

## Monmouth County COVID-19 Resources

**The Monmouth County Health Department COVID-19 Hotline is 732-845-2070.**

The **NJ Poison Control Center** and 211 have partnered with the State to provide information to the Public on COVID-19:

**Call:** 2-1-1

**Call (24/7):** 1-800-962-1253

**Text:** NJCOVID to 898-211

**Text:** your zip code to 898-211 for live text assistance

Download New Jersey's **FREE COVID Alert NJ** exposure notification app. Help protect yourself and your family while ensuring your privacy.

[https://covid19.nj.gov/pages/app?utm\\_source=kt&utm\\_medium=social&utm\\_campaign=facebook&utm\\_term=audience1&utm\\_content=Static\\_Alert\\_A-en&fbclid=IwAR1B88I9mNBbhdWp7mgvZOMBp4\\_7TZFRYJggEkjhs0xGgILB29Xzj9s7-8](https://covid19.nj.gov/pages/app?utm_source=kt&utm_medium=social&utm_campaign=facebook&utm_term=audience1&utm_content=Static_Alert_A-en&fbclid=IwAR1B88I9mNBbhdWp7mgvZOMBp4_7TZFRYJggEkjhs0xGgILB29Xzj9s7-8)

## NEW JERSEY DEPARTMENT OF HEALTH (DOH)

### [COVID Alert NJ - Android](#)

COVID Alert NJ App is being made available by the New Jersey Department of Health (DOH) to complement New Jersey's comprehensive COVID-19 contact tracing effort. COVID Alert NJ is a free and secure mobile phone app

## NEW JERSEY DEPARTMENT OF HEALTH

### [COVID Alert NJ App - Apple](#)

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## COVID-19 VACCINE APPOINTMENTS

Visit the Monmouth County website by [CLICKING HERE](#) to see all the Monmouth County COVID-19 Vaccine Locations for Eligible Recipients

## Frequently asked Questions about Covid-19 Vaccinations

[CLICK HERE](#) to see the answers.

## Who is currently eligible for the Covid-19 vaccine?

Follow this link [HERE](#) to see if you are eligible.

## Monmouth County is offering Walk up Vaccination

Please visit the Monmouth County page by [CLICKING HERE](#). The information for times/dates are provided.

## **Monmouth County is helping Seniors get Vaccinated**

The Monmouth County Board of County Commissioners is committed to helping senior residents get the COVID-19 vaccine and the County has been working with several community partners to achieve this goal. [CLICK HERE](#) to read the article.

THE OFFICE OF U.S. SENATOR CORY BOOKER

## **A Coronavirus Pandemic Resource Guide for New Jerseyans**

<http://events.njresourcenet.org/covid-19-resources/a-coronavirus-pandemic-resource-guide-for-new-jerseyans/>

Compiled by the Office of U.S. Senator Cory Booker. PDF format. For questions or to get help from Senators Booker's office, please call (973) 639-8700.

## **NJ COVID-19 and Residential Mortgage Relief**

<https://www.state.nj.us/dobi/covid/mortgagerelief.html>

## **COVID-19 Emergency Rental Assistance Program (CVERAP)**

<https://www.nj.gov/dca/divisions/dhcr/offices/cverap.html>

## **SENIOR SUPPORT**

<http://www.freeholdboroughnj.gov/notices/2021/RWJ-seniors-virus.pdf>

## **IMMIGRATION FACT SHEETS**

### **NJ DEPARTMENT OF HUMAN SERVICES**

[https://nj.gov/humanservices/library/slides/ImmigrationFactSheet\\_v4-ENG.pdf](https://nj.gov/humanservices/library/slides/ImmigrationFactSheet_v4-ENG.pdf) (ENGLISH)

[https://nj.gov/humanservices/library/slides/ImmigrationFactSheet\\_v4-SP.pdf](https://nj.gov/humanservices/library/slides/ImmigrationFactSheet_v4-SP.pdf) (SPANISH)

<https://nj.gov/humanservices/coronavirus.html> (DEPARTMENT OF HUMAN SERVICES)

## **How YOU can Help:**

<http://freeholdboroughnj.gov/notices/2020/How-you-can-help.pdf>

## **Testing Sites**

### Community Based COVID-19 Testing Sites

<https://www.amerihealthnj.com/html/custom/covid-19/pdfs/ahnj-covid19-testing-locations.pdf>

### Monmouth County Free Testing Sites

[https://www.co.monmouth.nj.us/documents/118/COVID\\_Testing\\_Sites\\_Mobile\\_Dec2020.pdf](https://www.co.monmouth.nj.us/documents/118/COVID_Testing_Sites_Mobile_Dec2020.pdf)

### **Travel information regarding Vaccines**

If you plan on traveling and want to know more about guidelines, [CLICK HERE](#) to receive information

#### Hot Lines & 24-Hour Emergency Services

Riverview Medical Center-Crisis Intervention Services 732-219-5325

Monmouth Medical Center-Crisis Intervention Services 732-923-6999

Jersey Shore University Medical Center 732-776-4555?

Bayshore Medical Center- 732-739-5900

Monmouth County Office of Mental Health- 732-431-7200

Monmouth County Health Department 732-845-2070

Perform Care/Children's Mobile Response 1-877-652 -7624

180 (Women's Center) \*Hazlet Office 732-264-4111 \*Neptune Office 732-988-5200

Division of Child Protection & Permanency (DCP&P) - 1-877-NJABUSE or 1-877-652-2873

Family Crisis Intervention 732-542-2444.? After hours 732-996-7645

Parents Anonymous Helpline 1-800-843-5437

NAMI (National Alliance on Mental Illness) HelpLine (800) 950-6264?- COVID-19 (CORONAVIRUS)  
INFORMATION AND RESOURCES

## **General Information**

For the most current information about COVID-19 in one place, visit the **2-1-1 website**. You will find answers to FAQ's, as well as important resources such as free internet access, small business loans and unemployment benefits. **NJ 2-1-1** has been activated to handle questions and concerns from NJ residents about COVID-19 and resources available to them. Dial 2-1-1, or text NJCOVID to 898-211 to receive current information via text. To receive live text assistance, residents can text their zip code to 898-211.

