



Lions Pride

September 2025

Volume 65

September 2025

“BORN TO BE WILD TO SERVE”



The first District 4-C5 Cabinet Meeting of the 2025-2026 Lions Year took place at Depot Park on Saturday, August 30, 2025. The day got off to an auspicious start with a delicious continental breakfast provided by Sacramento Region Lions. After Sacramento Region Chair Joe Bowers called the meeting to order, District Governor Brent Showalter welcomed everyone and toasted to Lions Gone But Not Forgotten. Scouts of America Troop 555 presented the flags. After the Pledge of Allegiance, PDG Mike Retzlaff honored the POW/MIA. Lion Sheri Retzlaff led us in the Patriotic Song, the National Anthem. District Chaplain PDG Mike Retzlaff gave the invocation.

Second Vice District Governor Gene Kypke established protocol by introducing District 4-C5’s dignitaries. Sacramento Region Chair Joe Bowers introduced the Cabinet Officers. We were honored to have 4-A1 District Governor Matt Stickler, 4-A1 Cabinet Secretary Maggie Stickler and Cubs Kinsey and G.R. Stickler as our visiting guests.

The Keynote Address was delivered by California MD-4 State Student Speakers Finalist Ethan Hernandez, who delivered his speech, “Artificial Intelligence: Friend or Foe?”

Lion Jeri Retzlaff got the June 8, 2025 Cabinet Meeting Minutes approved and Cabinet Treasurer PCC Don Gall presented the Cabinet Treasurer’s report.

Forums included Club Officer Training—President and Vice President and Secretary and Treasurer, PDG Meeting and a spirited open forum conversation on “Connecting the Generations of Yesterday, Today and Tomorrow.” A delicious lunch was provided by Embarcadero Lions Club. Committee and foundation reports were made after lunch. Thank you to the Lions who donated school supplies.

Congratulations to the Sacramento Region Chair, Zone Chairs and the Cabinet for a successful meeting!



DISTRICT 4-C5 CABINET MEETING
SATURDAY, AUGUST 30th, 2025 | 8:00AM-2:30PM
 Host Region: Sacramento Region
 Location: Depot Park 16 Business Park Way, Sacramento, CA 95828
OPPORTUNITY DRAWINGS BONANZA! - GET YOUR TICKETS AT THE DOOR!

 <p>SUPPORT OUR SCHOOLS JOIN US FOR OUR 1ST DISTRICT SERVICE PROJECT! Please contribute assorted school supplies to support the Elementary Schools in the Sacramento Region. Your donations will make a meaningful impact on the lives of students in need. Region Chair Joe Bowers will collect all supplies and deliver to schools. DO IT FOR THE KIDS!</p>	<p>Find out what's happening in our District, meet new Lions, share great ideas and enjoy a delicious GRILLED BURGER BAR LUNCH BUFFET PREPARED BY EMBARCADERO LIONS CLUB LUNCH LADIES & GUYS!</p>  <p>ONSITE Club Officer Training and other Breakout Sessions. <i>*Complimentary Continental Breakfast Will Be Served!</i></p> <p>RSVP for Lunch by 8/19/25. Contact Cabinet Treasurer PCC Don Gall at (209) 480-9217 and make your check payable to District 4-C5 in the amount of \$15.00 and mail to: CT Don Gall 16320 Stephanie Way, Pioneer, CA 95666</p>
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 <p>KEYNOTE SPEAKER AND EMBARCADERO LIONS CLUB SPONSORED 2024-2025 MDA STATEWIDE STUDENT SPEAKER CONTEST FINALIST ETHAN HERNANDEZ WILL BE PERFORMING HIS AWARD WINNING SPEECH TOPIC "ARTIFICIAL INTELLIGENCE: FRIEND OR FOE?" PRESENTATION BEGINS AT 9:00AM SHARP! DO NOT MISS THIS RARE EVENT!</p>	<p>OPPORTUNITY TO WIN THE 1972 ALICE COOPER REBELLIOUS TEENAGE ANTHEM "SCHOOLS OUT" VINYL ALBUM! ALL PROCEEDS DONATED TO STUDENT SPEAKER FOUNDATION. INCLUDES AUTOGRAPHED PHOTO OF DISTRICT GOVERNOR BRENT AND ALICE COOPER!</p>  
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DG BRENT SHOWALTER

“BORN TO BE WILD TO SERVE”

LIONS CLUBS MEMBERS OF 4-C5!

WE ARE ON OUR WAY AND WE HAVE WORK TO DO!

LET US JUST CUT TO THE CHASE! HERE ARE MY DISTRICT GOVERNOR GOALS FOR 2025 – 2026 AND A FEW FUN PHOTOS AND OF COURSE ONE OF MY FAVORITE QUOTES!

“The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark.” ~ Michelangelo

District Governor Brent Showalter Goals 2025-2026

**You’ll learn more about a road by traveling it than
by consulting all the maps in the world.”
– Ray Kroc (McDonald’s Visionary)**

Membership / Global Extension Team

- ✓ Create a Special Needs Club with at least 20 Members by June 30th, 2026.
(5 Member Branch Club by December 31st 2025.)
- ✓ Create a First Responders Club with at least 20 Members by June 0th, 2026.
(5 Member Branch Club by December 31st 2025.)
- ✓ Create a Hunger Awareness Branch Club with at least 10 Members by January 31st, 2026.
- ✓ Create a Business Networking Cyber Branch Club with at least 5 Members by April 30th, 2026.
- ✓ Increase Davis Aggie Club by 10 Members by March 31st, 2026.
- ✓ Increase Leo Clubs by 10 Members total district wide by February 28th, 2026.
- ✓ Rebuild Clubs under 10 Members by 20 Members total district wide by June 30th, 2026.
- ✓ Increase individual Club Membership by 45 Members total district wide by May 31st, 2026.
- ✓ Have a “What About Lions” spokesperson table and a club service project invitation signup form at every service and fundraising event.
- ✓ Hold Global Action Team meetings once a quarter on progress and Goal revisions.

