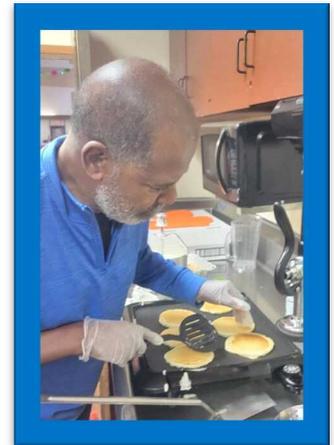
Cleo Williams (sitting) distributes eyeglasses to those in need.



# EMBARCADERO LIONS CLUB

SUBMITTED BY PDG ERV GON

On Saturday April 12, 2025 seven Embarcadero Lions prepared a Bunny breakfast of pancakes, eggs, bacon, sausage, and fruit for 200 egg hunting guests at the Jose P. Community Center. The annual Egg Hunt was sponsored by the Southgate Recreation & Park District and featured exciting activities, including the REC Van, games, and arts and crafts.



# LMEAF

The Lions Medical Emergency Assistance Fund (LMEAF) was created in 1985 by several Lions, led by PDG Don Ring, to establish a way to assist Lion members in District 4C5, and their families, with unexpected medical emergencies. The fund was originally intended to be a confidential source of help to our members, and was initially limited to \$500.00 per incident.

The fund currently resides within the District Restricted Account, and expenditures are approved by the District Executive Cabinet members, consisting of the Governor, First Vice District Governor, Second Vice District Governor, Cabinet Secretary, Cabinet Treasurer and the four Region Chairs.

An individual club within the district can request assistance for up to \$1000.00 for a member, who will remain anonymous throughout the process. A written request, detailing the circumstances but not the name, should be approved by the club Board of Directors and sent to the LMEAF Chair, either by email or US Mail. The Chair will distribute to the Governor. If approved, the Cabinet Treasurer will be given the name and mailing instructions and will issue a check.

When the Fund was created, it was funded by a series of fundraisers. It was subsequently decided to fund by individual club donations. These donations need to come either from the club administrative account or from individual member donations. We cannot use funds raised from the public for this member assistance.

In recent years, the Fund has received donations from Antelope, Auburn Host, Embarcadero, Folsom Lake, Lincoln Hills, Meadow Vista, Nevada City, and Placerville Lions. Club members receiving assistance were from Auburn Host, Elk Grove, Meadow Vista, Nevada City and Newcastle Lions.

A number of clubs use the canisters displayed to circulate to members during their meetings to collect for donation.



Lions Club of Rio Linda Present



1st annual

# Western Ranch House BBQ

At the  
Dry Creek Ranch House  
6852 Dry CREEK Road Rio Linda ca 95673

## June 7, 2025

5:00pm-9:30pm

### Door Prize

Ages 18 and up welcome

## Tickets only \$45

Bon Fire  
Hay RIDES

Table for 8 \$360  
(Secures your spot together)

Each

Bar open at 5:30

Open at 5:00 and Dinner served at 6:30

Tickets Available  
From any Rio Linda  
Lions Club Member

## 50/50

### Raffle



No Host Bar

Message us on Facebook  
Lions Club Of Rio Linda

### Raffle Prizes

### BBQ Steak Dinner

## 916-243-0557

Baked beans and homemade salads

## Live Music





presents



# Dining in the Dark

A Helen Keller Fundraising Experience

Sunday, June 8th at 5:00 PM

The Grotto

960 Oak Ln, Rio Linda, CA 95673

Experience a meal like never before—blindfolded—  
and gain a new perspective on vision loss.

