A PARENT'S GUIDE TO PREVENTING INJURIES

During the Coronavirus Pandemic

SAFETY AT HOME — WHEN YOU'RE FOCUSING ON EVERYTHING AT ONCE

- Store household cleaning products safely to prevent poisoning and save the Poison Help number in your phone: 1-800-222-1222.
- Keep all medicine out of children's reach and sight, even medicine and vitamins you take every day.
- Make sure young children are within arm's reach of an adult during bath time and watch kids of all ages when they are swimming in backyard pools.
- Keep hot foods and beverages away from the edge of counters and tables.
- Separate toys by age and keep little game pieces away from little kids.
- Create a safe place for kids to play by installing safety gates on stairs and guards on windows to prevent falls, keeping small objects and cords to window blinds out of reach and securing top-heavy furniture and TVs.

KIDS AROUND CARS — IF YOU HAVE TO DRIVE

- Walk all the way around your parked car to check for children.
- Prevent heatstroke by never leaving a young child alone in a car.
- Slow down and avoid distractions when driving, especially in neighborhoods.
- Keep car doors and trunks locked and keep key fobs out of reach.

STAYING ACTIVE AND INJURY FREE — WHILE SOCIAL DISTANCING

- Look left, right and left again before crossing the street.
- When crossing a street, make eye contact with drivers.
- Put phones and headphones down when crossing the street.
- Wear a properly-fitted helmet when biking, skateboarding, riding a scooter or in-line skating.

FOR MORE INFORMATION VISIT SAFEKIDS.ORG

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