

Ongoing Health Equity Learning Opportunities – Mar 20, 2025

Notes:

- All times shown are Eastern (EST or EDT), unless specifically noted.
- **Registration is required for most of the events and is free unless otherwise noted.** Any fees for events are the responsibility of the portfolio. Please speak to your People Leader to ensure you have permission and budget to cover any costs. Click [here](#) to review the Ontario Health Learning and Development Policy.

Acronyms:

Alliance:	Alliance for Healthier Communities
BHEC:	Black Health Education Collaborative
CAHSPR:	Canadian Association for Health Services and Policy Research
CISP:	Canadian Institute for Social Prescribing
CANUE:	The Canadian Urban Environmental Health Research Consortium
HEC:	Healthcare Excellence Canada
PHO:	Public Health Ontario
IHI:	Institute for Healthcare Improvement
INSPQ:	Institut national de santé publique du Québec
McGill:	McGill University Department of Equity, Ethics and Policy
NCCDH:	National Collaborating Centre for Determinants of Health
NCCHPP:	National Collaborating Centre for Healthy Public Policy
NCCIH:	National Collaborating Centre for Indigenous Health
N4:	National Newcomer Navigation Network
UBCLC:	University of British Columbia Learning Circle – Centre for Excellence in Indigenous Health

Should you have any questions related to the content in this bulletin, please contact Diane Burns, Health Equity Learning and Development Lead at diane.burns@ontariohealth.ca

	Date/ Time	Title / Link / Description
UPCOMING WEBINARS OR PODCASTS		
1	Feb 27, 2025 13:30-14:25	<p>McGill: Lecture series in winter 2025: Building Climate Resilience: Public Health Solutions for a Changing Environment</p> <p>This series is presented as a collaboration between the Department of Equity, Ethics and Policy and the McGill Centre for Climate Change and Health.</p> <p>Preservation engineering and climate change-adapted building</p> <p><i>This talk explores how preservation engineering adapts current buildings to withstand more extreme weather, altered trends in temperature fluctuations and environmental stresses, while also guiding the design of new structures built to endure the increasing impact of climate change.</i></p>
	Date/ Time	Title / Link / Description
2	Mar 17, 2025 13:00-14:00	<p>CISP: From Evidence to Action: The Role of Social Prescribing in Health Systems</p> <p><i>Explore how social prescribing can enhance health and equity in Canada. Designed for health and community leaders, policymakers, and researchers, this session introduces the practice, shares insights from England's evidence-based approach, and highlights its impact on integrated, person-centred care.</i></p>
	Date/ Time	Title / Link / Description
3	Mar 19, 2025 13:00-14:00	<p>CISP: Building Integrated Care: Diverse Approaches to Social Prescribing in Canada</p> <p><i>Join us for a panel discussion on how social prescribing is bridging health and social care in Canada. Hear from practitioners on innovative models, challenges, and cross-sector collaborations. Ideal for healthcare professionals, policymakers, researchers, and community leaders.</i></p>
	Date/ Time	Title / Link / Description
4	Mar 21, 2025 13:00-14:00	<p>CISP: Canadian Social Prescribing Exchange</p> <p><i>The Canadian Social Prescribing Exchange, held in March, July, and November, is a space to connect, collaborate, and learn. Whether you're implementing social prescribing or exploring its role in your work, join us to share ideas and grow the movement for healthier communities.</i></p>
	Date/ Time	Title / Link / Description
5	Mar 21, 2025 13:00	<p>Canadian Alliance to End Homelessness: Learn about Housing Canada: A Sovereign Plan to Protect Canadians and Build a Resilient Housing System.</p> <p><i>On March 11, the Canadian Alliance to End Homelessness joined organizations across the housing sector - the Canadian Real Estate Association, the Canadian Housing and Renewal Association, and Habitat for Humanity Canada - to release a joint policy platform. In response to the trade war launched by the Trump administration and the ongoing housing crisis, we came together to propose a policy plan to build resiliency, safeguard the housing industry, and protect Canadians.</i></p>

