

# Full Marathon | 26.2 Race Course



The Sanctuary Hotel



Mile Marker



Water Station



Spectators



## 2019 MARATHON WEEKEND

Contact: 843.768.6001  
Kiawah\_Marathon@KiawahResort.com



### CALENDAR OF EVENTS

#### THURSDAY, DECEMBER 12

- 4pm - 7pm Marathon Expo: EBCC
- 4pm - 7pm Race shirt, B-tag/Bib pick up: EBCC

#### FRIDAY, DECEMBER 13

- 10am - 8:30pm Marathon Expo: EBCC
- 10am - 8:30pm Race shirt, B-tag, bib pick up and race shirt exchange: EBCC
- 10:30am - 6:30pm Holiday Market: Race Venue
- 2:30pm - 4pm Pre-race Bike Tour: Reservations required, bikes supplied. Meet at medical tent in race venue parking lot.
- 3:30pm - 5pm Pre-race Van Tour: Course Preview Tour, advanced reservations required. Meet at medical tent in race venue parking lot.
- 4:30pm - 5:30pm Glow in the Dark Color Run Pre-Race Party: Sanctuary Beach Access
- 5pm - 8:30pm Pre-race Celebration Buffet: EBCC, Walk-ups welcome
- 5:30pm 1-Mile and 5K Beach Color Run: Sanctuary Beach Access, advanced reservations required.
- 7pm Pre-Race Yoga: The Sanctuary Hotel Grand Oaks Ballroom, advanced reservations required.

#### SATURDAY, DECEMBER 14

- 5am Off-island shuttle: Begins from off-island parking near Freshfields Village to the race venue, and runs on demand until course closes
- 6:15am - 7:45am Race shirt, B-tag and bib pick up: EBCC
- 6:45am and 7:15am Pre-race Warm-up: All runners welcome, complimentary Governor's Hall, EBCC
- 7am - 9am Pre-registered bike rental pick-up: Adult 26" bikes only, Race Venue in back parking lot.

- 7am - 12pm Bike Rentals: All sizes, The Sanctuary Hotel Bike Pavilion
- 7:55am - 8:45am Road Closure: Kiawah Island Parkway from Night Heron Park to Vanderhorst Gate and Governor's Drive from Vanderhorst Gate to Flyway Drive
- 8am RACE START: Sea Forest Drive
- 8:30am - 12pm Heron Park Nature Center Open: Night Heron Park
- 9am - 12pm Family Room open: EBCC, Rutledge room, unsupervised
- 9:30am - 2:30pm Full and Half Marathon Party: Celebration Tent, race bib required for food
- 9:30am - 2pm Marathon Expo: Race Venue
- 10am - 2pm Party on the Pool Deck: The Sanctuary Hotel Pool Deck; Grilled sandwiches and Bloody Mary Bar. To-go options available.
- 11:30am Half Marathon Awards Ceremony: Celebration Tent
- 1pm Full Marathon Awards Ceremony: Celebration Tent
- 2:30pm Race course closes

#### SUNDAY, DECEMBER 15

- 8:30am - 1pm Lost and Found, Award Pick-up, Marathon Merchandise: EBCC
- 8:30am - 3pm Heron Park Nature Center Open: Night Heron Park, 843.768.6001
- 10am Yoga Recovery: The Sanctuary Hotel Grand Oaks Ballroom, reservations required.

KEY: EBCC-East Beach Conference Center



#### #KiawahMarathon

Share your Kiawah experience with our Marathon community. Tag Instagram and Twitter with #KiawahMarathon or post photos to our Kiawah Island Marathon Facebook page.

#### FULL MARATHON AID STATIONS

Water station miles are approximate:

- Mile 2 Water, Gatorade
- Mile 4 Water, Gatorade, Oranges, Bananas
- Mile 6 Water, Gatorade, Twizzlers
- Mile 7.5 Water, Gatorade, Oranges, Bananas
- Mile 9.5 Water, Gatorade, Oranges, Bananas
- Mile 11 Water, Gatorade, Twizzlers
- Mile 13 Water, Gatorade, Oranges, Bananas
- Mile 14.5 Water, Gatorade, Pretzels
- Mile 17 Water, Gatorade, Oranges, Bananas
- Mile 19 Water, Gatorade, Pretzels
- Mile 20.5 Water, Gatorade, Coke, Doughnut Holes
- Mile 21.5 Water, Gatorade, Oranges, Bananas
- Mile 23.5 Water, Gatorade, Jelly Beans, Oranges
- Mile 25.5 Water, Gatorade

#### ATTENTION SPECTATORS

Top spectator viewing points are an easy walk from the start and finish line! For more information, please consult with our course experts at the Information Table inside East Beach Conference Center.

UNOFFICIAL

 Spectators

Kiawah CERT  
Kiawah Island Community Association  
Medical University of South Carolina  
St. John's Fire and Rescue  
Town of Kiawah Island  
Trident Sports Medicine