

Lake Geneva Schools

FEBRUARY 2018

Jan 17, 2018

LAKE GENEVA MIDDLE SCHOOL LUNCH MENU

			1	2
			Cheeseburger w/ Bun OR BBQ Pork on WG Bun Ketchup and Mustard Baked Beans Fresh Tomatoes Applesauce Milk-asst. varieties	Chicken Nuggets/Roll OR Veggie Burger- WG Bun Celery/Dip Brocc./Caulif/steamed Peaches/Lt.Syrup Snickerdoodle Cookie Milk-asst. varieties
5	6	7	8	9
WG Pizza OR Mini Corn Dogs Fresh Garden Salad Salad Dressing, Asst. Fresh Tomatoes Peaches/Lt.Syrup Milk-asst. varieties	Cheese Quesadilla OR Cooks' Choice Crunchy Peas/Peppers SALSA Rice Yogurt, assorted Pears, Light Syrup Milk-asst. varieties	2 Tacos/ WG Tortillas OR Chicken Fajitas (2) Refried Beans Lettuce, Cheese, Tomato SALSA Apple, Fresh Milk-asst. varieties	Mini Sub OR Spicy Chicken Patty Baked Lays Chips Fresh Garden Salad Salad Dressing, Asst. Fresh Cucumbers Fruit Cocktail Milk-asst. varieties	Hot Dog on WG Bun OR Cheesy Pizza Bread Marinara Sauce Baked French Fries Carrots/Dip Applesauce WG Carnival Cookie Milk-asst. varieties
12	13	14	15	16
French Toast Sticks OR Omelet & Eng. Muffin Sausage Links-2 Hash Browns Wango Mango Juice Oranges Milk-asst. varieties	Meat & Cheese Nachos OR Fiestada SALSA Refried Beans Cucumbers/Dip Applesauce Milk-asst. varieties	Personal Pizza, 5" OR WG Chicken Strips & Dinner Roll Fresh Tomatoes Fresh Garden Salad Salad Dressing, Asst. Pears, Light Syrup Milk-asst. varieties	Mini Corn Dogs OR Meatball Sandwich Broccoli w/dip Fresh Cucumbers Peaches/Lt.Syrup Pudding, Fat Free Milk-asst. varieties	Mac and Cheese, WG OR Turkey Burger Cherry Tomatoes Fresh Garden Salad Salad Dressing, Asst. Fruit Cocktail Milk-asst. varieties
19	20	21	22	23
Chicken Nuggets/Roll OR Veggie Burger- WG Bun Celery/Dip Brocc./Caulif/steamed Peaches/Lt.Syrup Snickerdoodle Cookie Milk-asst. varieties	Cheeseburger w/ Bun OR BBQ Pork on WG Bun Fresh Tomatoes Fresh Garden Salad Salad Dressing, Asst. Applesauce Ketchup and Mustard Milk-asst. varieties	Salisbury Steak&gravy OR Big Chicken Drumstick Mashed Potatoes WG Dinner Roll Peaches/Lt.Syrup Cucumbers & Red Peppers Light Ranch Dip Milk-asst. varieties	Chicken Patty on Bun OR Rib B Q Sandwich Sweet Potato Fries Snap Peas/Dip Apple, Fresh Jello Light Mayo Milk-asst. varieties	NO SCHOOL TODAY
26	27	28		
Hot Dog on WG Bun OR Cheesy Flatbread CAULIFLOWER, raw Light Ranch Dip Baked French Fries Fruit Cocktail Milk-asst. varieties	Mini Sub OR Ch.Parmesan Sandw. Fresh Tomatoes Lettuce, Shredded Fresh Cucumbers Light Ranch Dip Light Mayo Peaches/Lt.Syrup Baked Lays Potato Chip Milk-asst. varieties	2 Tacos/ WG Tortillas OR Chicken Fajitas (2) Lettuce, Cheese, Tomato Refried Beans SALSA Pears, Light Syrup Milk-asst. varieties		

Menu Subject to Change if Necessary

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

Lunch Prices \$ 2.50/ Full Pay/\$.40 Reduced/\$3.40 Adult

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.