

# GALATIANS

F R E E D O M T H R O U G H C H R I S T

DO GOOD

## ASK BEFORE LESSON

1. What does it look like to do good?
2. Read Galatians 6:6-10. Does your idea of good change?
  1. Why is it so hard to do good in our world today?
  2. Why is it easy to grow weary in doing good?
3. What does it mean that “a man reaps what he sows?”
  1. What is the difference between sowing in the flesh and sowing the Spirit?
  2. Which do you think you do more often?
4. Why is eternal life the reward for sowing in the Spirit?

## ASK AFTER LESSON

1. Which discipline of “sharing in all good things” do you find the hardest? (Plant Properly, Persevere Purposefully, Participate Practically)
2. Where are you currently “sowing” most of your time, energy, or attention?
3. What seeds do you need to start focusing on planting?
4. What are some habits or choices that slowly shape your spiritual health?
5. What helps you continue doing good when you don’t immediately see results?
6. When have you felt tired, discouraged, or unnoticed while trying to do good?
  1. How do you fight the weariness?
  2. What changes your perspective on what God is doing?
7. Is there an area of your life where you know God is calling you to invest more intentionally?
8. What would perseverance in doing good look like for you this week?
9. How can you encourage one other person not to give up spiritually this week?

## STANDING FIRM

Paul is helping us to see that we are to “share in all good things.” As those good things come from walking in step with the Spirit, I want you to choose one “seed” to focus on planting. Then I want you to choose one opportunity to continue to persevere in. Finally, I want you to apply those things to one person you are supposed to participate in or serve.

Review Galatians 5:1; 4:7; 2:20-21; 4:6.

Start memorizing Galatians 5:22-23.

