



AWHONN ADVANCED FHM COURSE

CENTRAL JERSEY FAMILY HEALTH CONSORTIUM
30 SILVERLINE DRIVE
2ND FLOOR, SUITE 1

OCTOBER 30, 2020 • 8:00 AM - 4:30 PM

An Association of Women's Health, Obstetric and Neonatal Nurses Program

CONTINUING EDUCATION CREDIT

Participants who attend the full workshop earn 8.0 contact hours for continuing nursing education or 6.0 contact hours for continuing medical education. (please note: Before taking the Advanced Fetal Monitoring Course you will need to ask your manager if you are required to take the post course test. This test is online through AWHONN. All participants will be provided with instructions to go online to evaluate the course, select or decline the test, and follow the instructions on how to print a certificate. If you decline the test, you will not have the option to change your selection.)

AWHONN is accredited as a provider of continuing education by the American Nurses Credentialing Center Commission on Accreditation. AWHONN holds a California CNE Provider # CEP 00580, Florida BON # 50-4759 and Alabama #ABNP 0058

EXPECTED LEVEL OF THE LEARNER

It is expected that the participant already have basic knowledge and skills in the following areas:

- Maternal physiologic changes of pregnancy
- Fetal growth and development
- Methods of fetal monitoring
- Preparation of patient for set-up and initiation of external or internal fetal monitoring components
- Obtaining and maintaining tracings that document fetal heart rate and uterine contractions
- Interpretation of uterine contraction frequency, duration, and baseline resting tone
- Identification of the baseline fetal heart rate, variability and deviations
- Indicated clinical interventions
- Communication and documentation strategies

CJFHC MEMBER HOSPITALS

- Capital Health Medical Center Hopewell
- CentraState Healthcare System
- Community Medical Center - RWJ Barnabas Health
- Hunterdon Medical Center
- Hackensack Meridian Health - Jersey Shore University Medical Center
- Hackensack Meridian Health - Ocean Medical Center
- Hackensack Meridian Health - Raritan Bay Medical Center
- Hackensack Meridian Health - Riverview Medical Center
- Hackensack Meridian Health - Southern Ocean Medical Center
- Monmouth Medical Center- RWJ Barnabas Health
- Penn Medicine Princeton Medical Center
- Robert Wood Johnson University Hospital New Brunswick- RWJ Barnabas Health
- Robert Wood Johnson University Hospital Somerset - RWJ Barnabas Health
- Saint Peter's University Hospital

PROGRAM DESCRIPTION

The Advanced FHM Course is a one-day workshop focusing on the application of advanced fetal heart monitoring knowledge in intrapartum nursing practice. The content presented in the workshop builds upon the essential knowledge and skills gained through the Intermediate Course.

This course uses a case study approach focusing on analysis of complicated FHM characteristics /patterns and related case information, and emphasizes:

- Underlying maternal fetal physiology
- Instrumentation
- Interpretation
- intervention
- Verbal and written communication skills

OBJECTIVES

- Describe physiologic principles of maternal and fetal oxygen transfer and acid-base balance
- Identify physiologic principles underlying fetal heart monitoring
- Describe concepts in antenatal testing includes analysis and interpretation of biophysical profiles and complex antenatal fetal heart monitoring tracings
- Relate physiologic principles to the goals and interventions of antenatal testing
- Analyze fetal cardiac arrhythmia patterns and describe outcomes associated with these patterns
- Analyze complex fetal heart monitoring patterns utilizing current NICHD/ACOG EFM terminology and categories
- Apply perinatal risk management principles, communication techniques and documentation strategies related to complex and challenging patient care scenarios

BENEFITS OF NATIONAL INSTITUTE OF CHILD HEALTH AND HUMAN DEVELOPMENT (NICHD) TERMINOLOGY

- Everyone on the perinatal team speaking the same language when communicating about fetal assessment data
- Clear concise terms to minimize variation among care providers
- Consistency in medical record documentation of fetal status
- Decreased liability exposure should an adverse outcome result in litigation

DIRECTIONS & PARKING

Log On instructions for GoToMeeting link be sent with your registration confirmation and text book.

REGISTRATION FEES, PAYMENT OPTIONS AND DEADLINE ON REVERSE





AWHONN
**Fetal Heart
Monitoring** PROGRAM



REGISTRATION

Due to program format, space is limited. Preregistration and payment must be received 10 days prior to a course.

Fee: Includes continental breakfast, lunch, nursing contact hours and participant packet. It does NOT include the "Fetal Heart Monitoring Principles and Practices" (Fifth Edition) textbook.

CJFHC reserves the right to cancel the program should there be an insufficient number of participants. In case of inclement weather please call the CJFHC office after 6AM at 732-937-5437.

CONTACT

For more information, please contact

Fran Lo Raso at 732-937-5437 ext. 110 or e-mail floraso@cjfhc.org. Fax# 732-937-5540

Visit our website at www.cjfhc.org

AWHONN **ADVANCED** FHM COURSE **OCTOBER 30TH** REGISTRATION FORM REGISTRATION CLOSES 10 DAYS BEFORE EACH SCHEDULED COURSE

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

AFFILIATION: _____

REGISTRATION FEE: \$140.00

For CJFHC Member Hospitals* (see opposite side)

For Non-members \$175.00

Fetal Heart Principles and Practices FIFTH Edition Textbook \$75.00

PAYMENT OPTIONS, CHECK ONE:

PayPal payment:

Go to www.cjfhc.org
Click on "Upcoming Events"

Check payable to CJFHC.

Amount enclosed \$ _____

Mail registration form to:

Central Jersey Family Health Consortium
Attention: Fran Lo Raso
30 Silverline Drive, 2nd Floor, Suite 1
North Brunswick, NJ 08902