Service Activities

- ✓ Hold 4 district wide service projects by April 30th, 2026.
- ✓ Hold 1 region wide service project per region by March 31st, 2026.
- ✓ Hold 1 zone wide service project per zone by May 30th, 2026.
- ✓ District GST will assist Club Service Chairs / Club Secretaries in completing the monthly reports.
- ✓ Each month, District GST will contact clubs that have not submitted their Service Projects.
- ✓ By the end on 2025-2026, our District will have 100% of clubs reporting service in Lions Portal.

Leadership

- ✓ Hold an interactive Q and A forum during 1st District Cabinet Meeting on August 30th, 2025.
(Open conversation about connecting Lions across the generations.)
- ✓ Hold an interactive Q and A forum during 2nd District Cabinet Meeting on November 8th, 2025.
(Past District Governors and audience open conversation about the amazing District Governor journey.)
- ✓ Zone and Region Chair training with 100% attendance.
- ✓ Offer multiple sessions of Club Officer training, using a mix of on-line and in-person training. All training to be completed by the 1st District Cabinet Meeting to be held on August 30, 2025.

Lions Clubs International Foundation (LCIF)

- ✓ Our District goal will be to raise \$51,888.88 for LCIF by June 30th, 2026.
- ✓ Encourage members to pledge an annual donation to LCIF of \$10.00 per member.
- ✓ Report to the District on progress towards LCIF District Goal during every District Cabinet meeting and provide membership pledge envelopes to all attendees.
- ✓ Our team, led by LCIF Chair Natalee Price and Past District Governor Andy Anderson, will ensure that each club understands the importance of donating to LCIF.
- ✓ Each Club will assign an LCIF Coordinator to their Club.
- ✓ District will hold two fundraisers for LCIF.

Custom Goal

- ✓ District will hold a Veterans Stand Down event by January 31st, 2026.
- ✓ District will donate \$8,000.00 to Multiple District Four Student Speaker Foundation by June 30th, 2026.
- ✓ District will hold three online interactive grant training meetings by February 28th, 2026.
- ✓ District Zone Chairs will educate clubs during visitations on Student Speaker Foundation awards.
- ✓ District will hold two service projects focusing on hunger by June 30th, 2026.
- ✓ District will hold a contest for clubs to participate in creating a YouTube video advertising their club with award being presented at April 2026 District Convention. (Submission Deadline will be March 30th, 2026.)



Brent Showalter - District Governor "BORN TO BE WILD TO SERVE"
CONCERT TOUR | 2025-2026

M: 916-228-9129 / Email: Bshowalrh@yahoo.com

Brent Showalter

District Governor

1VDG MARK BAMBA

INSIGHTS ALONG THE JOURNEY TO DG



Refocus on Our Purpose

Governor Brent and I just returned from the International Convention in Orlando, Florida and we are pleased to announce that our incoming President A.P. Singh showed us why he is considered a terrific leader who will lead the Lions worldwide to new heights. His message is “Lead to Serve, Serve to Lead.” President A.P. Singh emphasized the importance of reflecting on the core purpose of being a Lion—serving others—and challenged clubs to adapt to maintain and grow membership. He encouraged clubs to reconsider meeting formats, including using virtual platforms, to attract new members. Support and tools are available to help clubs realign with their mission and achieve growth goals.

We need to reflect on what it is that makes us Lions. Reflect on what our intended purpose on being a Lion is. Then reflect on the status of your club now and how you can work on maintaining your purpose as your club struggles to maintain its own.

We are all challenged by members getting too busy or unable to give as much as they did before. Now the question you must ask of your club and you is, “How do we adapt to keep our purpose – “To Serve”?”

While our Governor Brent and I have gone through extensive training on how we can assist clubs with marketing, promoting services, etc., you must first examine how you do your business. If you only meet in the morning, you will never attract folks who work or run their own businesses. The same challenge faces those who meet only during lunch. Or only those clubs who only meet in person. We must look at and adapt other platforms that will allow others to meet like Zoom, WhatsApp, Instant Messaging, etc.

To attract new people, we need to adapt our clubs. Once you make that commitment, we can assist you in how you do it with all the tools and resources Governor Brent and I have been given. Soon, 2VDG Gene Kypke will be going through the same training we have and he can then help as well.

So please reach out to us! Let’s refocus our purpose and make our Mission 1.5 attainable for all!

We are here for you!