	Date/ Time	Title / Link / Description
		<i>On Friday, March 21st, please join the Canadian Alliance to End Homelessness for this webinar to learn about the impacts the trade war will have on Canadians and Canada's housing system, and the actions we're recommending to government to protect Canada from a wave of new homelessness and fix the housing crisis.</i>
	Date/ Time	Title / Link / Description
6	Mar 20, 2025 13:30-14:25	McGill: Lecture series in winter 2025: Building Climate Resilience: Public Health Solutions for a Changing Environment Unraveling the biophysical mechanistic links between climate change and infectious disease transmission - with Caroline Wagner
	Date/ Time	Title / Link / Description
7	April 3, 2025 12:00 – 1:00 pm	McGill: Lecture series in winter 2025: Building Climate Resilience: Public Health Solutions for a Changing Environment The potential of carbon offsets in agriculture: promoting the adoption of technologies and best management practices - with Aurélie Harou
	Date/ Time	Title / Link / Description
8	Apr 7, 2025 13:00	Sharing Progress in Cancer Care: Tackling oncology inequalities: addressing social drivers of health in low-income countries and Africa <i>The growing recognition of health disparities has highlighted the need for equality in cancer care. Social drivers of health, such as socioeconomic status, race, and access to resources, significantly impact patient outcomes, caregivers, and clinical teams. Achieving health equity in cancer care involves addressing these barriers, expanding access to treatment, and ensuring that all patients receive the care they deserve, regardless of background.</i>
	Date/ Time	Title / Link / Description
9	April 29, 2025 12:00 – 1:00 pm	McGill: Lecture series in winter 2025: Building Climate Resilience: Public Health Solutions for a Changing Environment Climate change, extreme heat, and health - with Eric Lavigne
	Date/ Time	Title / Link / Description
	CONFERENCES, FORUMS AND COURSES	

	Date/ Time	Title / Link / Description
10		<p>First Peoples Wellness Circles: New Podcast Series, pihtikwê: Visits with First Nations Psychologists. (9 episodes)</p> <p>With Dr. Brenda Restoule, along with Dr. Holly Graham from the University of Saskatchewan and Dr. Alanaise Ferguson from the University of British Columbia-Okanagan.</p> <p><i>The purpose of our podcast series is to mobilize and share Indigenous knowledge related to trauma repair, recovery from addictions, community survivance, and care across Indigenous communities in Canada. Our goal is to provide listeners with access to conversations about the lived experiences of psychologists and leaders in the mental wellness field. We will discuss how that relates to challenges and successes in navigating and working within systems of care, and strength-based and cultural approaches to healing.</i></p> <p><i>The podcast episodes will discuss topics related to:</i></p> <ol style="list-style-type: none"> 1. <i>Strength-based approaches to care;</i> 2. <i>Challenges and successes in the field;</i> 3. <i>Personal perspectives and experiences; and</i> 4. <i>Analysis of the system/s of care</i>
11		<p>McMaster University Continuing Professional Education: Equity, Diversity, Inclusion, and Indigenous Reconciliation (EDI-IR): Foundations and Reflections</p> <p>NOTE: You may need to turn off Zscaler and log out of it to access this link. Please remember to log back in and turn Zscaler on afterwards.</p> <p><i>This EDI-IR course allows you to acquire a broad understanding of equity, diversity, inclusion, and Indigenous Reconciliation (EDI-IR) concepts and contextualize them to your own work. Throughout this material, you will be asked not only to explore foundational EDI-IR concepts but also to reflect upon how these concepts apply to your personal and professional self-identity.</i></p> <p><i>* \$34.99 +HST for McMaster faculty, staff, and learners.</i></p> <p><i>\$99.99 +HST for non-McMaster affiliated faculty, staff, and learners.</i></p>
12		<p>NCCIH: Voices from the Field podcast series, Episode 31& 32: Decarceration and health: Breaking down bars for systemic change Part 1 & 2</p> <p><i>This is a mini-series within Voices from the Field. It builds off the NCCIH report, Barred: Over-incarceration of Indigenous people in Canada's criminal legal system, the health implications, and opportunities for decarceration.</i></p>
13	Oct 2024	<p>NCCHPP: Video Series – How Can We Promote Healthy Public Policies and Health in All Policies?</p> <p><i>Discover our new series of video clips featuring public health practitioners from various organizations and regions across Canada! Listen to them share their concrete experiences in implementing policies inspired by the Health in All Policies</i></p>

