



## Adelaide Young People's Wellbeing Initiative (AYPWI)

The AYPWI aims to co-create a future where all 18-24-year-olds who live in the City of Adelaide have great wellbeing.

The initiative is a response to the city's 2016 PERMA+ survey outcomes. Whilst the population's average score beat the global mean, its 18-24-year-olds, who make up a quarter of all residents, self-reported lower levels of wellbeing.

### What we've been up to...

Having a young population with only 'average' wellbeing isn't good enough. That's why on 27th March 2017, 45 young people and representatives of a wide range of organisations and sectors gathered together to start the AYPWI.

Since then lots has happened with highlights including:

#### *The AYPWI Getting a NEW Name and Look!*

In Spring, the initiative's Youth Engagement Team organised a competition to find a catchy NEW name.

Although none of the entries had the wow factor the group was looking for, they did an amazing job of

organising the challenge with member Imran being responsible for the design of the promo materials.

Plan B is now being put into action and includes a co-design process with a young local designer.



#### *The Wellbeing Wall Road Show*

To test the AYPWI's draft vision various activities were organised including a focus group, 1:1 interviews and community conversations.

In a timeframe of only four weeks the Youth Engagement Team visited UniSA, Adelaide University, Urbanest and Adelaide Uni Village, where they engaged with 120+ young people.



#### *Governance*

With interest and involvement in the initiative growing it was clear the AYPWI soon would be needing a more formal structure to help it function effectively. Four volunteers took on the challenge and created a governance structure, plus accompanying role descriptions.

#### *Roundtable 2*

On 16 October, the AYPWI organised its second roundtable. 44 participants received an update of where the initiative's at and brainstormed strategies and quick wins which will help inform the community plan and priorities for 2018.



## What we've achieved...

Given the AYPWI is only 9 months old, the achieved results are impressive. Examples being:

- 60+ representatives of various cross-sector organisations plus 140+ young people have delivered a contribution so far.
- The data collected through the **Wellbeing Wall Road Show** has made a significant contribution in helping to determine focus areas and ensuring we concentrate our work on the things that matter most to young people in the city - having connections, good health, safety, opportunities for growth, a sustainable environment and being valued.
- Feedback from the young members leading this work demonstrates positive impact including better communication, leadership, teamwork and time management skills.

## Where we're going...

Over the next three months Adelaide designer Lily McGeown will be working closely with the AYPWI's Youth Engagement Team and other young people in the city to co-create and design the NEW name and brand which will be launched during O-Week 2018. Simultaneously the Youth Engagement Team will be out and about to engage with vulnerable young people in the city to gather their ideas and input as well as prepare activities for new students moving into the city. Other highlights include the development of the initiative's Community Plan which is scheduled to take place in February and March 2018 and will include the selection of indicators and development of a 12-month action plan. Plus, the organisation of an Amazing Wellbeing Race for SA Youth Week 2018.

## Join the Adelaide Young People's Wellbeing Initiative

To find out more about the AYPWI click [here](#)! Want to stay up to date about activities and/or get involved?

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