1VDG Mark Bamba

Mark Bamba

First Vice District Governor

2025–2026



2VDG GENE KYPKE

LEADERSHIP ON THE HORIZON



Pirate Pride

Welcome to a new year! Almost everyone has hit the ground running this year and the reports are fabulous! I have done traditional Officer inductions and New Member Inductions, and at some point, the comment always seems to come up: I thought you would install us with Pirate attire/Garb and speak Pirate lingo! Give the public what they want, sez I! Ye all be in trouble now! In the near future, both versions will be available, and options will ensue! As Second Vice District Governor, it has been an honor to SERVE YOU! My goal is to get out and visit; see my members. Face to face with all my peeps. Re-appropriate all the great ideas of service from the masses and show them to EVERYONE! You lads and lasses are doing a FABULOUS job, and I am very proud of everyone and your efforts. The Zone meetings all rocked and copious notes have been taken. An invitation to any of your events is all I ask (sooner than later). I would like to be there if possible! Also please note: if your club does a bulletin or monthly/ bi-weekly club note, please FILL my in-box! I have several now, but if I don't know what/where/when you arrr doing something, I can't get involved! PirateLionGeneKypke@Gmail.com.

The upcoming District Cabinet will have many new things, everything in hopes for the better. It has an open door policy, and please invite as many members as possible. I am challenging the clubs to fill the house! Much information comes out at these Cabinet meetings, and I have been questioned why attend? If you want the inside scoop, not hear "some" of the information, or you are stepping up to the plate to LEAD your club, then join us! I will help you make it through! Also note: I will be in "proper" attire, but if ye see any special item, chat with me about it, I'll have something "special" fer ye!

The online Lions University is a great place to work at you own pace in becoming a better and more informed Lion AND leader. A one hour online session here and there, and all of a sudden you are at a Bachelors degree in Lions! COOL for you AND your club members. There are two more degrees, if you so choose! Sometimes even the more seasoned members have never asked questions as to how or why things happen. The happenings that go on in the District and how to negotiate an ending one can live with! As our newly placed International Lions Club President A.P. Singh says..."The entire world is one family, surviving on this planet is something that has to be done jointly, with everybody else." The University can bring us all a little closer to the end goal; getting the job done so the world is a better place for us all.

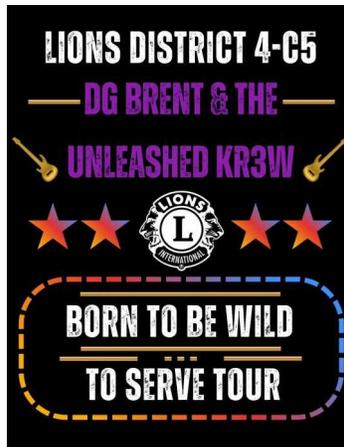
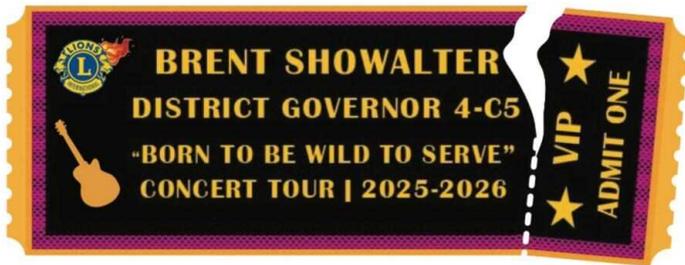
"I am challenging the clubs to fill the house!" at the upcoming District Cabinet Meeting

...And all of a sudden YOU'RE the dictionary, and it just blurts out of your mouth with you wondering... "Where did that come from?"

Visitations start very soon, see you there! Humbly your servant, 2VDG Gene Kypke, aka PIRATE!

2VDG Gene Kypke

2VDG Gene Kypke aka PIRATE



***Please submit your articles
and announcements about
club service projects,
activities and fundraisers to
the Pride.***

Deadlines: October 20, December

GMT NEWS

STATISTICIAN DAVE PEVNY

Greetings Fellow Lions!

Below are the District's membership statistics as of the end of the day on July 31, 2025, based upon the membership changes that were submitted to LCI by clubs during the month of July.

Summary: Our opening membership balance on July 1, 2025, was 1,153. At the end of the month of July our membership total was 1,159, resulting in a net gain of 6 members for the month. This "+6" net change included 12 new members, 3 reinstated members, and 2 transfer members; and 11 members dropped. Of the 11 dropped members, 1 was reported as deceased (George Woods of Grass Valley Foothill Lions).

By Region for July:

*Donner---plus 2, minus 5

*Dos Rios---plus 0, minus 3

*Sacramento---plus 9, minus 0

*Washoe---plus 6, minus 3

District Total for July: $1153 + 17 - 11 = 1159$

By Region, Cumulative for the Year 2025-2026: (these numbers will accumulate each month)

*Donner---plus 2, minus 5

*Dos Rios---plus 0 minus 3

*Sacramento---plus 9, minus 0

*Washoe---plus 6, minus 3

District Total, Cumulative since July 1, 2025: $1153 + 17 - 11 = 1159$

Dave Pevny

GMT Statistician





DISTRICT NEWS - NCLSA

SUBMITTED BY 1VDG MARK BAMBA

NCLSA Lends a Hand to Nigerian Lions Clubs

At our NCLSA Dining in the Dark event this summer, visiting Vice District Governor Dave Kaplow from the California Marketing Committee asked if NCLSA could donate refurbished eyeglasses to Nigeria. Nigerian Lions Clubs requested 5,000 pairs of glasses from California Lions and asked if we could bring them to the International Convention.

NCLSA responded promptly to this request, successfully obtaining 2,500 pairs of glasses from PDG Don Ring of the Folsom Project. Since the request was to have all glasses packaged individually, NCLSA Board Members Mark Bamba, Kendra Bamba and PDG Sarah Enloe organized 12 other Sacramento Maharlika members to donate three sturdy 30" suitcases and to also assist in packaging each pair of glasses into individual bags. These pairs of glasses were packed, sorted, and placed carefully in the suitcases.