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		<i>(HiAP) approach, offering advice on advancing HiAP at the local level, and presenting tools and strategies to improve public policy practices.</i>
14	On-going	<p>NCCDH: Mind the Disruption Podcast</p> <p><i>On Mind the Disruption, the NCCDH podcast, you'll hear the stories of people who have disrupted the usual ways of doing things in their organizations, communities, and society in pursuit of better health for all.</i></p> <p><i>In weaving together interviews with community organizers, public health practitioners, researchers and more, we ask the question: what does it look like to challenge the status quo for health equity?</i></p> <p><i>Now available to listen or read:</i></p> <p>Season 1: Cultivating creative discontent, episodes 1 - 9</p> <p>Season 2: Social movements for social justice</p> <p><i>Episode 1: Disrupting Environmental Racism</i></p> <p><i>Episode 2: Disrupting for African Nova Scotian food sovereignty</i></p> <p><i>Episode 3: Disrupting for disability without poverty</i></p> <p><i>Episode 4: Disrupting for Racial & Climate Justice</i></p> <p><i>Episode 5: Disrupting for Health Care for All</i></p> <p><i>Episode 6: Disrupting for Reproductive Justice</i></p>
15	Self-paced, on-line	<p>NCCIH: New online learning: Providing culturally safe care for Indigenous children and youth. (Registration fee required = \$29.99)</p> <p><i>A new 1.5-hour learning module developed by the NCCIH and the Canadian Paediatric Society examines key aspects of culturally safe care for Indigenous children, youth, and families, and explores how culturally safe care is practiced. It covers historical factors, social determinants of Indigenous health, and power imbalances that affect patient-practitioner interactions, and explores factors, such as racism, that are barriers to accessing health care for Indigenous patients.</i></p> <p>Register at pedagogy.cps.ca.</p>
16	Self-paced, on-line	<p>BHEC: Black Health Primer (Registration fee required)</p> <p><i>The Black Health Primer aims to transform medical and health professional education to improve the lives of Black communities and beyond. It was created in response to gaps in education and training on Black health and anti-Black racism in medicine and public health in Canada.</i></p> <p><i>Eight modules, approximately 1 hr per module.</i></p>
REPORTS, BRIEFINGS AND ARTICLES		
	Date/ Time	Title / Link / Description
17	Mar 5, 2025	Statistics Canada: Key findings from the Health of Canadians report, 2024

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18	Mar 6, 2025	Psychology Today: Breaking Barriers in Women’s Mental Health: Celebrate International Women's Day by empowering women’s mental health. <i>Women face unique psychological challenges due to biological, social, and cultural influences. This post examines key mental health concerns for women, highlights barriers to care, and explores strategies for fostering resilience and well-being.</i>
19	Mar 10, 2025	Statistics Canada: Healthcare access among children and youth aged 1 to 17 in Canada: Results from the 2023 Canadian Health Survey on Children and Youth, cross-sectional component
20	Mar 12, 2025	Maytree Foundation: Why income support is good housing policy: A new case for a permanent housing benefit in Canada. Sam DiBellonia, Alexi White
21	Mar 2025	Income, education, and the clustering of risk in cardiovascular disease in the US, 1999–2018: an observational study Abdalla, Salma M. et al. The Lancet Regional Health – Americas, Volume 0, Issue 0, 101039. March 6, 2025 Also:Technology Networks: Wealth and Education Play Significant Role in Heart Disease Risk
22	Jan 26, 2025	Ervin A, Raphael D. Liberal/Individualized Versus Materialist/Structuralist Approaches to Addressing Social and Health Inequalities: Education and Income as Social Determinants of Health. <i>Community Health Equity Research & Policy</i> . 2025;0(0). doi: 10.1177/2752535X251316086
23	2024	IHI: Pursuing Equity Action Community: Lessons Learned and Team Summary Reports <i>This report describes the experiences and learning of health care organizations participating in the Pursuing Equity Action Community to make progress on measurable clinical equity improvement projects and advance the culture of equity at their organizations.</i>
24	Nov 2024	BMC Public Health volume 24, Article number: 3061 (2024) A study of the Enablers and Barriers to the Collection of Sociodemographic Data by Public Health Units in Ontario, Canada During the COVID-19 Pandemic <i>Collection and use of sociodemographic data (SDD), including race, ethnicity and income, are foundational to understanding health inequities. Ontario’s public health units collected SDD as part of COVID-19 case management and vaccination activities. This research aimed to identify enablers and barriers to collecting SDD during COVID-19 case management and vaccination.</i>
25	Dec 2024	NCCDH: Updates to the Glossary of Essential Health Equity Terms <i>With the release of the Let’s Talk: Determinants of health, our team has updated and added new terms to our online glossary of Essential Health Equity Terms:</i>

