

October Cafeteria Menu

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Monday

Tuesday

Wednesday

Thursday

Friday

	¹ Meatball Parm on a roll	² Baked Macaroni and cheese	³ Chicken Parm on a roll with fries	⁴ Pasta with meatballs
⁷ Chicken Tenders honey mustard or bbq sauces and fries	⁸ Mozzarella Sticks with marinara sauce	⁹ Pasta with vodka sauce	¹⁰ Salsbury Steak with rice	¹¹ Pizza cheese, pepperoni
¹⁴ Wings plain / buffalo with fries	¹⁵ Meatball Parm on a roll	¹⁶ Baked macaroni and cheese	¹⁷ Chicken Scarp with rice	¹⁸ Pizza cheese, pepperoni
²¹ Grilled Chicken with broccoli	²² Chicken Tenders honey mustard or bbq sauces and fries	²³ Pasta with marinara or meat sauce	²⁴ Chicken Parm on a roll with fries	²⁵ Pizza cheese, pepperoni
²⁸ Chicken Tenders honey mustard or bbq sauces and fries	²⁹ Wings plain / buffalo with fries	³⁰ Pasta with vodka sauce	³¹ Quesadilla chicken or cheese with rice, sour cream & salsa	

Fruits



Pretzels



Yogurt



Snacks



Serving Hot and Iced Coffee
Regular, French Vanilla and Hazelnut

Burger, hot dog, chicken cutlet / grilled chicken sandwich
Turkey, cheese, lettuce & tomato sandwich
Ham, cheese lettuce & tomato sandwich
Chicken salad, tuna salad