

## Robins Café

Bereavement Support for those who were carers.



Every second  
Wednesday of the  
month

1.30pm-3.00pm.

At Kate Fassnidge  
Community Hall  
Uxbridge.

This is a social group for bereaved ex carers who are seeking  
a supportive space to meet others with similar life  
experiences.

To join the Robins Café please email to refer:

[jchipperfield@harlingtonhospice.org](mailto:jchipperfield@harlingtonhospice.org)

Or call: 0208 106 9201 (ask for Julia Chipperfield).