Governor Murphy launched a **NJ hub for COVID-19** live updates, critical resources, expert knowledge, and vital information: [covid19.nj.gov](https://covid19.nj.gov)

The **NJ online job portal** connects residents with jobs in critical industries responding to COVID-19. The jobs portal is available here: <https://jobs.covid19.nj.gov>  
Employers in critical industries should submit information about openings with urgent hiring needs related to COVID-19 here: <https://jobs.covid19.nj.gov/intake>

**New Jersey Natural Gas (NJNG)** wants residential customers who are experiencing a temporary, financial hardship to know that assistance is available. NJNG's Gift of Warmth program provides a one-time grant up to \$500 to help income-eligible customers, and those experiencing an unanticipated financial hardship, pay their natural gas bill. [Learn more here.](#)

Congress passed a **\$2 trillion COVID-19 relief bill** to help Americans survive this economic and health crisis. Learn 6 important things about the bill [here](#).

Residents of NJ facing economic hardship may qualify for a **90-day grace period for mortgage payments**. [Learn more here](#).

Our partner Hackensack Meridian Health has a **Convenient Care NOW mobile app** where you can have a visit with a board-certified physician on your phone, tablet or computer. There's no need to leave your house and risk further exposure. The doctors follow the latest CDC guidelines with COVID-19. For a limited time only, New Jersey residents can schedule online visits at [ConvenientCareNow.com](#) for just \$20 using the coupon code **HHM20**. If you're 65+, use promo code **HHMFREE** for a free consult.

The **State of New Jersey** has COVID-19 resources available for those who are undocumented or uninsured. [Click here](#) for more information.

The **New Jersey Business Action Center** has created a [resource page](#) for businesses and individuals with guidance in a number of areas, including managing business operations, guidance for employers, economic assistance for businesses, benefits for impacted individuals and general COVID-19 information.

**Census questionnaires** can be filled out at [my2020census.gov](#), over the phone or by mail. An accurate Census count helps inform and fund many safety net programs that are being utilized during the COVID-19 pandemic. Once you receive your information in the U.S. Mail, you can go to the census website and use your census ID # to answer questions about your household. If you need help completing your 2020 census questionnaire, please call toll free at 1-844-330-2020.

**NJ Mental Health Cares**, the state's behavioral health information and referral service, is offering help to people dealing with anxiety and worry related to the Novel Coronavirus (COVID-19) outbreak. New Jerseyans can call **1-866-202-HELP (4357)** for free, confidential support. NJ Mental Health Cares will be answered from 8 a.m. to 8 p.m. seven days a week by live trained specialists.

CVS and Walgreens are providing **free delivery of prescription medications**. Learn more [here](#).

The **Substance Abuse and Mental Health Services Association (SAMHSA)** has resources available about behavioral health and coping with stress during these difficult times. [Click here](#) to download the brochure on taking care of your behavioral health. [Click here](#) to download the brochure on coping with stress.

The **Small Business Authority's Economic Injury Disaster Loans** offer up to \$2 million in assistance for small businesses and private non-profits. These loans provide vital economic support to help overcome the loss of revenue caused by COVID-19. Learn more [here](#).

**Comcast** is offering an Internet Essentials package free of charge for new and eligible low income customers for 60 days to connect those who currently do not have internet services. Learn more [here](#).

#### **RWJBH IFPR Hope and Healing Program**

[<http://r20.rs6.net/on.jsp?ca=cb81f122-fcea-4f77-bc2d-9ed4133378ed&a=1102230230378&c=4962f040-a0ac-11e8-925e-d4ae52844372&ch=49afb0b0-a0ac-11e8-925e-d4ae52844372>]

[<https://files.constantcontact.com/a659a02a001/dbd35e91-c6f9-4f87-b722-1ce2592f03e9.jpg>]<[http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRihVHuw10IX8Vn3\\_P](http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRihVHuw10IX8Vn3_P)

[KHTJsgn3Unbff6Jowm3i8JPjRfTJoS2TPRnuIC0pwosybRam6gZPNkgoc9KCUVuP0RxZuGOr\\_82KtbcG1jeufli7zPazkQAxFeQ7Dx3Q9S68QsWXj\\_9F5cDamV\\_YuiWPpCU-5Ffu3IHA1f3gPffldNgkvBZ8yIRIZsxbLu1n7IQocbo\\_Z\\_avqd79pnYKVo0wcXUG1JNi8P3NHTFCVT-QiR7RT7a\\_rGhi68nDdj5ymwljHU9CJACdQKx6acSoT9Nx4Qj8CZRQTPlh3stFy-wTWxwfuQEIfBHEJ3M8FLlycg8w==&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtyc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb\\_8ue7qtMZcQRnp93ZvSHStKtNKg==>](http://KHTJsgn3Unbff6Jowm3i8JPjRfTJoS2TPRnuIC0pwosybRam6gZPNkgoc9KCUVuP0RxZuGOr_82KtbcG1jeufli7zPazkQAxFeQ7Dx3Q9S68QsWXj_9F5cDamV_YuiWPpCU-5Ffu3IHA1f3gPffldNgkvBZ8yIRIZsxbLu1n7IQocbo_Z_avqd79pnYKVo0wcXUG1JNi8P3NHTFCVT-QiR7RT7a_rGhi68nDdj5ymwljHU9CJACdQKx6acSoT9Nx4Qj8CZRQTPlh3stFy-wTWxwfuQEIfBHEJ3M8FLlycg8w==&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtyc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)

**During the COVID-19 pandemic,  
emotional resilience is vital.**

RWJBarnabas Health Institute for Prevention and Recovery's Hope and Healing Program offers emotional support services, education and community-based resources for individuals and families affected by the COVID-19 pandemic.

Through a variety of virtual services, this program aims to assist those impacted by the pandemic to better adjust to their new reality, mitigate stress, review options, develop coping strategies, and, if needed, find linkages to agencies, programs, and other resources in their community.

Call, click or email:

833-795- HOPE (833-795-4673)

(7 Days a Week, 8am to 8pm)

[rwjbh.org/hopeandhealing](http://rwjbh.org/hopeandhealinghttp://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbarUUDWYEcYMJCr_TJLeX7wuZW05w6JaQwvpvSG46Lyo07Qp6ENA5Lcis8n8hkE5c_aMOzhFA6f491vsOvvS0cdnINDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtyc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)[http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3\\_PKHTJsgn3UnbarUUDWYEcYMJCr\\_TJLeX7wuZW05w6JaQwvpvSG46Lyo07Qp6ENA5Lcis8n8hkE5c\\_aMOzhFA6f491vsOvvS0cdnINDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtyc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb\\_8ue7qtMZcQRnp93ZvSHStKtNKg==>](http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbarUUDWYEcYMJCr_TJLeX7wuZW05w6JaQwvpvSG46Lyo07Qp6ENA5Lcis8n8hkE5c_aMOzhFA6f491vsOvvS0cdnINDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtyc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)

[hopeandhealing@rwjbh.org](mailto:hopeandhealing@rwjbh.org)<mailto:hopeandhealing@rwjbh.org>

## **Virtual Support**

Find the right group to support your needs.

