

Opioid Improvement Initiative

Why? How? What?

Jermaine Blakley, MPA
Administrative Fellow

Coleen Kivlahan, MD, MSPH
Executive Medical Director, Primary Care

Niraj Sehgal, MD, MPH
Chief Quality Officer

Why Do We Care?

Over-Prescribing is Driving Opioid Crisis

- Acute and chronic pain are significant drivers of opioid overprescribing
- Fewer non-opioid alternatives tried as first-line therapies
- Patients increasingly exhibiting drug seeking behavior

In 2016...

42,249

People died from
overdosing on
opioids

2.1M

People had an opioid
use disorder

11.5M

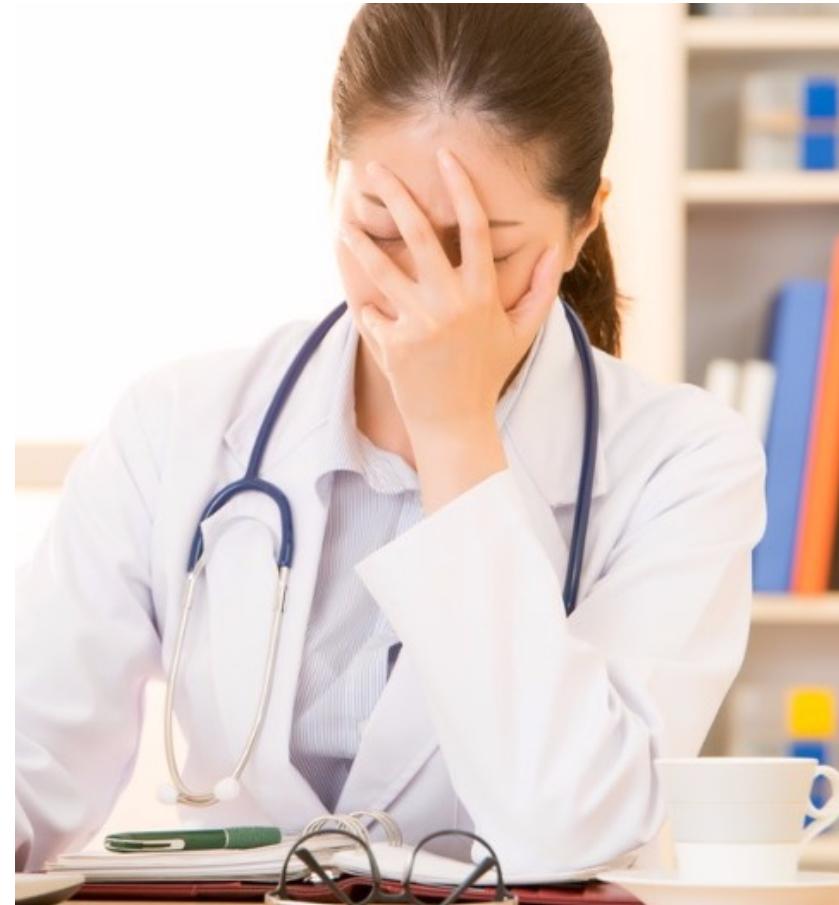
People misused
prescription opioids

2.1M

People misused
prescription opioids
for the first time

Why Do We Care?

- ✓ Provider burnout and personal impact of opioid prescribing on well-being
- ✓ Stress on patient/provider relationships
- ✓ Caring for increasingly complex patients with more “acute on chronic” pain
- ✓ Adverse impact on our surgical and other quality outcomes