Afterwards, Visionary Chair Mark Bamba, Secretary Kendra Bamba and incoming Second Vice President of Maharlika Lions Club Bobby Felix brought these large suitcases to Florida and into the first Plenary session where they met the Nigerian Lions Contingency to perform the handoff.

The Nigerian Lions expressed gratitude for all donations. NCLSA's team collected more glasses than any other U.S. group, contributing 2,500 pairs out of the total 15,000 donated by USA Lions, thanks to NCLSA, Folsom Project, and Sacramento Maharlika Lions volunteers. GREAT TEAMWORK!!



NCLSA

SUBMITTED BY LION HELENE SMITH

Northern California Lions Sight Association President Sheri Retzlaff, PDG Mike Retzlaff and Lion Helene Smith visited Colfax Lions Club on August 6, 2025 to train Lions to use NCLSA equipment. President Sheri demonstrated how to use the Plus Optics and the Titmus machines and explained the whole process so they can start doing some eye testing.



(From left to right) NCLSA President Lion Sheri Retzlaff, Colfax Lions Club President Paul Houck, Lion Helen Smtih and PDG Mike Retzlaff

NCLSA NEWS

Northern California Lions Sight Association (NCLSA) inducted its Board of Directors for 2025—2026 at The Grotto in Rio Linda on July 3, 2025. NCLSA President Sheri Retzlaff will lead the organization and challenged the Board by asking, “Do we want to survive or THRIVE?!”

We look forward to seeing the amazing opportunities NCLSA will provide to those needing vision services and support. Congratulations to all!



Photo credits: Pride of Laguna Creek Lions Club's Facebook page.





Hey Fellow Lions Clubs! Did you know that you can stretch those Community Funds when you apply for a District 4C-5 Lions Educational Foundation (LEF) Matching Grant???

Let's begin with the creation of this 501(c)(3) foundation back in 1969. "The specific and primary purposes and activities for which the corporation is organized are the receiving of contributions and donations, and the application of funds so received to assist the blind and visually handicapped, to grant student scholarships, to encourage youth education, and to support other charitable or educational projects and activities of the International Association of Lions Clubs" as stated in the 1989 Articles of Incorporation and the current Constitution and By-Laws. However, now the LEF focuses "to encourage and further positive youth development by helping young people deal with the challenges of our changing world" as stated in the District 4C-5 2000-2001 Directory. Pretty cool, right? What does this mean and how does this LEF operate?

The LEF has a fourteen-member board of directors, all Lions. Annually, they hold fund raising events to continue funding youth projects from your local Lions Club. The LEF is funded through fundraising activities such as past Golf Tournaments, Soup & Salad evenings, a 49er Tailgating Event, and a Pasta Feud. This year the LEF board is hosting a Bingo Night. The event will be held at McBean Park in Lincoln in the McBean Pavilion. Date TBD - Stay Tuned!

Also, there is an option for Lions Clubs to purchase an award from the LEF Recognition Program (Paul Shimada, Gordon Daniels, Kay K. Fukushima, Carl E. Burson) to recognize a special Lion in your club or in your area. On the next page is PDG Frank Dunn receiving an LEF Carl Burson Legacy award courtesy of PDG Nick McNicholas (not pictured).

The beauty of all this fundraising allows each Lion's Club to request a Matching Grant up to \$1,000 annually to support youth projects. Simply complete the LEF Grant Application located at this website: www.lef4c5.com/grant-forms.html and include the club's \$500 check. In return (once approved) your club will receive a check for \$1,000 to support youth development in your area. After the project is complete, your club is required to complete the LEF Final Grant Summary Report, but the form is simple and quick to complete.

If your club would like to have a presentation or more details on the LEF, please email Lion Helene Smith <4timon@gmail.com>. She can arrange for a board member to visit your club.



This is one of the best methods to stretch your community funds! We are here to support your club and your local community. Send us a check!

Lion Lorene Euerle
District 4-C5 Lions Education Foundation



From Left to Right: Woodland Host President John Newlin, PDG Frank Dunn, and Lion Jeff Walton, LEF Treasurer.



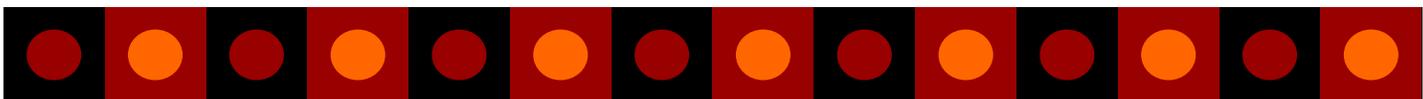
CLUB NEWS

DELTA LIONS CLUB

Delta Lions Club, with the help of Delta High Saints Leos and Lions of District 4-C5, made 600 loaves of pear bread and pear jam that were sold at the 51st Pear Fair in Courtland on Sunday, July 27, 2025. The Pear Fair is a celebration of the annual Barlett pear harvest. Organized and run by local volunteers, the fair has been a long-standing summer tradition in the Delta. The Pear Fair is a non-profit organization that provides educational scholarships and helps support the Delta community.

In addition to food and drink, the event featured a Fun Run and pancake breakfast and parade.