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		<ul style="list-style-type: none"> • Updated: Structural determinants of health • Updated: Social determinants of health • New: Ecological determinants of health
26	Nov 2024	<p>IHI: Berwick on What Health Care Needs Today, by Don Berwick.</p> <p><i>"We need spaces where people who want to make change in health care can be together," according to IHI President Emeritus and Senior Fellow Don Berwick. In an interview conducted in October, Berwick spoke about big changes needed in health care to support patients and health care professionals alike. He highlighted the importance of supporting one another to make these improvements.</i></p>
27	Oct 23, 2024	<p>Maytree Foundation: In search of political will: Strengthening Canada's mechanisms for the domestic implementation of international human rights commitments, with Alexi White</p> <p><i>The history of domestic implementation of Canada's international human rights commitments is disappointing, particularly when it comes to economic and social rights. Many countries struggle to live up to these obligations, but few position themselves as a global human rights champion the way Canada does. Over the past 75 years, Canada has neglected to build the necessary legal foundations, government structures, and political will at home to institutionalize human rights and provide accountability to rights holders. We need a new national framework for international human rights implementation.</i></p> <p><i>To support this broad goal, Maytree's report examines Canada's national, sub-national, and intergovernmental mechanisms for the domestic implementation of our international human rights commitments.</i></p>
28	Oct 2024	<p>HealthBegins, in partnership with Elevance Health, is proud to launch the Social Needs Investment Lab: Evidence Assessment Library.</p> <p><i>The Evidence Assessment Library (The Library) helps healthcare and social service organizations make evidence-based decisions about social needs interventions.</i></p>
29	Oct 2024	<p>Health Promotion and Chronic Disease Prevention in Canada Journal (HPCDP), Vol 44, No 10</p> <p><i>Contains several Health Equity related articles.</i></p>
30	2024	<p>NCCDH: New Foundational Resources – Reflecting on the causes of health inequities</p> <p><i>The NCCDH supports the public health community to work with others to address and disrupt systems of oppression and inequitable power relationships to advance health equity.</i></p> <p><i>Responding to this need, the NCCDH has published the following foundational resources:</i></p> <p>Let's Talk: Determinants of health</p>

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		The determinants of health: A curated list
31	2024	<p>NCCDH: Public Health Speaks: Public health's role in community organizing:</p> <ul style="list-style-type: none"> • How can engagement be done in a meaningful way that builds the power of the community? • What are the differences between activism and advocacy, community organizing and engagement? • How can public health harness the expertise and networks of community to jointly pursue health equity? <p><i>These important questions are discussed in the NCCDH's newest Public Health Speaks resource: Public health's role in community organizing. Hear from Samiya Abdi (formerly with the Black Health Education Collaborative) and Dr. Monika Dutt (former Medical Officer of Health, Newfoundland and Labrador) about how partnership with community can lead to sustainable solutions and the benefits and barriers of working with community as public health practitioners.</i></p>
32		<p>Put Food Banks Out of Business (Advocacy)</p> <p><i>Food insecurity is worse than it's ever been. For too long the federal and provincial governments have been failing people in Canada, and food banks have been picking up the slack. Now, leaders from across the food bank and food security sector are calling on political parties and candidates running in the 2025 federal and provincial elections to support a basic income in Canada to give people a fighting chance of escaping poverty and living with dignity.</i></p>
PREVIOUS WEBINAR RECORDINGS AND/OR MATERIALS		
	Date/ Time	Title / Link / Description
33	Jan 30, 2025	<p>NCCHPP: How Institutions, Politics, Organizations, and Governance Shaped COVID-19 Responses (Recording and Slide Deck)</p> <p><i>This webinar was intended to share results from the research project, Upstream determinants of effective COVID-19 response: learning from comparisons across Canada's provinces, funded by CIHR, in which the NCCHPP is a collaborator.</i></p>
34	Feb 11, 2025 11:30 – 1:00 pm	NCCDH: Advancing health equity in organizations and systems using frameworks as a tool
35	Feb 12, 2025 3:00 pm	UBCLC: Weaving Relations for Meaningful and Genuine Change
36	Feb 19, 2025 2:00 pm	The Politics of Social, Ecological, and Structural Determinants of Health in Canada Book Launch