### Children and Families

Wednesdays at 4:30pm

Bored in the House: Youth Hangout (Ages 14-18)

<https://zoom.us/j/94732149652?pwd=L3BEUTZBR004dnRpNmdkYnRQMWdvdz09>

1 (929) 205-6099

Meeting ID: 947 3214 9652

Passcode: 726468

Wednesdays at 8pm

**Supporting Families: Group for Parents and Caregivers**

<https://zoom.us/j/96390553396?pwd=Sm9HUzE4cXk5WEhqbWt4NloybDYrQT09>

1 (929) 205-6099

Meeting ID: 963 9055 3396

Passcode: 522856

[https://files.constantcontact.com/a659a02a001/772686eb-0d33-4b35-9f9d-eb7e5ce6a66b.jpg]

**First Responders**

Mondays at 8pm

Our Responders First

<https://zoom.us/j/96728363218?pwd=RGJnaERoemZHYkdJcVdmTUFETUhmZz09>

1 (929) 205-6099

Meeting ID: 967 2836 3218 Passcode: 237887

Thursdays at 9am

Our Responders First

<https://zoom.us/j/98859725166?pwd=QlZSK3lkVzFLVWQ4NjY5dDZMS05hdz09>

1 (929) 205-6099

Meeting ID: 988 5972 5166 Passcode: 835069

[https://files.constantcontact.com/a659a02a001/2756db42-d12e-47b0-90dc-99f3f188e2c7.jpg]<[\*\*Healthcare & Frontline Workers\*\*](http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbarUUDWYEcyMJCr_TJLeX7wuZW05w6JaQwpvSG46LyoO7Qp6ENA5Lcis8n8hkE5c_aMOzhFA6f491vsOvvS0cdnlNDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtYc8WP7Rtozk1cxbnrUa mr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==></a></p></div><div data-bbox=)

Mondays at 10am

Healing the Hero

<https://zoom.us/j/93247469703?pwd=K3Y3NVdBcnQ5eHhNMWhRUVJVektGdz09>

1 (929) 205-6099

Meeting ID: 932 4746 9703 Passcode: 374382

Thursdays at 4pm

Healing the Hero

<https://zoom.us/j/95697045483?pwd=WTJYSGNwZ0l4N21TanFVSIFwUUMxZz09>

1 (929) 205-6099

Meeting ID: 956 9704 5483 Passcode: 774386

[<https://files.constantcontact.com/a659a02a001/592a3c4e-e03b-4087-b03e-4b17d1a1c929.jpg>]<[http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3\\_PKHTJsgn3UnbarUUDWYEcyMJCr\\_TJLeX7wuZW05w6JaQwpvSG46LyoO7Qp6ENA5Lcis8n8hkE5c\\_aMOzhFA6f491vsOvvS0cdnlNDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mttyC8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb\\_8ue7qtMZcQRnp93ZvSHStKtNKg==>](http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbarUUDWYEcyMJCr_TJLeX7wuZW05w6JaQwpvSG46LyoO7Qp6ENA5Lcis8n8hkE5c_aMOzhFA6f491vsOvvS0cdnlNDhCu8hlpzwoldulYqt&c=2cCjhnQhNuPXtiaEznxtD4QQ9mttyC8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)

## Individuals in Recovery

Daily All Recovery Meetings

All Recovery virtual meetings provide social support for those seeking or maintaining recovery, as well as family members, friends and supporters of those who have been influenced by substance use.

Click here for full

[http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3\\_PKHTJsgn3UnbbDrT94B-i2pt3uM6G4AJuv5J1y92\\_u2kJDGWX64xhMRGAmNL\\_ucjdpHHJuvlgjED6SzPGrUaJfzgCy91b1lVZrkB7uqkKRAC2Q6spwZzswMwHaYzBkZnW1nQGsb1LxO2kvqXm7DQ4ABpbPzgYwmMy6URD6RUaLqh9Pm\\_L\\_bNi5UXAIWfGc8QlghuWeMemaNTzrlIMMAXR3-AxVb\\_tDh2qcVwtfWbzLudNp9v16pwAMG33jFK9awP-SXLi-fmSUaKsj6bvNwFofTfTOQdDrfTc-A=&c=2cCjhnQhNuPXtiaEznxtD4QQ9mttyC8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb\\_8ue7qtMZcQRnp93ZvSHStKtNKg==>](http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbbDrT94B-i2pt3uM6G4AJuv5J1y92_u2kJDGWX64xhMRGAmNL_ucjdpHHJuvlgjED6SzPGrUaJfzgCy91b1lVZrkB7uqkKRAC2Q6spwZzswMwHaYzBkZnW1nQGsb1LxO2kvqXm7DQ4ABpbPzgYwmMy6URD6RUaLqh9Pm_L_bNi5UXAIWfGc8QlghuWeMemaNTzrlIMMAXR3-AxVb_tDh2qcVwtfWbzLudNp9v16pwAMG33jFK9awP-SXLi-fmSUaKsj6bvNwFofTfTOQdDrfTc-A=&c=2cCjhnQhNuPXtiaEznxtD4QQ9mttyC8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)

