

Lake Geneva Schools

MAY 2017

Apr 11, 2017

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LAKE GENEVA MIDDLE SCHOOL LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| May - 1 Hamburger/WG Bun OR Grill Chicken Sandwich Corn Tomatoes Pears, Light Syrup Apple or Orange Ketchup and Mustard Ice Cream Cup Milk-asst. varieties | May - 2 Mini Corn Dogs OR Chicken Quesadilla Ketchup and Mustard SALSA Sour Cream Sweet Potato Fries Celery/Dip Apple or Orange Applesauce Milk-asst. varieties | May - 3 Meat & Cheese Nachos OR Fiestada SALSA Sour Cream Refried Beans Peaches/Lt.Syrup Apple or Orange Wh.Grain Cookie, RF Milk-asst. varieties | May - 4 Meatball Sandwich OR Hot Dog on WG Bun Ketchup and Mustard Green Beans Broccoli/Dip Pineapple/Orange Fruit Apple or Orange Milk-asst. varieties | May - 5 Personal Pizza, 5" OR Chicken Nuggets/Roll Ranch/BBQ/Honey Fresh Garden Salad Carrot Sticks Apple or Orange Fresh Fruit Milk-asst. varieties |
| May - 8 BBQ Pork on WG Bun OR Chicken/Parmesan-WG Bun Baked Beans Celery & Dip Pineapple Apple or Orange Milk-asst. varieties | May - 9 Popc. Chicken/Roll OR WG Pizza Ranch/BBQ/Honey Carrots CAULIFLOWER,raw Peaches/Lt.Syrup Apple or Orange Milk-asst. varieties | May - 10 Big Chicken Drumstick OR Breaded Pork Patty Dinner Roll/Butter Mashed Potatoes Fresh Garden Salad Salad Dressing, Asst. Cranberries Apple or Orange Wh.Grain Cookie, RF Milk-asst. varieties | May - 11 Chicken Teriyaki OR WG Chicken Egg Roll Rice Yogurt, assorted Snap Peas/Dip Carrot Sticks Apple or Orange Mandarin Oranges Milk-asst. varieties | May - 12 Toasted Cheese Sand. OR Tuna Sandwich/WG bread Tomato Soup Crispy Fresh Broccoli Cucumbers/Dip Fruit Cocktail Apple or Orange Milk-asst. varieties |
| May - 15 Grill Chicken Sandwich OR Veggie Burger- WG Bun Baked Beans Celery/Dip Peaches/Lt.Syrup Apple or Orange Pudding, Fat Free Milk-asst. varieties | May - 16 Orange Chicken OR Cheese Quesadilla Rice Yogurt, assorted Snap Peas/Dip Carrot Sticks Apple or Orange Pears, Light Syrup Milk-asst. varieties | May - 17 Cooks' Choice | May - 18 Hot Ham&Cheese Sandwich OR Sloppy Joe/WG Bun Spudsters Carrots/Dip Fruit Cocktail Apple or Orange Milk-asst. varieties | May - 19 Mac and Cheese, WG OR WG Chicken Strips WG Dinner Roll Fresh Garden Salad Salad Dressing, Asst. Carrots Mandarin Oranges Apple or Orange Milk-asst. varieties |
| May - 22 French Toast Sticks Syrup OR Omelet & Eng. Muffin Sausage Links Hash Browns Pineapple Apple or Orange Wango Mango Juice Milk-asst. varieties | May - 23 Mini Sub OR Turkey Burger Baked Lays Potato Chip Tomatoes Fresh Garden Salad Salad Dressing, Asst. Strawberry Cup Apple or Orange Milk-asst. varieties | May - 24 Salisbury Steak w/gravy OR Cooks' Choice WG Dinner Roll Mashed Potatoes Carrots/Dip Applesauce Apple or Orange Wh.Grain Cookie, RF Milk-asst. varieties | May - 25 Chicken Nuggets/Roll OR WG Pizza Cucumbers/Dip Sweet Potato Fries Peaches/Lt.Syrup Apple or Orange Milk-asst. varieties | May - 26 Cooks' Choice |
| May - 29 | May - 30 | May - 31 | | |

Lunch Price: Full Pay \$ 2.50/ Reduced .40/Adult \$3.40

MENU SUBJECT TO CHANGE IF NECESSARY

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.