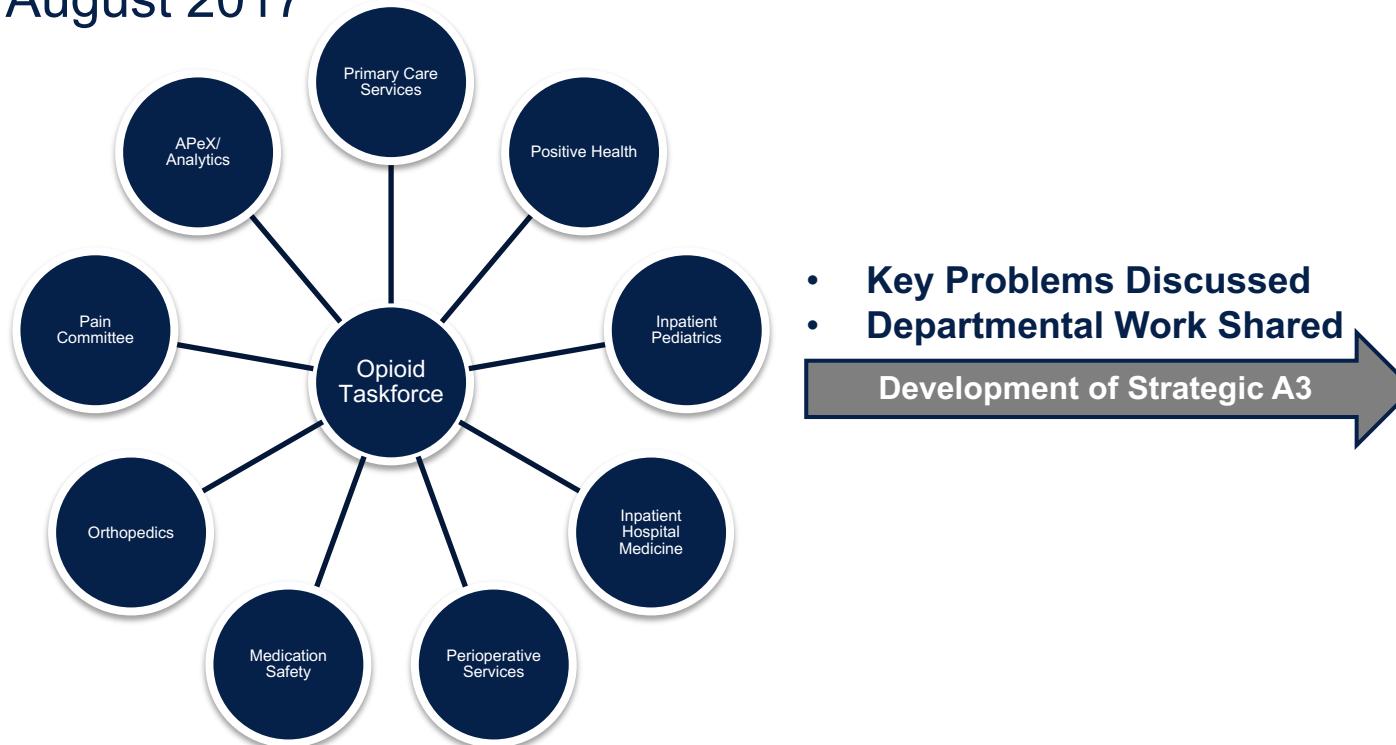


Vision Statement

To establish accessible, evidence-based, patient-centered, health-system wide standard protocols and approaches for opioid management across UCSF Health.

How? Initial Opioid Improvement Task Force

August 2017



- **Key Problems Discussed**
- **Departmental Work Shared**

Development of Strategic A3

FOUR priorities
identified for FY18

Priority Action Items



Understand the scope of the problem and create actionable data



Standardize clinical toolkit to support best practices



Develop standard patient facing support tools



Mandatory Standard Trainings

Priority Action Items: Interview Questions

| Questions | Action Item |
|---|---|
| What are some gaps or areas for improvement when it comes to opioid or pain management within your area? |  |
| Are there any patient-facing resources that you think would be effective in informing patients about the risks of opioid use? |  |
| What are the current tools and resources related to opioid management within and outside of your department or division? |  |
| What are your thoughts about trainings for providers that prescribe opioids. How would we operationalize these trainings in the most effective way. |  |