Tuesdays at 4pm

Women in Recovery: Self-Care and Resiliency

<https://zoom.us/j/99774317630?pwd=RnUyenRKQUUxOEw3cVJHdEY3Zm1vdz09>

1 (929) 205-6099

Meeting ID: 997 7431 7630 Passcode: 384719

Wednesdays at 4pm

### **Recovery Support**

[https://zoom.us/j/99017253565?pwd=MGFuMUhBZWdFc205dVRhYXF6c014Zz09<http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3\\_PKHTJsgn3UnbarUUDWYEcyMYvLB9JJowRJumGti4kZ0gziqi6P4S3\\_flpNdKl69OjFmrRuq4mbYCwa1221ZVM9qsTtAU3adPkV15pam6Au-2YwGKEhBEn1BTg727StKPftv7NdQ89\\_T36Wj\\_CDkvXv-2jKUdBnhmHlItMp7bk5EDjw==&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtYc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb\\_8ue7qtMZcQRnp93ZvSHStKtNKg==>](https://zoom.us/j/99017253565?pwd=MGFuMUhBZWdFc205dVRhYXF6c014Zz09<http://r20.rs6.net/tn.jsp?f=001OOzAqPBHPBTEuG4gbCk0LCZkjRIhVHuw10IX8Vn3_PKHTJsgn3UnbarUUDWYEcyMYvLB9JJowRJumGti4kZ0gziqi6P4S3_flpNdKl69OjFmrRuq4mbYCwa1221ZVM9qsTtAU3adPkV15pam6Au-2YwGKEhBEn1BTg727StKPftv7NdQ89_T36Wj_CDkvXv-2jKUdBnhmHlItMp7bk5EDjw==&c=2cCjhnQhNuPXtiaEznxtD4QQ9mtYc8WP7Rtozk1cxbnrUamr2NdMlw==&ch=7jvMe-39hf2HHonknNyVOnoaOPb_8ue7qtMZcQRnp93ZvSHStKtNKg==>)

1 (929) 205-6099

Meeting ID: 990 1725 3565 Passcode: 269916

Thursdays at 4pm

### **Women in Recovery: Self-Care and Resiliency**

<https://zoom.us/j/92113019522?pwd=cnU0YnByaGFBejJOUlVUY1lqeUdHZz09>

1 (929) 205-6099

Meeting ID: 921 1301 9522 Passcode: 787666

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### **Seniors**

Tuesdays at 3pm

Coping with Change

<https://zoom.us/j/97426759376?pwd=emh4NVBxQkhORDk2VGhybDh1aHVYUT09>

1 (929) 205-6099

Meeting ID: 974 2675 9376 Passcode: 275889



Fridays at 3pm

Coping with Change

<https://zoom.us/j/95709779459?pwd=bG1Fd3JGa3U1RDBSWjFQzBwc2E1dz09>

1 (929) 205-6099

Meeting ID: 957 0977 9459 Passcode: 542469

[<https://files.constantcontact.com/a659a02a001/518630cb-3fae-4490-943f-d23afb334ab6.jpg>]  
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[<https://files.constantcontact.com/a659a02a001/a578efed-1723-4e49-b28f-5d97888250b5.png>]

This program is brought to you through the New Jersey Hope and Healing Crisis Counseling Program (CCP). The CCP is provided by RWJBarnabas Health Institute for Prevention and Recovery in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services and is funded through a FEMA/SAMHSA grant.

Institute for Prevention and Recovery | 442 Route 35, Eatontown, NJ 07724

## **Childcare/Children**

Monmouth and Ocean County Councils for Young Children

In Monmouth County, if you need support during these challenging, uncertain times contact Kelly at 732-673-8348 or [kelly.gray@vnahg.org](mailto:kelly.gray@vnahg.org) or Dorys (Spanish) at 908-670-4432 or [dorys.reitsma@vnahg.org](mailto:dorys.reitsma@vnahg.org).

### **Special Child Health Services/Early Intervention Monmouth County**

Monmouth County SCHS Unit

Visiting Nurse Association Health Group Children and Family Health Institute

597 Park Ave, Suite C | Freehold, NJ 07728

Tel 732-224-6950 | Fax 732-747-4404

[www.vnahg.org/cfhi](http://www.vnahg.org/cfhi)

## **Education**

New Jersey Higher Education Student Assistance Authority (HESAA) will offer assistance to those who need help making regular payments to NJCLASS student loans due to a diminished income. Those directly impacted by COVID-19 can apply for NJCLASS loan relief for temporary disability or unemployment. Applications for these relief options are available:

Relief Options /Unemployment

NJ CLASS Temporary Disability Form

NJCLASS loan application for financial hardship relief

### **21 Theatre-Related Online Resources for Kids and Families to Get You Through COVID-19**

<http://events.njresourcenet.org/covid-19-resources/21-theatre-related-online-resources-for-kids-and-families-to-get-you-through-covid-19/>

A list of remote classrooms, virtual craft and dance workshops, celebrity bedtime stories, and much more.

## **Elderly & Medically Fragile**

The NJ Office of the Long-Term Care Ombudsman [www.nj.gov/ltrco](http://www.nj.gov/ltrco) continues to advocate for long-term care residents during this health emergency. Although visits to facilities are restricted, the LTCO continues to accept complaints and will reach out to the long-term care facility by telephone in order to attempt to resolve any problems a resident might be experiencing. The LTCO can be reached by calling 1-877-582-6995 or by email at [ombudsman@ltrco.nj.gov](mailto:ombudsman@ltrco.nj.gov)

### Pandemic Resource Guide

This guide was developed by the Monmouth County ADRC (Aging Disability Resource Center) to assist Monmouth County residents obtain information about resources during the COVID-19 Pandemic. This guide will be regularly updated as new resources are added and the status of current resources change.

[https://www.mcvsd.org/wp-content/uploads/COVID19\\_Pandemic\\_Resource\\_Guide\\_41620.pdf](https://www.mcvsd.org/wp-content/uploads/COVID19_Pandemic_Resource_Guide_41620.pdf)

## **WIC Clinics**

In light of COVID-19, New Jersey WIC has made several important changes to better serve residents:

New participants can apply for WIC services remotely by visiting: [wic.nj.gov/ParticipantPortal/](http://wic.nj.gov/ParticipantPortal/), there is no need to be physically present at an WIC agency.

Current participants can continue to receive benefits by having 3 months' worth of checks mailed to their homes.

Participants who are quarantined and unable to leave their homes to purchase foods, can designate an emergency proxy who can cash their checks at a store on their behalf.

Food choices have been expanded, giving participants more flexibility in the brand and size of foods they buy at the store. For more information, visit the NJ WIC website or check out their flyer.

The State is working closely with their infant formula contractor to ensure formula supplies are fully stocked at stores.

The State is also working closely with their authorized stores to ensure that limits placed on certain food items to customers are not placed on WIC participants.

The State has modified WIC's farmers' markets program, allowing participants to receive their vouchers primarily by mail, unless a pickup arrangement can be set up safely. Participants can also designate a proxy to pick up their produce from the markets for them.

