



# FUTURE PLANNING FOR YOUR LOVED ONE WITH IDD

## TALKS TRAININGS TOOLS

Your loved one with an intellectual/developmental disability (IDD) deserves a good quality of life outside of your care. And, if you are no longer able to care for them, for any reason, what does their future look like? Will they be okay?

“Future Planning for your Loved One with IDD” is an educational package for caregivers and families to start to think through what can be an overwhelming process. Through inspirational stories and breaking down the unknown, you can take the first steps towards ensuring your loved one’s future.

### **TALKS – [Without Me, You Will be Okay](#)**

15-Minute Documentary

You are not alone when it comes to planning for the future of a loved one with IDD. This documentary follows the stories of parents, siblings, and caregivers who also have the benefit of professional planning experience. Hear from their stories and watch the moving story of Eli, who’s mother and caregiver work hard to create a life he deserves!

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### **TRAININGS – [Planning for the Future of a Loved One with IDD](#)**

35-Minute Online THINK+change Academy Course

Take the first step towards planning the future of a loved one with a disability! With every step you take, you build momentum and resources that make planning easier. And, with those steps taken and the boxes checked, you can feel peace of mind in your loved one’s future quality of life. Don’t hesitate, dive in today!

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### **TOOLS – [Future Planning TALKS Conversation Guide and Screening Event](#)**

Event and PDF Guide

Join us for a conversation with the caregivers, loved ones, and professionals featured in the THINK+change TALKS documentary, [“Without Me, You Will be Okay”](#). Use the conversation guide to help you think through the different parts of their stories and how it applies to your life!

These community members have a combination lived and professional experience to help you get started on your own future planning for a loved one with IDD. This conversation could be the first step in setting your loved one up with the life they deserve and your own peace of mind!

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## **“Future Planning” Social Media Kit**

**HASHTAGS:** #IDD #IntellectualDisability #DevelopmentalDisability #Disability #DisabilityPlanning #DisabilityFinances #QualityOfLife #DisabilityDecisions #Caregivers #Medicaid #SSI #DisabilityBenefits #SpecialNeedsTrusts #CircleOfSupport #DisabilityHelp #NonVerbal #DisabilitySiblings #DisabilityParents #OneStepAtATime #CommunityIntegration #HostHome #MedicalPlanning #ThinkChange #ThinkChangeTALKS #ThinkChangeTRAINING #ThinkChangeTOOL

### **HOW TO TAG US:**

Facebook: @THINKchangeTTT -- Instagram: @arcofaurora

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### **Post 1 – Full Package**

“Future Planning For Your Loved One with IDD” is packed with helpful knowledge and stories for caregivers and families! Make sure your loved one will be okay without you by tuning into:

- TALKS documentary following the helpful planning stories of caregivers and professionals
- TRAINING walking you through planning steps, resources, and practical exercises
- TOOL conversation guide and a screening event with disability professionals

Check it all out! Head to: [thinkchange.info/FuturePACK](http://thinkchange.info/FuturePACK)

This full package made possible with support from @CDDCouncil @developmentalpathways @The Limbaugh Law Firm, LLC @arcthrift @thearcaurora

#IDD #IntellectualDisability #DevelopmentalDisability #Disability #DisabilityPlanning #DisabilityFinances #QualityOfLife #DisabilityDecisions #Caregivers #Medicaid #SSI #DisabilityBenefits #SpecialNeedsTrusts #CircleOfSupport #DisabilityHelp #NonVerbal #DisabilitySiblings #DisabilityParents #OneStepAtATime #CommunityIntegration #HostHome #MedicalPlanning #ThinkChange #ThinkChangeTALKS #ThinkChangeTRAINING #ThinkChangeTOOL

Image description: Think Change green and black text logo with Talks Trainings Tools written below it. Text reads Future Planning for Your Loved One with IDD. Below is a disability pride flag with a sketch of a caregiver and their loved one, a notepad that says make a will and a clipboard with a living trust and estate planning sheet. Made possible through support from Developmental Pathways, Colorado Developmental Disabilities Council, The Limbaugh Law Firm, arc Thrift Stores, and The Arc of Aurora.



## Post 2 – TALKS Series

You are not alone when it comes to planning for the future of a loved one with IDD. This documentary follows the stories of parents, siblings, and caregivers who also have the benefit of professional planning experience.

