

Lake Geneva Schools

MARCH 2018

Feb 13, 2018

LAKE GENEVA MIDDLE SCHOOL LUNCH MENU BROOKWOOD MIDDLE SCHOOL LUNCH MENU

			1 Cheese Quesadilla OR Orange Chicken SALSA Crispy Fresh Broccoli Light Ranch Dip Pineapple/Orange Fruit Rice Apple or Orange Milk-asst. varieties	2 WG Pizza OR Mini Corn Dogs Fresh Garden Salad Salad Dressing, Asst. Carrot Sticks Apple or Orange Applesauce Milk-asst. varieties
5 Chicken Nuggets/Roll OR Italian Beef Sandwich Baked Beans Radishes Apple or Orange Milk-asst. varieties	6 Sloppy Joe on bun OR Gril Chicken Sandwich Spudsters Carrots/Dip Pears, Light Syrup Apple or Orange Ice Cream Cup Milk-asst. varieties	7 Spaghetti W/Meat Sauce OR Chicken Alfredo with WG Noodles Fresh Garden Salad Salad Dressing, Asst. Celery/Dip Garlic Toast Pineapple Apple or Orange Milk-asst. varieties	8 Hot Ham&Cheese Sandwich OR Cheeseburger w/ Bun Sweet Potato Fries Fresh Cucumbers Light Ranch Dip Peaches/Lt.Syrup Apple or Orange WG Choc.Chip, Cookie Milk-asst. varieties	9 Cheese Dunkers OR Ravioli w/ roll WG Dinner Roll Marinara Sauce Fresh Garden Salad Salad Dressing, Asst. Apple or Orange Milk-asst. varieties
12 Meatball Sandwich OR Mini Corn Dogs Baked French Fries Carrots/Dip Pears, Light Syrup Apple or Orange Pudding, Fat Free Milk-asst. varieties	13 French Toast Sticks OR Omelet & Eng. Muffin Tri Tater -2 Sausage Links-3 Wango Mango Juice Fresh Fruit Milk-asst. varieties	14 Meat & Cheese Nachos OR Fiestada Refried Beans Lettuce, Shredded SALSA Apple or Orange Applesauce Milk-asst. varieties	15 Chicken Quesadilla OR WG Chicken Egg Roll Cherry Tomatoes Broccoli w/dip Rice Apple or Orange Fruit Cocktail Milk-asst. varieties	16 Personal Pizza, 5" OR WG Chicken Strips Fresh Garden Salad Salad Dressing, Asst. Carroteenies Apple or Orange Pineapple/Orange Fruit Milk-asst. varieties
19 Hot Dog on WG Bun OR Cooks' Choice Baked French Fries Carrots/Dip Applesauce WG Carnival Cookie Milk-asst. varieties	20 Cheese Quesadilla OR Fiestada Crunchy Peas/Peppers SALSA Rice Yogurt, assorted Pears, Light Syrup Milk-asst. varieties	21 2 Tacos/ WG Tortillas OR Chicken Fajitas (2) Refried Beans Lettuce, Cheese, Tomato SALSA Apple, Fresh Milk-asst. varieties	22 Mini Sub OR Ch.Parmesan Sandw. Baked Lays Chips Fresh Garden Salad Salad Dressing, Asst. Fresh Cucumbers Fruit Cocktail Milk-asst. varieties	23 WG Pizza OR Mini Corn Dogs Fresh Garden Salad Salad Dressing, Asst. Fresh Tomatoes Peaches/Lt.Syrup Milk-asst. varieties

Menu Subject to Change if Necessary
Lunch Prices Student Full Pay \$ 2.50/Reduced .40/Adult \$3.40

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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.