## **Unemployment Offices:**

All unemployment offices will be closed until further noticed, please visit

<https://myunemployment.nj.gov/> or call:

North Jersey: (201) 601-4100

Central Jersey: (732) 761-2020

South Jersey: (856) 507-2340

[https://www.newstartcareernetwork.org/News-Events/News/Stories/UI-Resources-from-Congresswoman-Mikie-Sherrill-\(NJ\).aspx](https://www.newstartcareernetwork.org/News-Events/News/Stories/UI-Resources-from-Congresswoman-Mikie-Sherrill-(NJ).aspx)

## **Food**

### Fulfill

Fulfill is the premier resource to find food pantries and soup kitchen/pantry updates Phone: 732-918-2600 Fax: 732-918-2660 [main@fulfillnj.org](mailto:main@fulfillnj.org)

The "FindFood" text system will identify the three nearest food pantries to the person when he or she texts "findfood" (no space) in English or "comida" in Spanish to 888-918-2729. Texters will be prompted to give their zip code and will receive responses in their chosen language.

Fulfill is offering FREE Confidential Assistance with:

- Applications for SNAP (food stamps)
- Enrollment in affordable health insurance
- Free Tax Preparation
- Budget and Money Management
- Utilities Assistance
- Senior Benefits and More

Call: 732-643-5888 Email: [services@fulfillnj.org](mailto:services@fulfillnj.org)

### Monmouth County Pantries:

#### Aberdeen / Allentown / Belmar/ Bradley Beach

- Matawan United Methodist Pantry | 478 Atlantic Av, Aberdeen | (732) 566-2996
- 2nd and 4th Tuesday
  - Hours: 6:30pm-7:30pm (unconfirmed)
- Thursday
  - Hours: 10am-11:30am (unconfirmed)

- St. Joseph Church Pantry | 42 Wooley St, Aberdeen | (732) 290-1878
- 1st Thursday
  - Hours: 9am-1pm
- No Delivery Service

Allentown Food Pantry | 20 High Street, Allentown (609) 259-7289

- Monday and Wednesday
  - Hours: 10am-12pm
- Handing out pre-bagged items only
- No Delivery Service
- Belmar Food Pantry | 1000 17th Av, Belmar | (732) 681-4413
- Tuesday and Thursday
  - Hours: 10am-12pm (unconfirmed)
- Bradley Food Pantry | 605 4th Av, Bradley Beach | (732) 775-0161
- Monday- Friday
  - Hours: 10am-12pm
- Thursdays
  - Hours: 6pm-7pm
- Handing out pre-bagged items only
- No Delivery Service

Asbury Park

- Bethel Food Pantry | 119 Atkins Av, Asbury Park | ((732) 918-2600 (Fulfill))
- Wednesday and Friday
  - Hours 10am-11:30 am (unconfirmed)
- Faith Food Pantry | 1209 Bangs Av, Asbury Park | (732) 988-1816
- 2nd and 4th Saturday
  - Hours: 9am-11am (unconfirmed)
- First United Methodist A.P. Pantry | 906 Grand Av, Asbury Park | (732) 775-2693
- 1st and 3rd Thursday
  - Hours: 10am-12pm (unconfirmed)
  - Saturdays hot meals served
  - Hours 11:30am-1pm
- Jewish Family Services | 705 Summerfield Av, Asbury Park | (732) 774-6886
- CLOSED UNTIL FURTHER NOTICE
- Lutheran Church of Atonement Pantry | 308 First Av, Asbury Park | (732) 776-5727
- 2nd and 4th Wednesday
  - 10:30am-12:30pm
  - No delivery service
- Salvation Army Pantry | 605 Asbury Av, Asbury Park | (732) 775-8698
- Call for apt
- No delivery service

- Second Baptist Church Pantry | 124 Atkins Av, Asbury Park | (732) 774-5347
- 2nd and last Saturdays
  - Hours: 12pm-2:30pm
- No delivery service yet....(will call with updated changes)
- St Peter Claver Pantry | 1419 Springwood Av, Asbury Park | (732) 775-4157
- Thursday
  - Hours: 10am-1pm (unconfirmed)
- Trinity Last Resort Pantry | 503 Asbury Av, Asbury Park | (732) 775-5084
- Tuesday
  - Hours 11am-1pm
- Saturdays hot meals served
  - Hours 11:30am-1pm
- Victory Tabernacle of Prayer Pantry | 1325 Asbury Av, Asbury Park | (732) 455-5836
- 2nd and 4th Wednesdays
  - Hours: 10am-1pm (unconfirmed)

#### Cliffwood Beach/ Cream Ridge/ Farmingdale/ Freehold/ Howell

- Providence Baptist Pantry | 15 Lincoln Av, Cliffwood | (732) 566-4430
- 3rd Saturday
  - Hours: 8am-12pm
- No Delivery Service
- Emley's Hill Good Samaritan Pantry | 69 Emley's Hill Rd, Cream Ridge | (609) 259-7465
- Call first until further notice
- The Mews Pantry | The Mews 2 Liron Lane, /Farmingdale (732) 919-6227
- 1st and 3rd Wednesday
  - Hours: 2:30pm-4:30pm (unconfirmed)
- New Hope Pantry | 28 First St, Freehold | (732) 780-9210
- 3rd Thursday
  - Hours: 10am-1pm (unconfirmed)
- Open Door Pantry | 39 Throckmorton St, Freehold | (732) 780-1089
- Closed until further notice
- Christ Church Pantry | 71 Oak Glen Rd, Howell | (732) 938-7500
- 2nd Saturday
  - Hours 8:30am-12:30pm
- No Delivery Service
- Howell Food Pantry | 449 Adelpia Rd, Howell | (732) 938-2368
- March 23, April 20, May18, June 22
  - Hours: 3:30pm-7:30pm
- Please call first! Pick- ups are for registered clients only

#### Eatontown

- Eatontown Food Coop | 15 Meridian Dr. Eatontown | (732) 610-8588
- Food Pantry
  - Open Today and every other Wednesday
  - Hours: 12pm-3pm
- No delivery service
- St. Dorothea's Pantry | 240 Broad St, Route 71 Eatontown | (732) 542- 0148
- Mass Canceled, ALL classes canceled
- Food pantry giving out pre-packaged foods as a drive-up service in Church parking lot
- Open 2nd & 4th Wednesday of the month, Hours: 5pm-7pm
- 2nd Saturday of the month, Hours: 9am-11am
- Sometimes the schedule changes due to a holidays