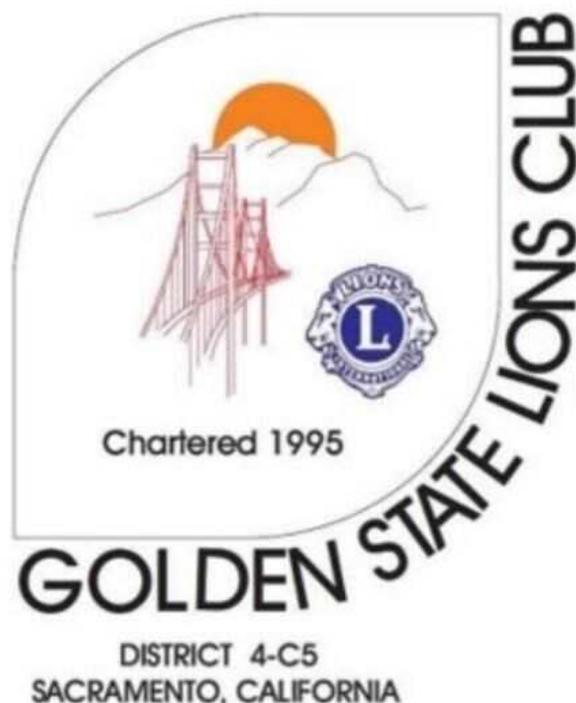
Proceeds benefit sight-saving programs  
in Northern California.

Reservations & Info:  
Helene Smith (585)721-1134

**\$40**

District 4-C5

**SACRAMENTO GOLDEN STATE LIONS**  
**30th Anniversary Celebration**  
**Dinner and Dance**



Date: Friday, June 20, 2025  
Time: 4:30 PM – 9:00 PM

**NEW HAPPY GARDEN SEAFOOD RESTAURANT**

5731 Stockton Blvd., Sacramento, CA 95824

**Donation: \$60 per person**  
Filipino Barong & Filipiniana Attire

For more information, please contact...  
Lion Eddie Aducayen - (916) 690-5324

# District 4-C5 Governor's Roast

Featuring the Roasting of  
Past District Governor Victoria Brady



**Opportunity  
Drawing**

**No Host  
Bar**



**Grilled Steak Dinner  
Saturday, August 9, 2025**

**Roseville Host Lions Clubhouse  
107 Sutter Avenue, Roseville 95678**

<b>\$40.00</b> per person	Social: 5:00—5:30 pm
Limited seating	Dinner: 5:30 pm
No tickets at door!	Roast: 6:30 pm

—Hosted by Roseville Host Lions and Folsom Lake Lions—

Make checks payable to: Roseville Host Lions Club.  
Send reservation and payment to: PDG Carol Ring, 10291 Davis Road, Wilton, CA 95693.  
For more information contact PDG Carol Ring, 916.955.4531 or caroljring1@frontiernet.net

**Payment needed by July 25, 2025**



CALIFORNIA  
LIONS  
FOUNDATION



WE'RE  
HERE  
FOR YOU

**Matching CLF Grant Applications are now being approved by CLF for up to \$5,000. in support of projects up to \$10,000.00**

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

**100% grants up to \$ 1,000.**

**Member and Club Opportunities are available:**

- *Kay K. Fukushima Fellowship for a donation of \$1,000.*
- *Reginald C. Harris Fellowship for a donation of \$2,500.*

**Grant Requests and Donations may be sent to:**

**Name James Fong MD4-C5 District Chair**

**Cell 916-531-5050 - Email: [JFong1944@gmail.com](mailto:JFong1944@gmail.com)**

**[www.CaliforniaLionsFoundation.org/grants](http://www.CaliforniaLionsFoundation.org/grants)**

Avalon Hearing Aid Centers Present:

# THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND  
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

### Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



### Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

### \$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



### Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**, go to [AvalonHearing.com/Lions-club](http://AvalonHearing.com/Lions-club) or call (916) 483-9064

**DISTRICT 4-C5 HEARING SERVICES COORDINATOR**  
**PDG ERY GON**

Email: [gonfishing32@sbcglobal.net](mailto:gonfishing32@sbcglobal.net) ~ Phone: (916) 612-5747



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