

Lake Geneva Schools

APRIL 2018

Mar 13, 2018

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LAKE GENEVA MIDDLE SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patty on Bun OR Rib B Q Sandwich Light Mayo Sweet Potato Fries CAULIFLOWER,raw Light Ranch Dip Apple, Fresh Milk-asst. varieties	3 Mac and Cheese, WG OR Turkey Burger Fresh Garden Salad Salad Dressing, Asst. Carrot Sticks Dinner Roll/Butter Fruit Cocktail Milk-asst. varieties	4 Salisbury Steak&gravity OR Big Chicken Drumstick Mashed Potatoes Fresh Garden Salad Salad Dressing, Asst. Dinner Roll/Butter Cranberries Milk-asst. varieties	5 Cheeseburger w/ Bun OR BBQ Pork on WG Bun Ketchup and Mustard Baked Beans Fresh Tomatoes Applesauce Milk-asst. varieties	6 Chicken Nuggets/Roll OR Veggie Burger- WG Bun Celery/Dip Brocc./Caulif/steamed Peaches/Lt.Syrup Snickerdoodle Cookie Milk-asst. varieties
9 Cheese Dunkers OR Ravioli w/ roll WG Dinner Roll Marinara Sauce Fresh Garden Salad Salad Dressing, Asst. Pears, Light Syrup Milk-asst. varieties	10 Gril Chicken Sandwich OR Sloppy Joe on bun Baked Beans Fresh Cucumbers Light Ranch Dip Peaches/Lt.Syrup Jello Milk-asst. varieties	11 Turkey & Gravy OR Breaded Pork Patty Mashed Potatoes Fresh Garden Salad Salad Dressing, Asst. Dinner Roll/Butter Applesauce Milk-asst. varieties	12 Hot Ham&Cheese Sandwich OR Cheeseburger w/ Bun Sweet Potato Fries Snap Peas/Dip Fruit Cocktail; lt.syrup Fruit Icee-100% Fruit Milk-asst. varieties	13 Toasted Cheese Sndw OR Tuna Sandwich Tomato Soup Carrot Sticks Celery/Dip Pineapple/Orange Fruit Milk-asst. varieties
16 French Toast Sticks OR Omelet & Eng. Muffin Tri Tater -2 Sausage Links-3 Wango Mango Juice Fresh Fruit Milk-asst. varieties	17 Mini Corn Dogs OR Meatball Sandwich Baked French Fries Carrots/Dip Pears, Light Syrup Apple or Orange Pudding, Fat Free Milk-asst. varieties	18 Meat & Cheese Nachos OR Fiestada Refried Beans Broccoli/Dip Apple or Orange Applesauce Milk-asst. varieties	19 Chicken Quesadilla OR WG Chicken Egg Roll Cherry Tomatoes Fresh Garden Salad Salad Dressing, Asst. Rice Apple or Orange Fruit Cocktail Milk-asst. varieties	20 Personal Pizza, 5" OR WG Chicken Strips Fresh Garden Salad Salad Dressing, Asst. Carroteenies Apple or Orange Pineapple/Orange Fruit Milk-asst. varieties
23 Hot Dog on WG Bun OR Italian Beef Sandwich CAULIFLOWER,raw Light Ranch Dip Baked French Fries Fruit Cocktail Milk-asst. varieties	24 Mini Sub OR Ch.Parmesan Sandw. Fresh Tomatoes Lettuce, Shredded Fresh Cucumbers Light Ranch Dip Light Mayo Peaches/Lt.Syrup Baked Lays Potato Chip Milk-asst. varieties	25 2 Tacos/ WG Tortillas OR Chicken Fajitas (2) Lettuce, Cheese, Tomato Refried Beans SALSA Pears, Light Syrup Milk-asst. varieties	26 Cheese Quesadilla OR Orange Chicken SALSA Crispy Fresh Broccoli Light Ranch Dip Pineapple/Orange Fruit Rice Apple or Orange Milk-asst. varieties	27 WG Pizza OR Mini Corn Dogs Fresh Garden Salad Salad Dressing, Asst. Carrot Sticks Apple or Orange Applesauce Milk-asst. varieties
30 Popc. Chicken/Roll OR Veggie Burger- WG Bun Red Beans & Rice Celery/Dip Baked Beans Pineapple/Orange Fruit WG Choc.Chip, Cookie Milk-asst. varieties				

Menu Subject to Change if Necessary
Lunch Price \$ 2.50 full pay/\$.40 reduced/ \$ 3.40 adult
This Institution is an Equal Opportunity Provider

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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