<https://thinkchange.info/FutureTALKS>

This series was made possible with support from @CODDCouncil @developmentalpathways @The Limbaugh Law Firm, LLC @arcthrift @thearcaurora

#IDD #IntellectualDisability #DevelopmentalDisability #Disability #DisabilityPlanning #DisabilityFinances #QualityOfLife #DisabilityDecisions #Caregivers #Medicaid #SSI #DisabilityBenefits #SpecialNeedsTrusts #CircleOfSupport #DisabilityHelp #NonVerbal #DisabilitySiblings #DisabilityParents #OneStepAtATime #CommunityIntegration #HostHome #MedicalPlanning #ThinkChange #ThinkChangeTALKS #ThinkChangeTRAINING #ThinkChangeTOOL

Image description: Think Change Storytelling Talks logo that includes a black microphone with a cord. Below are images of a young man with brown curly hair smiling at a woman with short white hair and a man with short brown hair and glasses. In front of them are a woman with long brown hair staring out to the side and a woman with short blonde hair smiling at the camera. Text reads Without Me, You Will be Okay. Made possible through support from Developmental Pathways, Colorado Developmental Disabilities Council, The Limbaugh Law Firm, arc Thrift Stores, and The Arc of Aurora.



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## Post 3 – THINK+change Academy

This training is the first step towards planning the future of your loved one with a disability! With every step you take, you build momentum and resources that make planning easier:

Head to: [thinkchange.info/FutureTCA](https://thinkchange.info/FutureTCA)

This full package made possible with support from @CODDCouncil @developmentalpathways @The Limbaugh Law Firm, LLC @arcthrift @thearcaurora

#IDD #IntellectualDisability #DevelopmentalDisability #Disability #DisabilityPlanning #DisabilityFinances  
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#ThinkChangeTRAINING #ThinkChangeTOOL



Image description: Think Change Storytelling Talks logo with Talks Trainings Tools written below it. Text reads Planning for the Future of a Loved One with IDD. Below is a photo of an older man with white hair next to a young man with short brown hair. Made possible through support from Developmental Pathways, Colorado Developmental Disabilities Council, The Limbaugh Law Firm, arc Thrift Stores, and The Arc of Aurora.

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#### Post 4 – Downloadable TOOL

Join us for a conversation with the caregivers, loved ones, and professionals featured in the THINK+change TALKS documentary, "[Without Me, You Will be Okay](#)". Use the conversation guide to help you think through the different parts of their stories and how it applies to your life!

RSVP for the September 14<sup>th</sup> screening at 6:00PM (Free Dinner at 5:30PM) at Developmental Pathways:  
14280 E Jewell Ave Ste A Aurora, CO 80012

Join us in September and download the conversation guide at [thinkchange.info/FutureTOOL](http://thinkchange.info/FutureTOOL)

Made possible through support from @CODDCouncil @developmentalpathways @The Limbaugh Law Firm, LLC @arcthrift @thearcaurora

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#ThinkChangeTRAINING #ThinkChangeTOOL

Image description: Think Change Tools logo that includes silhouettes of a pamphlet and book. Below are wooden blocks reading Q&A and a polaroid photo of a young man on a beach. Text reads Without Me, You



Will be Okay Screening and Conversation. Made possible through support from Developmental Pathways, Colorado Developmental Disabilities Council, The Limbaugh Law Firm, arc Thrift Stores, and The Arc of Aurora.



Image Description: Heading text reads Disability Planning: Documentary Screening and Q&A with featured professionals. Description below reads join us for a screening of the THINK+change TALKS Documentary, “Without Me, You Will be Okay” and get a chance to ask your questions about planning for the future of your loved one with a disability. Monday September 14<sup>th</sup> 6:00PM (Free Dinner Provided at 5:30PM) Developmental Pathways 14280 E Jewell Ave Ste A Aurora, CO 80012. RSVP at the QR code to reserve a spot. Questions? Contact Sid Dawson at 720 213 1420 ext 109 or [Sdawson@thearcofaurora.org](mailto:Sdawson@thearcofaurora.org). The Arc of Aurora is unable to provide supervision or direct care assistance to attendees.

## Disability Planning:

Documentary Screening and Q&A with featured professionals



Join us for a screening of the THINK+change TALKS Documentary, “Without Me, You Will be Okay” and get a chance to ask your questions about planning for the future of your loved one with a disability.



**Monday, September 14<sup>th</sup> 6:00PM**  
Developmental Pathways  
14280 E Jewell Ave Ste A  
Aurora, CO 80012

**FREE DINNER PROVIDED** \*dinner served at 5:30PM

**RSVP HERE TO RESERVE YOUR SPOT**  
[thinkchange.info/screeningRSVP](http://thinkchange.info/screeningRSVP)



**Questions?**  
Contact Sid Dawson  
(720) 213-1420, ext. 109  
[SDawson@thearcofaurora.org](mailto:SDawson@thearcofaurora.org)

The Arc of Aurora is unable to provide supervision or direct care assistance to attendees of this event.

## Post 5 – TALKS Advertisement Reel

### [REEL VIDEO AVAILABLE FOR DOWNLOAD HERE](#)

- Families who have been through the process of planning for someone with IDD and caregivers who have stepped up.

Watch the full documentary:

<https://thinkchange.info/FutureTALKS>

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