#### Long Branch | W. Long Branch

- Christ the King Pantry | 408 Prospect St, Long Branch | (732) 222-3216 x116
- Closed until further notice
- First Baptist Pantry | 499 Bath Av, Long Branch | (732) 229-1453
- 4th Thursday
  - Hours: 12pm-3pm
- No Delivery Service
- St. Brigid's Pantry | 300 Broadway, Long Branch | (732) 222-1411
- Call first ... Moving forward uncertain of hours and days
- St. Luke's United Methodist Pantry | 535 Broadway, Long Branch (732) 222-1341
- Closed this week ... reopening on Friday 3/27
- Fridays
  - Hours 3pm-5pm
- Soup kitchen
  - Tuesdays
  - Hours: 4pm-6pm
- No Delivery Service
- St Michael's Food Pantry | 800 Ocean Av, Long Branch | (732) 483-0360
- 3rd Saturday
  - Hours: 2pm-5pm (unconfirmed)
- Reformation Food Pantry | 992 Broadway, West Long Branch | (732) 229-9180
- Church closed until further notice
- Tuesday
  - Hours: 7pm-8:30pm
- Saturday
  - Hours: 8:30pm-10pm
- No Delivery Service

#### Keansburg / Middletown

- Project Paul | 211 Carr Avenue, Keansburg | (732) 787- 4887
  - Thrift Shop closed until April 1st
  - Food pantry
    - Wednesday & Friday
    - Hours: 9:45am -12:45am
  - No Delivery Service
  - St. Marks | 247 Carr Avenue, Keansburg | (732) 787- 3520
  - Serving One Meal Daily 12pm -1pm (Takeout Only)
  - Food Pantry
    - Tuesday, Thursday, Saturday
    - Hours: 9am- 11am
    - Pre-packaged bags only
  - No Delivery Service
  - Calico Cat Pantry | 96 Kings Highway, Middletown | (732) 671- 8775
  - Food Pantry
    - Wednesdays only
    - Hours: 9:30-12pm
    - Pre-packaged bags for pick up outside only
- 
- Manasquan/ Matawan/Ocean Grove
  - Hope Pantry Community Church | 23 Taylor Av, Manasquan | (732) 223-4115
  - Sundays
    - Hours: 1-2pm and by appointment (unconfirmed)
  - Manasquan Food Pantry | 16 Virginia Av, Manasquan | (732) 223-0898
  - Monday and Tuesday
    - Hours: 10am-1pm
  - Thursday and Friday
    - Hours: 1pm-4pm
  - 3rd Thursday open until 6pm
  - No delivery Service
  - Matawan United Methodist Pantry | 478 Atlantic Av, Matawan | (732) 566-2996
  - Thursday
    - Hours: 10am-11:30am (unconfirmed)
  - 2nd and 4th Tuesday
    - 6:30pm-7:30pm (unconfirmed)
  - Matawan Food Pantry | 201 Broad St, Matawan | (732) 566-2663
  - Last Saturday of the month
    - Hours: 8am-12pm (unconfirmed)
  - St. Paul's Ocean Grove | 81 Webb Av, Ocean Grove | (732) 775-1125
  - Thursday
    - Hours: 3pm-5pm

- Marlboro/Manalapan/Tinton Falls/Union Beach/ Wall
- Monmouth Worship Ctr. Pantry | 37 Vanderburg Rd, Marlboro | (732) 332-9600
- Sundays
  - Hours: 1pm-3pm
- And by appointment
- No Delivery Service
- Samaritan Center Food Pantry | 211 Route 522, |Manalapan| (732) 446-1142
- Tuesday and Thursday
  - Hours: 9:30am-11:15am
- Saturday
  - Hours: 9:30am-11:30am
- Please call first!
- Glad Tidings Pantry | 4012 Asbury Av, Tinton Falls | (732) 922-9189
- 2nd Tuesdays
  - Hours
- Collingwood SDA Pantry | 276 Shark River Road, Tinton Falls | (732) 922-1675
- 4th Monday
  - Hours: 2pm-6pm (unconfirmed)
- Faith Chapel | 1015 Union Av, Union Beach | (732) 264-5248
- 3rd Saturday
  - Hours: 9am-1pm
- Abundant Grace Pantry | 4041 Squankum-Allenwood Rd, Wall | (732) 835-2726
- Wednesdays
  - Hours: 3:30pm-5:30pm
- No Saturdays

### Neptune

- FPC Food Outreach | 142 Oxonia Av, Neptune | (732) 775-8174
- 1st and 3rd Monday
  - Hours: 5pm-7pm (unconfirmed)
- Wednesday
  - Hours: 12pm-2pm (unconfirmed)
- Saturday
  - Hours: 12pm-2pm (unconfirmed)
- Greater Emanuel Food Pantry | 423 Drummond Av, Neptune | (732) 774-1963
- 2nd Tuesday
  - Hours: 11am-3pm
  - 3pm-5pm (unconfirmed)
- 2nd Sunday
  - Hours: 1pm-3pm (unconfirmed)
- Mt. Olivet | 1707 Washington Av, Neptune | (732) 775-4333
- 1st Wednesday



- Please call to register first
- No delivery service

### Red Bank

Lunch Break | 121 Dr. James Parker Blvd, Red Bank | (732)747- 8577

- Non-perishable and monetary donations only
- Claire's Closet is suspended until further notice
- Food Pantry (distributed at back door only)
  - Mon/Tues/Thurs/Fri
- § Hours: 10am-2:45pm
  - Wednesday
- § 10am-5:45pm
  - Saturday
- § 9am-11:45am
- -No Delivery Service available
- Soup Kitchen
- Meals distributed at front dining room door only
  - Monday-Saturday
- § Hours: 8:30-1pm

JBj Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please

For information refer to the website: [jbjsoulkitchen.org](http://jbjsoulkitchen.org)

- Open for Take-out for their in-need community only
- Meals ordered & distributed in the outdoor space only (limited menu)
  - Mon/Tues
- § Closed
  - Wednesday - Saturday
- § 4:00pm-6:00pm
  - Sunday
- § 10:30am-11:30am
- -No Delivery Service available
- Salvation Army | 180 Newman Springs Rd, Red Bank | (732)-747-1626
- Food Pantry by appointment only
- BPC Food Pantry | 247 Broad Street, Red Bank | (732)747-0446
- Monday (As of 4/20/20)
  - Hours: 5:30pm-7:30pm
  - Pre-packaged only
  - Curbside pick-up only
  - Only 1 family member per pick-up
  - All are welcome / No proof of residency required
- No Delivery Service available

- St. Anthony's Pantry | 121 Bridge Av, Red Bank | (732) 747-0813
- Left message for call back...regarding changes
- Mon-Tues
  - Hours: 6pm-7pm

Food Delivery/Pick-up Resources in the Monmouth County Area:

Meals on Wheels | (732) 775-0525 | [www.interfaithneighbors.org](http://www.interfaithneighbors.org)

Meals on wheels is providing a Noonday meal.