Photo credits: PDG James Fong and Josie Fong



FOLSOM LAKE LIONS CLUB

Submitted by Lion Dee Farmer

California Lions Foundation Grant Received

Recently our Folsom Lake Lions (FLL) Club learned that since 1985, FosterHope Sacramento (FHS) has been providing services for foster families and their youth throughout their time in the Foster Care system while they await permanent homes. FHS services are provided in El Dorado, Placer, San Joaquin, Yolo and Sacramento Counties. As a California licensed, 501(c)(3) nonprofit Foster Family Agency (FFA), their Care Homes are located from Stockton to Shingle Springs and from Tahoe City to Sacramento. In June 2025, we collected and donated suitcases to the FosterHope Sacramento program. Many children enter foster care with all of their belongings in paper bags.

When we delivered the suitcases, we became better acquainted with FHS and learned they were getting ready to hold a “Back to School Night” event. The event would host 35 children of various ages in the foster program. The event would provide a fun and positive kick-off to the 2025-26 academic year. One goal of the event would be to provide each child with a backpack and set of school supplies and also give the foster parents a night off. Many foster children and families have limited or no funds to sufficiently provide required school supplies such as backpacks, binders, pencils and other basic tools for learning. This puts added strain on the families and the children in the foster community.



The Folsom Lake Lions Club discussed the need and decided to purchase 35 backpacks and 35 ring binders for the event. This donation would help reduce the strain on the budgets of FHS and the foster parents. During our discussion, we also became aware of the California Lions Foundation (CLF) Grant for school supplies. Perfect timing, as the event was scheduled for August 7, 2025.



FOLSOM LAKE LIONS CLUB

So the project leaders in our club, Alegra and David Schmidt, quickly completed the California Lions Foundation (CLF) Grant application request, obtained all the club and district approvals needed, and submitted it to the CLF Review Committee.

As the CLF Review Committee reviewed and approved of our grant request before the event, we were able to use the grant monies to purchase and deliver the backpacks and binders directly to Foster Hope Sacramento offices prior to the August 7 back-to-school event.

With the generous help from the California Lions Foundation (CLF) we were able to help FosterHope Sacramento provide foster youth in our community with the supplies, support, and confidence they need to start the school year strong.



From the Folsom Lake Lions, FosterHope Sacramento and the foster children who now feel seen, supported, and ready to learn—thank you California Lions Foundation for help us making a difference.



FORESTHILL LIONS CLUB

Submitted by Lion Helene Smith

On July 1, 2025, Foresthill Lions Club installed their new board members for 2025-2026. Immediate Past Donner Region Chair Helene Smith did the honors. She explained what goes on in an Installation for some of their new members who had never been to one. She then called up each of the club officers and installed them.

She made it a fun night by handing out candy bars and Mardi Gras beads! The ceremony ended with President Linda Salvadore being installed. She was given the gavel, which made it official. The new board then took a group photograph. A few members were missing but they were there in spirit.

Immediate Past Donner Region Chair Helene would like to thank Foresthill Lions for asking her to do this special honor for them. "I wish them much success for the coming year!!!"



HIGGINS DIGGINS LIONS CLUB

SUBMITTED BY LION HELENE SMITH

On August 21, 2025, Lion Jeri Retzlaff came to visit Higgins Diggins Lions Club with two of her Canine puppies. One was Rumor, who is almost 7 years old and has had 4 litters and 34 pups, and Leslie who is about 4 months old. Rumor is Leslie's grandma and the two of them get along very well as you can see in this picture where Leslie is sitting on Rumor.

Lion Jeri spoke about being involved with Canine Companions, how much she loves doing it and how rewarding it is. Yes, it is a bittersweet experience because she must turn the puppies in after she teaches them the basics, but then they go on to help someone with their future life. She described all her other puppies that she has raised and what they have gone on to do.

The girls showed off how good they are with listening to commands. Rumor is now a retired service dog and she goes to rest homes and schools to visit. Canine Companions has a new t-shirt, which is pretty cool.

So if you are thinking about raising a puppy talk to Jeri Retzlaff. It will be the best decision you will ever make!!



WOODLAND HOST LIONS CLUB

SUBMITTED BY LION JEFF WALTON

Lions Night at the Yolo County Fair a Roaring Success

On Thursday, August 14th, Lions from across the District gathered at the Yolo County Fair in Woodland for an evening of fellowship, fun, and community pride. *Lions Night at the Fair* was hosted by the Woodland Host Lions. The event brought together Lions, friends, and families at Rotary Park to enjoy live music, games, food, and the vibrant fair atmosphere.

Dressed in their Lions vests and shirts, members proudly represented the spirit of service while connecting with one another in a relaxed and festive setting. The fair offered free admission to all attendees, and many Lions noted how wonderful it was to be recognized as a united presence in the community.

Beyond the entertainment, *Lions Night at the Fair* was about more than just a good time. It showcased the visibility of Lions in the region, reminding fairgoers that Lions Clubs are not only about service but also about building friendships and celebrating community life. The evening was filled with laughter, music, and camaraderie—an uplifting reminder that together, we serve not only through action but also through the relationships we nurture within our clubs and communities.

Thank you to all who attended and helped make this night one to remember. We look forward to carrying the same energy and spirit into our upcoming service projects throughout the year!



Pictured: Seated District Governor Brent Showalter and Woodland Host President John Newlin. Back row: Lion Jeff Walton, Immediate Past District Governor Vicky Brady and Woodland Host 1st Vice President Stacey Waller.

An Update from Ronald McDonald House

Submitted by PDG Tim Luckinbill



A Note from Our Team

This update from us has some exciting news about how your support is making a difference so far this year. Thanks to you, hundreds of families have been served, and we're grateful to have you in our community.

