

Carroll Cross Country
Annual Dragon Run-A-Thon

Wednesday April 28th

Runners will be picked up at **3:40** on Wednesday April **28th** at the middle school and shuttled to the Sr. High campus where they will meet the team and be given a tour of our facilities. Details and information regarding our summer practice with times and locations will be presented. The team will run an **EASY** mile together on one of our marked courses. We will also show them some of the other courses we run.

After our run we will have pizza, snacks and drinks in the Sr. High cafeteria where we will answer questions and briefly discuss details of the summer schedule.

Dragon Run-A-Thon pledge sheets provided will need to be completed and turned in to me no later than May 15th. Proceeds from this pledge run will be used to offset the expenses (transportation, hotel) of our cross-country meet in Corpus Christi.

Thanks,

Coach Leonard

Dragon Run-A-Thon

Dragon Runner: _____

Wednesday April 28th, 2021

	Sponsor	Phone #	Flat Pledge	Total Pledge
ex.	Randy Runner	343-5678	\$20.00	\$20.00
ex.	Marie Miler	410-1111	\$8.00	\$8.00
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Pledges Collected: _____

Signature: _____

Make All Checks payable to CARROLL CROSS COUNTRY.

Proceeds from the Dragon Run-a-Thon go to transportation and hotel expenses.