In response to the COVID 19 health crisis, many enhanced personal facility and vehicle safety protocols have been added to ensure safety of all volunteers, staff and seniors.

Please understand that the delivery system is under stress at the moment.

Contact Meals on Wheels to join their program.

MV Silver and Sons Inc. | 1095 Towbin Av, Lakewood | (732) 818-0107

Wholesale Produce Distributor providing Home Bulk Delivery services to families.

Their online ordering platform for "Home Bulk Delivery" will be ready soon. In the meantime, they can still set up an account and people can call in to the office, fax or email them their orders. To set up an account - Please email them your full name, delivery address, and phone number. They'll create an account number for you.

- Office Hours 8am-4pm · Tel. 732-818-0107 / Fax 732-818-0109 / Email [mikejr@mvsilveri.com](mailto:mikejr@mvsilveri.com)
- \$125 minimum for delivery – call or email by 10pm for next day delivery
- \$50 minimum for pick-up @ their warehouse (you'll see a sign for pick-up at rear of building) – please call ahead for pick-up 732-818-0107

[Instacart.com](https://www.instacart.com) and [Peapod.com](https://www.peapod.com)

Walmart grocery delivery orders taken between 11am-7pm

Neptune (732) 620-9293

Freehold (732) 620-9540

Reformation Pantry in West Long Branch

Are providing drive-through service. For more information about Reformation Pantry, contact Debbie Keszler at [wlbfoodpantry@gmail.com](mailto:wlbfoodpantry@gmail.com) or Fulfill.

Saker ShopRite stores

Have reserved checkout lanes for customers over the age of 60. Saker ShopRite stores are in Hazlet, Middletown, Aberdeen, Shrewsbury and other towns. ShopRite also offers ShopRite from Home service, as well as Instacart, a third-party grocery service.

#### Asbury Park Dinner Table Asbury Park Dinner Table

Is on a mission to help our local restaurants and hungry families during these insecure times. The program has enlisted three churches —St. Stephen AME Zion Church, Second Baptist Church, and United Fellowship Baptist Church — as meal distribution sites.

#### JBj Soul Kitchen & Foundation

With locations in Red Bank, Toms River and at Rutgers University-Newark, JBj Soul Kitchen is now serving only take-out and delivery, for in-need community only, and has reduced its hours. See the schedules here. 732 731 1414 [info@jbjsoulkitchen.org](mailto:info@jbjsoulkitchen.org)

#### Jersey Shore Dream Center

Has a mobile unit. If you or anyone you know is in need of food, please e-mail [info@jerseyshoredreamcenter.org](mailto:info@jerseyshoredreamcenter.org)!

#### The P.O. Ken Tietjen Memorial Foundation

Is repurposing its network of volunteers for a new mission: Delivering food to the Bayshore area senior citizens and those who are homebound during the coronavirus crisis. Phone: 732 795-0800. Email: [info@minihorseheroes.org](mailto:info@minihorseheroes.org)

## **Finance**

United Way: The Financial Success Center (FSC) Network Freehold location is offering virtual Financial Coaching for individuals and families working towards their financial goals, or those who need guidance on how to financially navigate this current environment. Coaching services include budgeting and money management. Please call 732-414-6745 and leave a message with your contact information for a Financial Coach to return your call.

Monmouth County Finances

<http://monmouthacts.org/fri/>

Fulfill of Monmouth and Ocean is available to help families in financial need. Phone:732-918-2600 Fax:732-918-2660 [main@fulfillnj.org](mailto:main@fulfillnj.org)

Residents of Monmouth or Ocean County can contact the

Financial Success Center Network to connect virtually with a trained Financial Coach who can help determine what benefits you are eligible

for, work on a budget and directly connect you with community resources.

Our FREE virtual services include:

- Application assistance for SNAP/food stamps,

health insurance & utility assistance

- Budgeting & money management
- Credit counseling
- Foreclosure counseling
- Job search assistance
- Rent & mortgage counseling
- Resume building
- Student loan counseling
- Tax preparation

**MAKE AN APPOINTMENT TODAY!**

Email [info@uwfinancialsuccess.org](mailto:info@uwfinancialsuccess.org) or call 732-414-6745

**COVID-19 Ancillary Costs:** The HealthWell Foundation just announced a COVID-19 Fund that provides up to \$250 in assistance with ancillary costs associated with COVID-19. Grants awarded through the fund will provide reimbursement assistance to at-risk or quarantined individuals for delivered food, medication, telehealth copays, and transportation costs associated with COVID-19.

## **Housing**

### **COVID-19 Housing Assistance Program**

New Jersey residents can now apply for up to \$25,000 to help pay housing costs if they have been unable, or will be unable, to make payments due to the ongoing pandemic.

To be eligible for the COVID-19 Housing Assistance Program, you must:

- Be a New Jersey Resident;
- Prove that you could not pay rent/mortgage due to the COVID-19; and
- Earn less than 450 percent of the federal poverty level.

A new opportunity for housing assistance was announced on Friday, October 9. If you have suffered a financial hardship due to COVID-19 and have not been able to pay your rent or mortgage you may be eligible.

Applications will be processed until funding is exhausted. Find out more and, if you are eligible, apply [here](#).

Governor Murphy Enacts Moratorium on Removals of Individuals Due to Evictions or Foreclosures  
<https://www.nj.gov/governor/news/news/562020/20200319c.shtml>

For a list of housing counselors participating in FMAP, visit: <https://njhousing.gov/foreclosure>

At the Department of Community Affairs, rental assistance programs continue to operate. While DCA field offices are closed to the public to observe social distancing protocols, DCA encourages current participants to utilize the online portal at [assistancecheck.com](http://assistancecheck.com) to submit documents or to submit documents through the mail. Current program participants may email or call the field offices or the customer service line at 609-292-4080 or email: [customer.service@dca.nj.gov](mailto:customer.service@dca.nj.gov) to leave messages with questions. Messages are checked frequently and will be returned as promptly as possible.

