

Hayes Town Locality Children's Centres

22nd February-26th March 2021



We are **ONLY**
delivering Virtual
Group Sessions via:



The Centres are open Monday - Friday (8:30am - 4:00pm) for information and support for families with children up to 5 years of age.

One to One sessions are available at all centres, please call to book.


	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING	<p>Virtual Play at Home (Age 0 to 5 years) 10am to 10.30am Please book</p> <p>Virtual Come Talk With Me (2-5 years) 10am to 11am Please book</p> <p>Virtual Baby Massage (4-week programme for babies aged 6 weeks to 6 months) 11.30am to midday Please book</p>	<p>Virtual Baby Rhyme and Story time (from 0-12months) 10:30am to 11am Please book</p> <p>Virtual Mini Music and Movement (Under 2s) 11.30am to midday Please book</p>	<p>Virtual Music and Movement (Age 0 to 5 years) 11am to 11.30am Please book</p> <p>Virtual Toddler Group (Age 1 to 4 years) 10:30am to 11am Please book</p>	<p>Virtual Attention Building (5-week programme to support children's listening and attention skills) 10am to 11am Invite ONLY Starting on 04/03/2021</p> <p>Virtual Rhyme and Story Time (Age 0 to 5 years) 10:30am to 11am Please book</p>	<p>Virtual Rhyme and Story Time (Age 0 to 5 years) 10am to 10.30am Please book</p> <p>Virtual Music and Movement (Age 0 to 5 years) 10:30am to 11am Please book</p>
AFTERNOON	<p>Virtual Rhyme and Story Time (Age 0 to 5 years) 2pm to 2:30pm Please book</p> <p>Virtual Parenting A 5-week programme on developing skills to manage behaviour in children 2pm to 3pm Please book</p>	<p>Virtual Music and Movement (Age 0 to 5 years) 2pm to 2:30pm Please book</p> <p>Virtual Rhyme and Story Time (Age 0 to 5 years) 2pm to 2:30pm Please book</p>	<p>Virtual Play at Home (Age 0 to 5 years) 3pm to 3.30pm Please book</p> <p>Virtual Be Inspired Course Healthy Mind/Healthy Body 1.30pm to 3pm Please book</p>	<p>Virtual Baby Group Early Days (from birth and the first few weeks) 2:30pm to 3:30pm Please book</p> <p>Virtual Workshops (contact us for themes and topics) 2pm to 3pm Please book</p>	<p>Virtual Play at Home (Age 0 to 5 years) 2pm to 2.30pm Please book</p> <p>Virtual Baby Group (from 0-12months) 2:30pm to 3pm Please book</p>

Contact Us:

Pinkwell Children's Centre
Pinkwell Lane Hayes UB3 1PG
01895 250 533
pinkwellcc@hillingdon.gov.uk

**Family Support
One to One**
Telephone or in centre support on parenting, stress management, well being, money worries and more.
Please book an appointment

Barra Hall Children's Centre
Barra Hall Wood End Green Road
Hayes UB3 2SA
01895 277877
bhcc@hillingdon.gov.uk

	Monday	Tuesday	Wednesday	Thursday	Friday
Pinkwell Childrens Centre			Midwife 9.30am to 12.30pm	Health Visitor Clinic and Child Health Reviews 9.30am to 12.30pm	
Barra Hall Childrens Centre	Midwife (9 am - 4 pm) Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm) Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm) Perinatal Mental Health (9 am - 4 pm)	Midwife (9 am - 4 pm) Children's Integrated Therapy Services (9.30 am -midday)	Midwife (9 am - 4 pm) Health Visitors Clinic (9.30 am - 12.30 pm)
Useful information	Families Information Service - 01895 556489, Community Midwives - 01895 279472, Hillingdon Health Visiting Team - 01895 891302, Hillingdon Talking Therapies - 01895 206 800				

Please ask for more information:



**Navigator Yiewsley
Advice Centre**
(Housing, Education,
Training, Employment,
Health, Benefits)
T. 01895 436114



**Virtual Oral Health
Education Session for
Parents & Carers via
ZOOM**

**Please call 01895 558194
for more information**



2 Year Old Funding

Do you qualify for **FREE** childcare for your two-year old child?

To find out more, please speak to a member of our staff team or visit:

www.hillingdon.gov.uk/freechildcare

With Healthy Start, you get free vouchers every week to spend on milk, fresh, frozen, and tinned fruit and vegetables, fresh, dried, and tinned pulses, and infant formula milk. You can also get free vitamins.



www.hillingdon.gov.uk/childrenscentres

