



# INTERMEDIATE FETAL HEART MONITORING COURSE

HACKENSACK MERIDIAN - JERSEY SHORE UNIVERSITY MEDICAL CENTER  
1944 RT 33 MEDICAL ARTS BUILDING  
NEPTUNE, NJ  
NOVEMBER 5 & 6, 2020  
8:00 AM - 4:30 PM

An Association of Women's Health, Obstetric and Neonatal Nurses Program

## CONTINUING EDUCATION CREDIT

In order to receive credit, participants must attend both days. No partial credit will be awarded.

### NURSES

Participants who attend the full workshop earn 18.00 CNE's awarded by AWHONN and will be available via AWHONN's online CE/CME system. AWHONN holds California BRN Provider Number CEP 00580 and Alabama #ABNP0058

### PHYSICIANS

Physicians attending this course will receive 15.25 Continuing Medical Education credit for full participation. CME credit is managed by Professional Education Services Group and will be available via AWHONN's online CE/CME system.

### NURSING REQUIREMENTS

The course builds on the knowledge and skills of experienced nurses. It is designed for registered nurses with a minimum of six months clinical nursing experience using fetal heart rate monitoring technology in an intrapartum setting. LPNs and LVNs may attend this course for educational development purposes.

LPNs receive contact hours and may elect to participate in the skills stations as a learning experience. Successful completion of this course is a prerequisite for participation in the Advanced Course.

## CJFHC MEMBER HOSPITALS

- Capital Health Medical Center Hopewell
- CentraState Healthcare System
- Community Medical Center - RWJ Barnabas Health
- Hunterdon Medical Center
- Hackensack Meridian Health - Jersey Shore University Medical Center
- Hackensack Meridian Health - Ocean Medical Center
- Hackensack Meridian Health - Raritan Bay Medical Center
- Hackensack Meridian Health - Riverview Medical Center
- Hackensack Meridian Health - Southern Ocean Medical Center
- Monmouth Medical Center- RWJ Barnabas Health
- Penn Medicine Princeton Medical Center
- Robert Wood Johnson University Hospital New Brunswick- RWJ Barnabas Health
- Robert Wood Johnson University Hospital Somerset - RWJ Barnabas Health
- Saint Peter's University Hospital

## PROGRAM DESCRIPTION

This Intermediate course focuses on applying essential fetal heart rate monitoring theory and skills in intrapartum practice.

### DAY ONE

Participants will analyze case studies and use a physiological-based approach to interpret fetal monitoring data.

### DAY TWO

Participants will attend skill stations offering demonstrations, practice/testing in auscultation, Leopold's Maneuvers, insertion and placement of an intrauterine pressure catheter and fetal spiral electrode, interpretation of tracings and identification of communication, documentation and nursing interventions.

## OBJECTIVES

Integration of knowledge and skills essential to assessment, promotion and evaluation of fetal safety during labor.

- Analyze fetal heart patterns uterine activity and their implication for fetal well-being.
- Discuss indicated clinical interventions and related maternal-fetal physiology
- Effectively communicate verbal and written data about patient status
- Describe the roles and responsibilities of health care providers in the use of FHM in intrapartum care
- Demonstrate psychomotor skills used in FHM

## BENEFITS OF NATIONAL INSTITUTE OF CHILD HEALTH AND HUMAN DEVELOPMENT (NICHD) TERMINOLOGY

- Everyone on the perinatal team speaking the same language when communicating about fetal assessment data
- Clear concise terms to minimize variation among care providers
- Consistency in medical record documentation of fetal status
- Decreased liability exposure should an adverse outcome result in litigation

## DIRECTIONS & PARKING

Directions can be found at [www.rwjbh.org](http://www.rwjbh.org)





AWHONN  
**Fetal Heart  
Monitoring** PROGRAM



## REGISTRATION

**Due to COVID restrictions, space is limited to 10.  
Preregistration and payment must be received 10 days prior to a course.**

**Fee:** nursing contact hours and participant packet and a copy of the “Fetal Heart Monitoring Principles and Practices” (Fifth Edition) textbook. Participants must read the text prior to the course and bring the text to the workshop. The text will be mailed to participants upon receipt of payment. No additional materials are necessary for purchase for this course.

CJFHC reserves the right to cancel the program should there be an insufficient number of participants. In case of inclement weather please call the CJFHC office after 6AM at 732-937-5437.

## CONTACT

For more information, please contact  
Fran Lo Raso at 732-937-5437 ext. 110 or e-mail [floraso@cjfhc.org](mailto:floraso@cjfhc.org). Fax# 732-937-5540  
**Visit our website at [www.cjfhc.org](http://www.cjfhc.org)**

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NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

AFFILIATION \_\_\_\_\_

REGISTRATION FEE: \$225.00  
For CJFHC Member Hospitals\* (see opposite side)  
For Non-members \$275.00

### PAYMENT OPTIONS, CHECK ONE:

**PayPal payment:**

Go to [www.cjfhc.org](http://www.cjfhc.org)  
Click on “Upcoming Events”

**Check payable to CJFHC.**

Amount enclosed \$ \_\_\_\_\_

**Mail registration form to:**

Central Jersey Family Health Consortium  
Attention: Fran Lo Raso  
30 Silverline Drive, 2nd Floor, Suite 1  
North Brunswick, NJ 08902