



We Want YOU!

Dragon Varsity & JV Competitive Swimming

Dragon JV Swimming is a "No-Cut" Program offered for any HS student-athlete at Carroll ISD
4th & 8th blocks: Practice time 2:10-3:10 pm each school day

Dragon Varsity Swimming, by qualification, is held 1st & 5th blocks, in the mornings before school

Who? All 8th grade boys and girls interested in HS Competitive Swimming

*No competitive swimming experience necessary

*Must be able to swim safely

*Boys...no Speedos required!

Dragon Varsity/JV Swim "Screening" for incoming 9th graders

When? Saturday April 9th, Carroll Aquatic Center 12:00 noon to 1:00 pm

This "screening" is to encourage **any** Dawson or Carroll MS student that might be interested in Dragon HS Swimming, to offer them an opportunity to be seen, identified, evaluated and taught by our Dragon HS Swim Coaching Staff. *There is no cost for this screening.

All that is necessary is that you contact Head Coach Kevin Murphy, by email, to sign up to attend.

Kevin.murphy@southlakecarroll.edu

Important:

***All 8th grade NTN/LAC swimmers, regardless of level, are expected to attend

***All those current 8th graders already registered for JV Competitive Swimming Class, 4th & 8th blocks, are expected to attend this screening to meet and be evaluated by Coach Murphy and his Dragon HS Swim Coaching Staff.

Southlake Carroll Dragon Swimming & Diving 2022-2023
"Iron Sharpens Iron!"



We Want YOU! Dragon Varsity & JV Diving!

Dragon Diving is a program offered for any HS student-athlete at Carroll ISD. 4th & 8th blocks, practice time 2:10 - 3:10 pm each school day.

Who? All 8th grade boys and girls interested in HS Diving

- No diving experience necessary
- Must be able to swim safely

Dragon Diving “Screening” for incoming 9th graders:

When? Saturday April 9th, Carroll Aquatic Center 12:00 to 1:00 pm.

This “screening” is to encourage any Dawson MS or Carroll MS student that might be interested in Dragon Diving, to offer them an opportunity to be seen, identified, evaluated and taught by our Dragon Coaching Staff.

- There is no cost for this screening

Please email Coach P (Anastasia Pozdniakova) to sign up to attend anastasia.pozdniakova@southlakecarroll.edu

Southlake Carroll Dragon Swimming & Diving 2022-2023
“Iron Sharpens Iron!”