

# October Cafeteria Menu

Monday

Tuesday

Wednesday

Thursday

Friday

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	1 <b>Meatball Parm</b> on a roll	2 <b>Baked Macaroni</b> and cheese	3 <b>Chicken Parm</b> on a roll with fries	4 <b>Pasta</b> with meatballs
7 <b>Chicken Tenders</b> honey mustard or bbq sauces and fries	8 <b>Mozzarella Sticks</b> with marinara sauce	9 <b>Pasta with</b> vodka sauce	10 <b>Salsbury Steak</b> with rice	11 <b>Pizza</b> cheese, pepperoni
14 <b>Wings</b> plain / buffalo with fries	15 <b>Meatball Parm</b> on a roll	16 <b>Baked macaroni</b> and cheese	17 <b>Chicken Scarp</b> with rice	18 <b>Pizza</b> cheese, pepperoni
21 <b>Grilled Chicken</b> with broccoli	22 <b>Chicken Tenders</b> honey mustard or bbq sauces and fries	23 <b>Pasta with</b> marinara or meat sauce	24 <b>Chicken Parm</b> on a roll with fries	25 <b>Pizza</b> cheese, pepperoni
28 <b>Chicken Tenders</b> honey mustard or bbq sauces and fries	29 <b>Wings</b> plain / buffalo with fries	30 <b>Pasta with</b> vodka sauce	31 <b>Quesadilla</b> chicken or cheese with rice, sour cream & salsa	

**Serving Hot and Iced Coffee**  
**Regular, French Vanilla and Hazelnut**

Burger, hot dog, chicken cutlet / grilled chicken sandwich  
Turkey, cheese, lettuce & tomato sandwich  
Ham, cheese lettuce & tomato sandwich  
Chicken salad, tuna salad

Fruits



Pretzels



Yogurt



Snacks