Current State: Inpatient vs. Outpatient

Current State: Clinical Tools

| Clinical Tool/ Resource | Inpatient | Outpatient |
|--|---|---|
| Family Health Center Opioid Prescribing Guidelines |  |  |
| Periop Opioid Prescribing Retrospective Report |  | |
| Opioid Patient-Provider Agreements |  |  |
| New Buprenorphine Guidelines and Trainings |  |  |

Proposed Timeline

Feb 18

March 18

April 18

May 18

June 18

Interviews and Data Collection

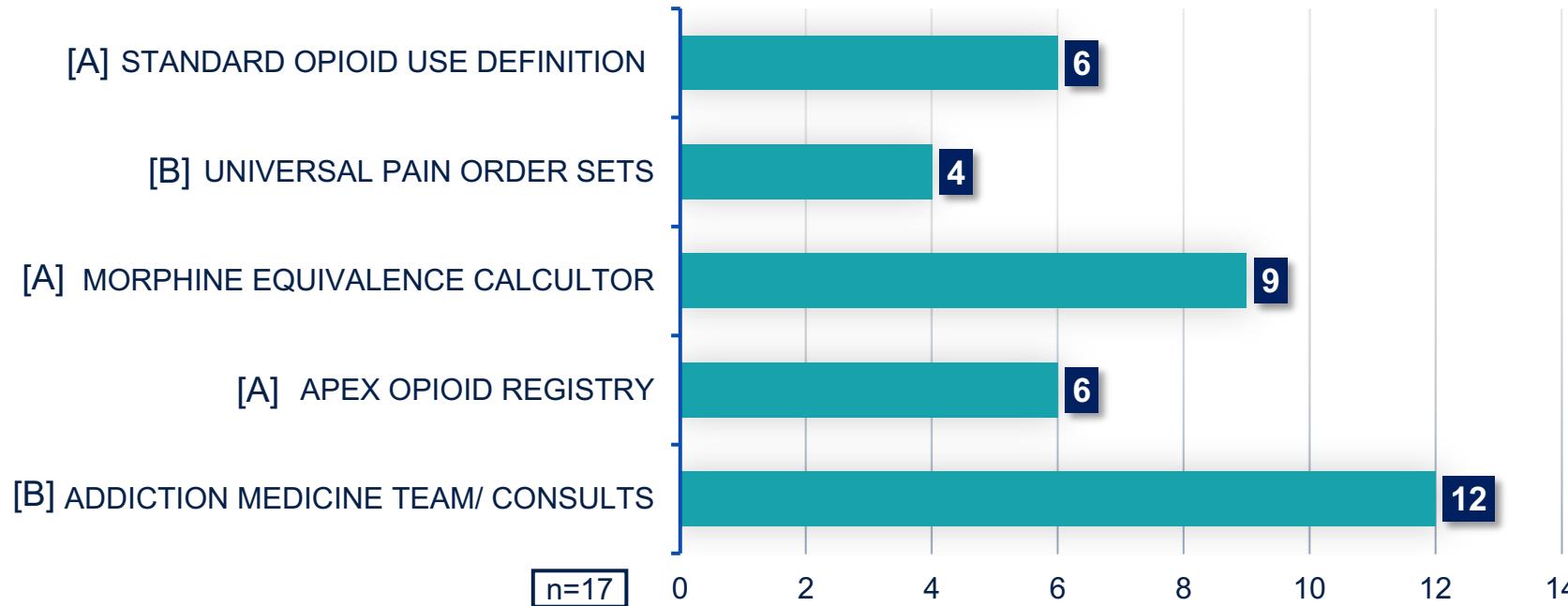
Data Organizing and Formatting

APEX CURES Report BPA

Recommendation of Standards
and Best Practices

Potential Opioid
Improvement Summit

Top Recommended Resources: What's in Scope?



[A]: Opioid taskforce efforts will address these needs

[B]: Opioid taskforce trying to identify and advocate for operational needs