

# Hayes Town Locality Children's Centres

22<sup>nd</sup> February-26<sup>th</sup> March 2021



The Centres are open Monday - Friday (8:30am - 4:00pm) for information and support for families with children up to 5 years of age.

**One to One sessions are available at all centres, please call to book.**

We are ONLY  
delivering Virtual  
Group Sessions via:  
  
Microsoft Teams

	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p><b>Virtual</b> <b>Play at Home</b> (Age 0 to 5 years) 10am to 10.30am Please book</p> <p><b>Virtual</b> <b>Come Talk With Me</b> (2-5 years) 10am to 11am Please book</p> <p><b>Virtual</b> <b>Baby Massage</b> (4-week programme for babies aged 6 weeks to 6 months) 11.30am to midday Please book</p>	<p><b>Virtual</b> <b>Baby Rhyme and Story time</b> (from 0-12months) 10:30am to 11am Please book</p> <p><b>Virtual</b> <b>Mini Music and Movement</b> (Under 2s) 11.30am to midday Please book</p>	<p><b>Virtual</b> <b>Music and Movement</b> (Age 0 to 5 years) 11am to 11.30am Please book</p> <p><b>Virtual</b> <b>Toddler Group</b> (Age 1 to 4 years) 10:30am to 11am Please book</p>	<p><b>Virtual</b> <b>Attention Building</b> (5-week programme to support children's listening and attention skills) 10am to 11am Invite ONLY Starting on 04/03/2021</p> <p><b>Virtual</b> <b>Rhyme and Story Time</b> (Age 0 to 5 years) 10:30am to 11am Please book</p>	<p><b>Virtual</b> <b>Rhyme and Story Time</b> (Age 0 to 5 years) 10am to 10.30am Please book</p> <p><b>Virtual</b> <b>Music and Movement</b> (Age 0 to 5 years) 10:30am to 11am Please book</p>
AFTERNOON	<p><b>Virtual</b> <b>Rhyme and Story Time</b> (Age 0 to 5 years) 2pm to 2:30pm Please book</p> <p><b>Virtual</b> <b>Parenting</b> A 5-week programme on developing skills to manage behaviour in children 2pm to 3pm Please book</p>	<p><b>Virtual</b> <b>Music and Movement</b> (Age 0 to 5 years) 2pm to 2:30pm Please book</p> <p><b>Virtual</b> <b>Rhyme and Story Time</b> (Age 0 to 5 years) 2pm to 2:30pm Please book</p>	<p><b>Virtual</b> <b>Play at Home</b> (Age 0 to 5 years) 3pm to 3.30pm Please book</p> <p><b>Virtual</b> <b>Be Inspired Course</b> <b>Healthy Mind/Healthy Body</b> 1.30pm to 3pm Please book</p>	<p><b>Virtual</b> <b>Baby Group Early Days</b> (from birth and the first few weeks) 2:30pm to 3:30pm Please book</p> <p><b>Virtual</b> <b>Workshops</b> (contact us for themes and topics) 2pm to 3pm Please book</p>	<p><b>Virtual</b> <b>Play at Home</b> (Age 0 to 5 years) 2pm to 2.30pm Please book</p> <p><b>Virtual</b> <b>Baby Group</b> (from 0-12months) 2:30pm to 3pm Please book</p>

## Contact Us:

Pinkwell Children's Centre  
Pinkwell Lane Hayes UB3 1PG  
01895 250 533  
pinkwellcc@hillingdon.gov.uk

### Family Support One to One

Telephone or in centre support on parenting, stress management, well being, money worries and more.  
Please book an appointment

Barra Hall Children's Centre  
Barra Hall Wood End Green Road  
Hayes UB3 2SA  
01895 277877  
bhcc@hillingdon.gov.uk

	Monday	Tuesday	Wednesday	Thursday	Friday
Pinkwell Childrens Centre			Midwife 9.30am to 12.30pm	Health Visitor Clinic and Child Health Reviews 9.30am to 12.30pm	
Barra Hall Childrens Centre	Midwife (9 am - 4 pm)  Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm)  Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm)  Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm)  Children's Integrated Therapy Services (9.30 am -midday)	Midwife (9 am - 4 pm)  Health Visitors Clinic (9.30 am - 12.30 pm)
Useful information	<b>Families Information Service</b> - 01895 556489, <b>Community Midwives</b> - 01895 279472, <b>Hillingdon Health Visiting Team</b> - 01895 891302, <b>Hillingdon Talking Therapies</b> - 01895 206 800				

**Please ask for more information:**



**Navigator Yiewsley Advice Centre**  
(Housing, Education, Training, Employment, Health, Benefits)  
T. 01895 436114



**Virtual Oral Health Education Session for Parents & Carers via ZOOM**  
Please call 01895 558194 for more information



### 2 Year Old Funding

Do you qualify for FREE childcare for your two-year old child?  
To find out more, please speak to a member of our staff team or visit:

[www.hillingdon.gov.uk/freechildcare](http://www.hillingdon.gov.uk/freechildcare)

With Healthy Start, you get free vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.



[www.hillingdon.gov.uk/childrenscentres](http://www.hillingdon.gov.uk/childrenscentres)

