



Clearwater Central Catholic High School

"Where Possibility and Opportunity Meet"

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Covid-19 Policies and Procedures for Coaches, Athletic Staff & Student-athletes

Attendance:

1. Summer participation in practices is optional. Coaches may not mandate participation or penalize any student for not attending.
2. All students must have a valid physical and consent form through athleticclearance.com. Student athletes should contact Mr. Ryan Mueller, Assistant Athletic Director, (<mailto:rmueller@ccchs.org>) with any issues uploading documents. Additionally, a [waiver form](#) must be signed by a parent. All students and coaches are required to view videos on heat illness, sudden cardiac arrest and concussions at <http://www.nfhslearn.com>. These videos are free.
3. Students will check in before practice at the field, complete a check in questionnaire, and have their temperature taken.
4. If a student or coach shows any signs of illness, they must stay home. If any student or coach tests positive for COVID, they should promptly notify Athletic Director John Gerdes and may not return until written clearance from a physician.

Weight Room, Gym and Locker Room Policies:

1. The locker rooms will be inaccessible to the students until further notice.
2. All equipment on the field and in the Weight Room will be disinfected after each session.
3. Coaches must wear masks in the Weight Room.
4. 4-5 Groups of 10 with no more than 20 athletes may be on the field at same time and no more than 15 people including coaches in weight room at same time.
5. The gym should not have any more than 30 persons at any given time. This includes student athletes and coaches. (Gym is closed for activity until June 22).
6. The Weight Room is limited to 15 student athletes and/or coaches at any given time.

Restroom Policies:

1. The restrooms attached to the ticket office and those in the Football Stadium area will be used by boys. There should only be ONE boy at a time in each of these restrooms.
2. The girls will use the restroom in the gym. There should be only ONE girl at a time in this restroom.

Masks:

1. Coaches and athletic staff are required to always wear masks when indoors and whenever they cannot maintain 6 ft. distances outdoors.
2. Students are not required to wear masks during practices.

Policies for Athletes:

1. Each student athlete is required to provide their own water bottle for hydration
2. Each student athlete must have their temperature taken at the start along with verbally answering a questionnaire concerning symptoms/contacts etc.
3. Each athlete must always maintain social distancing and may wear a mask if they so choose.

Policies for Coaches:

1. Even when social distancing outdoors, it is recommended that coaches wear masks though it is not required.
2. Coaches will check carefully to ensure that social distancing is always observed by student-athletes.
3. Coaches will check in before practice, have their temperature taken and answer a series of questions relative to their health.

Policies for Parents of Athletes:

1. Parents and any other non-participants in athletic practices may not stay and watch. Students must drive themselves to school or be dropped off and picked up promptly.

Other Policies:

1. Wrestling is limited to outdoor conditioning only. There should be no physical contact among wrestlers.
2. The wrestling room and locker area will be closed to wrestlers.
3. Softball, baseball, lacrosse, volleyball, boys and girls basketball, and boys and girls soccer, must be limited to conditioning only, including weights. Equipment may not be used.
4. Cheerleading may conduct tryouts, but no stunting is permitted. Social distancing must always be observed.
5. Golf, cross country, swimming and track may participate with their own individual equipment and should not touch or use others' equipment. Track athletes who use shared equipment (i.e. pole vault, high jump, shot, discus, etc.) are limited to conditioning only.
6. All sports may utilize weight room on a scheduled basis through Mr. John Gerdes with no more than 15 people, including coaches.

These requirements will be in place until further notice. In the meantime, school officials will seek guidance from the CDC, state and local government agencies, and the Diocese of St. Petersburg. Adjustments will be made relative to their recommendations and the evolution of Covid-19.