Residents who are in need of emergency housing assistance, please call 2-1-1. For residents who do not have emergent needs, but would like to find out if they are eligible to apply for any of DCA's assistance programs, they should visit DCA's online anonymous screening tool: [www.nj.gov/dca/dcaid](http://www.nj.gov/dca/dcaid). Residents may also visit (new webpage link) to learn more about our housing assistance programs.

New Jersey Housing Resource Center 877-428- 8844 <https://nj.gov/njhrc/>

Monmouth County Homeless Systems Collaborative  
<http://www.monmouthresourcenet.org/search/monmouth-county-homeless-systems-collaborative-hsc/>

## **Mental Health**

### **Free Emotional Support from Trained Staff from NJ Hope and Healing**

<https://www.mhanj.org/njhope/>

Office of Drug Monitoring & Analysis Drug Monitoring Initiative COVID-19 Resource Guide

Mental Health Association of New Jersey:

Virtual Support Groups and Interactive Community Educational Programs and Training will be available through Zoom, Facebook or Skype. Check our website or email [info@mhanj.org](mailto:info@mhanj.org) for the schedule and more information.

County-based services and sessions with families and individuals will continue through the phone and online. For information, email [info@mhanj.org](mailto:info@mhanj.org)

Our toll-free Call Center, available Statewide, remains active, providing emotional support and referrals:

For information and referral call NJ MentalHealthCares at 866-202-4357.

Guidance & support regarding a loved one's substance use disorder: NJ Connect for Recovery: 855-652-3737.

Peers seeking support from a trained specialist with lived experience: Peer Recovery WarmLine at 877-292-5588.

#### Substance Abuse and Mental Health Service Administration (SAMHSA)

Tips for Social Distancing, Quarantine, and Isolation During an Infectious Disease Outbreak

English: <https://www.samhsa.gov/sites/default/files/tips-social-distancing-quarantine-isolation-031620.pdf>

Spanish: <https://store.samhsa.gov/product/Tips-for-Disaster-Responders-Preventing-And-Managing-Stress-Spanish-Version-/SMA14-4873SPANISH>

#### **Autism Grants For Families**

**<http://events.njresourcenet.org/covid-19-resources/autism-grants-for-families/>**

ACT Today! grants are designed to provide access to individuals and families affected by Autism Spectrum Disorders. Grant payments will be made directly to pre-approved treatment providers, assessors or materials vendors.

#### Traumatic Loss Coalitions for Youth

Heather Church-Soto

The Community YMCA

732-956-7782

[hsoto@cymca.org](mailto:hsoto@cymca.org)

#### YMCA of Monmouth County

YMCA of Greater Monmouth County locations are now open! Visit their site for updates.

<https://ymcanj.org/>

## **Libraries**

#### Monmouth County Library

**Libraries are now open!**

[https://monmouthcountylib.org/wp-content/uploads/2020/07/Reopening-FAQ-HQ\\_EB.pdf](https://monmouthcountylib.org/wp-content/uploads/2020/07/Reopening-FAQ-HQ_EB.pdf)

## **Social Security**

All local Social Security offices are closed to the public for in-person service as of Tuesday, March 17, 2020. We will provide limited, critical services via phone, mail, and online, while we focus our efforts on serving people most in need.

Online at [www.SSA.gov](http://www.SSA.gov) – You can conduct most business online without assistance

You can call your local office's General Inquiry (GI) line. We have employees available to help you.

You can call our National 800 Number. We also offer many automated telephone services so you do not have to wait to speak with a telephone agent.

Contact Ticket to Work Help Line with any questions at 1-866-968-7842 or 1-866-833-2967 (TTY).  
Monday – Friday, 8a.m. - 8p.m. ET. Email: [support@choosework.ssa.gov](mailto:support@choosework.ssa.gov).

## **Special Needs**

### SPAN Parent Advocacy Network

Our staff, including Family Resource Specialists, Parent Group Specialists, Community Health Workers, and others are available to support families, educators, and health professionals by phone and email [info@spanadvocacy.org](mailto:info@spanadvocacy.org). Please call our warmline — (973) 642-8100 for assistance. If our Intake Specialist is not available to take your call, please leave a detailed message, including the best number for us to reach you. We are returning calls as soon as possible, usually within 48 hours.

### MOCEANS Center for Independent Living, Inc. (732) 571-4884

Given that most people are spending more time at home, social isolation can occur, especially for people living with disabilities. To combat this, we will be hosting daily peer meetings at 6pm EST via Zoom. Please note that you do not need to have the app or a smart phone, you can call in via the New York number - 1 929 436 2866.

Join Zoom Meeting <https://zoom.us/j/613461887> Meeting ID: 613 461 887

Find your local number: <https://zoom.us/u/acvGVDVubY>

NJ Register Ready was created to help people with a disability in times of emergency. NJ residents with special needs are encouraged to add their personal information to this special needs registry. The information provided will be shared with emergency response agencies so that responders will be better equipped to serve registrants in the event of an emergency or evacuation in their area. Dial 211 for help in registering. <https://www13.state.nj.us/SpecialNeeds/SigninReturnUrl=%2fSpecialNeeds%2f>

## Utilities

Any NJ customer who previously experienced a suspension of their utility service should contact their power companies. Contact info at <http://bit.ly/2DGwtGb>.

Comcast/Xfinity On the heels of offering new, low-income Internet Essentials customers two months of free internet and raising the speed of that program's service to 25/3 Mbps, Comcast announced additional steps to help ensure people stay connected to the Internet as more schools suspend classes and companies encourage employees to work from home due to the Coronavirus. <https://corporate.comcast.com/covid-19>

- AT&T COVID-19 response: offers open hot-spots, unlimited data to existing customers, and \$10/month plans to low income families
- Verizon COVID-19 response: no special offers, but following the FCC agreement.
- Sprint COVID-19 response: follows FCC agreement, provides unlimited data to existing customers, and, starting Tuesday, 3/17/2020, will allow all handsets to enable hot-spots for 60 days at no extra charge.
- T-Mobile COVID-19 response 1: follows FCC agreement, plus unlimited data to existing customers, and, coming soon, will allow all handsets to enable hot-spots for 60 days at no extra charge.

## **COVID-19 Resources for Individuals Who Are Undocumented or Uninsured**

<http://events.njresourcenet.org/covid-19-resources/residential-evictions-what-homeowners-need-to-know/>

The State of New Jersey is focused on ensuring that all people, regardless of immigration status and/or whether or not they have health insurance, are protected from the outbreak and receive appropriate testing and treatment. You should talk to a medical professional about when and how to seek testing and treatment.