Together, We've Reached Hundreds of Families

We're halfway through the year, and we wanted to take a moment to show you what your support has made possible.

So far in 2025, Ronald McDonald House Charities Northern California has served hundreds of families—thanks to people like you. Whether they stayed at the House, visited for the day, or were reached through Cart with a Heart, each family felt your impact.

Every number in the [video below](#) (click to watch) represents a real family. And we couldn't do any of it without your kindness and generosity.

Thank you for being such an important part of this community!

P.S. More good news to come! Camp stats will be heading your way later this year.

Ongoing Ways to Support

- [Donate a Vehicle](#) – Your old car, truck, or RV can help keep families close. It's easy and tax-deductible!
- [Shop Our Wishlist](#) – Purchase essential items directly for families staying with us.

Impact in Action

- The Language Academy of Sacramento **donated 2,000 essential items!** Huge thanks to these amazing students and staff for their incredible generosity.



- **Water Day was a splash!** Families enjoyed games, snacks, sunshine, and even got fresh haircuts to feel their best. [Watch the video on Instagram](#)



California Lions Foundation

BACK TO SCHOOL, YOUTH & CHILDHOOD CANCER GRANTS

Help make a difference with **YOUTH** in your community and apply for a grant

- July 1, 2025 to September 30, 2025
- Maximum aggregate grant is \$2,000 per Lions District in MD4
- Maximum grant per Lions Club is \$500

www.californialionsfoundation.org





CALIFORNIA
LIONS
FOUNDATION



WE'RE
HERE
FOR YOU

Matching CLF Grant Applications are now being approved by CLF for up to \$5,000. in support of projects up to \$10,000.

CLF is a California, non-profit, tax-exempt, corporation with the sole purpose to provide matching financial grants to California Lions Clubs. CLF matching grants are provided to enable California Lions clubs to provide even greater service to their local communities.

100% grants up to \$ 1,000.

Member and Club Opportunities are available:

- *Kay K. Fukushima Fellowship for a donation of \$1,000.*
- *Reginald C. Harris Fellowship for a donation of \$2,500.*

Grant Requests and Donations may be sent to:

PDG James Fong -MD4-C5 District Chair
Cell 916-531-5050 · Email: jfong1944@gmail.com
www.CaliforniaLionsFoundation.org/grants

LMEAF

The Lions Medical Emergency Assistance Fund (LMEAF) was created in 1985 by several Lions, led by PDG Don Ring, to establish a way to assist Lion members in District 4C5, and their families, with unexpected medical emergencies. The fund was originally intended to be a confidential source of help to our members, and was initially limited to \$500.00 per incident.

The fund currently resides within the District Restricted Account, and expenditures are approved by the District Executive Cabinet members, consisting of the Governor, First Vice District Governor, Second Vice District Governor, Cabinet Secretary, Cabinet Treasurer and the four Region Chairs.

An individual club within the district can request assistance for up to \$1000.00 for a member, who will remain anonymous throughout the process. A written request, detailing the circumstances but not the name, should be approved by the club Board of Directors and sent to the LMEAF Chair, either by email or US Mail. The Chair will distribute to the Governor. If approved, the Cabinet Treasurer will be given the name and mailing instructions and will issue a check.

When the Fund was created, it was funded by a series of fundraisers. It was subsequently decided to fund by individual club donations. These donations need to come either from the club administrative account or from individual member donations. We cannot use funds raised from the public for this member assistance.

In recent years, the Fund has received donations from Antelope, Auburn Host, Embarcadero, Folsom Lake, Lincoln Hills, Meadow Vista, Nevada City, and Placerville Lions. Club members receiving assistance were from Auburn Host, Elk Grove, Meadow Vista, Nevada City and Newcastle Lions.

A number of clubs use the canisters displayed to circulate to members during their meetings to collect for donation.

STOP THE DROP!

Keep Our Lions Strong – Keep Our Members Engaged



WHY IT MATTERS:

Every Lion counts. When members leave, we lose passion, hands, and heart for our service. Let's act now to *STOP the DROP!*

* 6 SIMPLE ACTIONS EVERY CLUB CAN TAKE!



Connect Personally

Reach out to absent members with a call, text, or visit. Show you care beyond the meetings.



Ask & Listen

Survey your members: What do they love? What needs improving? Listen and act on their feedback.



Make Meetings Meaningful

Keep meetings fun, inspiring, and efficient. Celebrate service, not just business.



Engage Everyone

Assign small roles or tasks so every Lion feels needed. Involve members in planning projects they care about.



Recognize and Appreciate

Celebrate milestones (years of service, birthday, *achievements*). Say "Thank You" often and sincerely.



Have More Fun!

Plan social nights, service celebrations, and lighthearted competitions. Laugh, bond, and make memories together –



REMEMBER: Retention isn't just about staying – It's about belonging.
Strong Clubs – Strong Service! Together, We Can Stop the Drop!

EMBARCADERO LIONS CLUB

TRIP TO REDHAWK CASINO (Near Placerville)
~ RESERVE YOUR SPACE by SEPTEMBER 15, 2025 ~



CASINO BUS TRIP

\$30 DONATION

SATURDAY, OCTOBER 18TH, 2025
RELAX & ENJOY THE RIDE

DETAILS:

- ◇ CASINO GAMING & FOOD CREDITS
- ◇ ON BOARD ENTERTAINMENT
- ◇ ON BOARD GAMES AND PRIZES
- ◇ ON BOARD BEVERAGES
- ◇ 7:45 AM CONTINENTAL BREAKFAST

BUS DEPARTS WEST SACRAMENTO:
VINCE'S RISTORANTE, 840 HARBOR BLVD
LEAVES AT 8:15 AM SHARP!
RETURN FROM CASINO BY 3:00 PM

**JOIN US FOR A FUN-FILLED DAY TRIP TO
THE REDHAWK RESORT + CASINO**

PAYMENT DUE BY SETEMBER 15, 2025
CHECKS PAYABLE TO: EMBARCADERO LIONS CLUB

**SEND NAMES OF GUESTS Plus \$30 PER/PERSON PAYMENT TO:
ERV GON, 32 SUNLIT CIRCLE, SACRAMENTO, CA 95831**

For more info EMAIL: GONFISHING32@SBCGLOBAL.NET

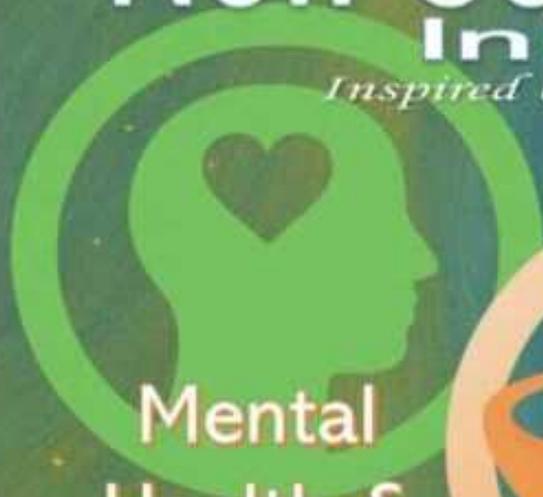


California LIONS CLUBS

2025/2026

New Service Weeks Initiative

Inspired by IP-Elect A.P. Singh



**Mental
Health &
Well-Being**

October 4-12, 2025



Hunger

January 3-11, 2026



Environment

April 18- 26 2026

- ✓ Hey California Lions! Save the dates and start planning your service projects now as we join service with clubs and districts worldwide
- ✓ Club partnering/district-wide projects encouraged
- ✓ Plan event outreach early to maximize community visibility, engage volunteers, share out and inspire
- ✓ Visit *Service Resources* for event ideas at marketing.calionsclubs.org



California Lions Global Service Team Coordinator- Lion PCC Craig Durand
LionCraig4L4@gmail.com (714) 936-5778
Service 1st! California Leads the Way! CaliforniaLions.org/MD4Lions.org



Start fundraising today! The **District 4C5 Lions** team is signed up and ready to start taking donations now for this year's walk!!

DATE: Sunday, October 12, 2025

TIME: Walk begins at 7:00 AM—plan to be there to enjoy the festivities and information booths

PLACE: Sacramento State
6000 Jed Smith Drive
Sacramento, CA

For fundraising ideas and to register, please visit below:

[Making Strides of Sacramento |](#)

Donations can be made payable to American Cancer Society (ACS) and mailed to Team Lead, Lion Kitty Kramer, 560 Pajaro Court, Sacramento, CA 95864

If you have any questions or need a club program, please contact Lion Kitty at (530) 312-3898 or denandkitk@aol.com

Sign up today! Let's go Lions!!!





We Serve

Lions Club International Foundation Fundraiser

Family Style Paella Dinner

Objective:

Raise \$1000 or more for LCIF

Dinner fare:

1. A traditional Spanish style shared family dinner.
2. Paella containing linguica, chicken, shrimp, rice, etc.
(Some batches are available without shrimp. Please identify allergies with purchase of ticket)
3. Sangria is available in both traditional and non-alcoholic varieties.
4. Dinner includes some robust Tapas - Antipasti skewers, garlic mushrooms, and Spanish bruschetta.
5. Spanish green salad.
6. Flat breads.
7. Dessert.

Theme:

1. Raise money in support of the Lions Club International Foundation. Impart some knowledge about Spanish style paella. Enjoy a meal in a traditional style with complementary wooden spoon provided.
2. Present a traditional Spanish style family meal to select friends and family,
3. Bring community together in support of both LCIF and local Lions Clubs.

Date:

October 18th, 2025

Time:

6:00pm to 9:00pm

Cost:

\$40 each or \$75 for two **(limited to 60 seats)**



PURCHASE TICKETS HERE:

<https://square.link/u/CDaSZZY0>

www.facebook.com/SacramentoAntelopeLionsClub/

Location:

Home of Bob and Patty Spore

7630 Ranch River Dr, Elverta, CA 95626

Contact:

Lion Micky Wartena - Antelope Lions @ 916-628-8412.

Magic Yarn Project



Join us

**Saturday, October 18th from 1-4pm
at Higgins Diggins Lions Club
for the Magic Yarn Project**

**Help us make homespun wigs and superhero beanies
for little cancer fighters!**

When a child gets cancer, everything changes for them, their "normal" world suddenly goes sideways. They usually can't understand, and almost always feel they're on the outside looking in, they begin to become self-conscious, etc. A Magic Yarn Project wig or superhero beanie, can help put a smile on their face, and deal with the challenges to come.

Won't you give a few hours of your time to help us make some wigs and beanies to brighten the lives of some of these children. The only cost to you is your time, time to care for another person, no matter how small! Please call Helene & let her know you're coming...

Past District Governor Linda Barbara is the facilitator for the day

Contact:

Lion Helene Smith @ 585-721-1134

You may leave a message if I don't answer

Higgins Diggins Lions Club

22490 E. Hacienda Dr.

Grass Valley, CA

(1 mile past Bear River High School)

Dear District 4-C5 Lions,

Just in! FYI

The Student Speakers Contest 2026 Topic:
Youth Mental Health: Overcoming Barriers To Well-Being

2026 Student Speakers Contest Dates:

- **Club Contest:** On or before 3rd Friday in February
- **Zone Contest:** On or before 2nd Friday in March
- **Region Contest:** On or before March 31st
- **District Contest:** On or before last Monday of April
- **Area Contest:** On or before 3rd Friday of May
- **Final Contest:** Saturday, June 13, 2026 at the Council of Governors in the Los Angeles Area

"WHERE THERE IS A NEED, THERE IS A LION"
PCC Lion David Johnson
Auburn 49er Lions Club
916-207-5466
pccliondave@gmail.com



Avalon Hearing Aid Centers Present:

THE HOPE & HEARING PROGRAMS

LOCAL LIONS CLUBS AND AVALON HEARING RESTORING HOPE AND HEARING

*Nobody really wants to wear hearing aids AND
Nobody knows what to do with hearing aids, no longer in use.*

Nobody with hearing loss should be left behind in a quiet and muffled world. That's why Avalon Hearing Aid Centers in Sacramento and local Lions Clubs have **partnered to create the Hope and Hearing Programs**. Could you either benefit from OR contribute to one of these Programs?

Hearing Aid Recycle Program

If you have hearing aids that are no longer in use, consider donating them to Avalon. If possible, we'll have them refurbished and make them available to people who simply cannot afford hearing aids. What is sitting in your drawer, may provide someone with the gift of better hearing. It may even restore hope.



Monthly Hope and Hearing Programs

If financial hardship is keeping you from getting the hearing help you need, contact your local Lions Club. Ask to be nominated for the Monthly Hope & Hearing Program. Lions members have already donated dozens of quality hearing aids. In turn, Avalon staff will donate their expertise and time for the test, fitting, and follow-up care needed to get you hearing and connected to life.

\$250 GIFT for you & \$250 GIFT for your Club

If you are experiencing hearing loss, schedule a Free EDUCATIONAL Hearing Test & Consultation with Avalon. Be sure to mention that the Lions sent you. You'll receive a \$250 Gift towards your purchase of hearing instruments PLUS \$250 will be donated to the Lions Club of your choice.



Need a Speaker for your Club?

If you're ready for a fun and informative talk, book Betty Vosters Kemp to do a presentation for your club, in person or via Zoom. Betty can even talk about how the Lions and Avalon, together, can make an even greater difference in our community!

For more information on the **HOPE & HEARING Programs**, go to AvalonHearing.com/Lions-club or call (916) 483-9064

DISTRICT 4-C8 HEARING SERVICES COORDINATOR
LION MYRNA AGBUNAG

Email: MMAGBUNAG@YAHOO.COM ~ Phone: (916) 505-1421



DISTRICT 4-C5 OFFICERS

District Governor Brent Showalter	bshowalrh@ yahoo.com	916-228-9129
1VDG Mark Bamba	mark@netsysinc.net	916-872-3477
2VDG Dave "Gene" Kypke	dgkypke@ yahoo.com	916-769-2973
Immediate Past DG Vicky Brady	lionvictoriabrady@gmail.com	916-439-6487
Cabinet Secretary Mark Steffens	steffens.mark@gmail.com	916-214-8650
Cabinet Treasurer PCC Don Gall	dongall95336@gmail.com	209-480-9217
Administrative Asst Josephine Fong	josiehfong@gmail.com	916-997-4427
District Chaplain Mike Retzlaff	mikeretzlaff@sbcglobal.net	916-225-8321
GLT Coordinator Susan Gall	riponsus@gmail.com	209-480-1676
GMT Coordinator PDG Nick McNicholas	lormac2@mchsi.com	530-908-2048
GMT Membership Orientation Susan Gall	riponsus@gmail.com	209-480-1676
GMT Statistician Dave Pevny	dpevny@gmail.com	916-383-6878
Global Ext Coord PDG Andy Anderson	e8usaf67@gmail.com	916-687-8133
GST Coordinator Kendra Bamba	kendra.bamba61@gmail.com	916-995-1220
LCIF Coordinator Natalee Price	blissfulthinker365@gmail.com	209-570-1231
LCIF Coordinator PDG Andy Anderson	e8usaf67@gmail.com	916-687-8133
Donner RC		
Foothill ZC Tonya Haddix	liontonya.haddix@ yahoo.com	916-676-3155
Sierra ZC Laura Barhydt	lbarhydt@ yahoo.com	530-913-6659
Dos Rios RC Robert Stoermer	rastoermer72@gmail.com	719-208-9152
Gordon ZX Jim Schulte	jhschulte_611@hotmail.com	530-787-4441
Wolfskill ZC Lori Bullis	loribullis@comcast.net	916-207-0026
Sacramento RC Joe Bowers	evoc504@gmail.com	916-261-8504
Crocker ZC Mark Kraut	mjckrt@sbcglobal.net	916-417-9371
Sutter ZC Frank Zabal	fzaba@msn.com	916-712-7023
Washoe RC Virginia Wedding	sv_wedding@ yahoo.com	661-269-5476
Eureka ZC Ed Smith	lionedsmith@gmail.com	916-300-4784
Marshall ZC		
Bulletin Editor Gayle M. Kono	4c5bulletin@gmail.com	916-754-6210