



## Important Links

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# The Good News

St. Mark's Episcopal Church  
A Community of Grace

We spread God's word,  
love like Jesus,  
enjoy worshipping together,  
and help our neighbors.



Sunday, July 30, 2023 — Ninth Sunday after Pentecost  
Holy Eucharist (Communion) Services held at 8 and 10 AM

10 AM services can be viewed live or on demand via the church's website, Facebook page, and YouTube channel.

[Click HERE for Sunday Worship Information](#)



## Worship

### Postulant Julia Warren, Preacher

Postulant Julia Warren will be the preacher for The Transfiguration Service on Sunday, August 6, 2023. That day, we will bless her seminary journey. (See article in the Community & Fellowship section)



### Daughters of the King Open House: Sunday August 13

The Sancta Sophia chapter of the Daughters of the King will hold an Open House for all interested women of St. Mark's church on Sunday, August 13, at 11:45 AM in room 16. Get a beverage and join us for a light lunch and a chance to hear from current Daughters about their own experiences as a Daughter. The gathering will also include a video describing what it means to be a Daughter of the King,

followed by a brief business meeting and a spiritual growth activity to demonstrate what usually happens at our meetings.

## Questions about Sunday Worship: Instructed Eucharist Sept 3

The Eucharist, also known as Holy Communion, is central to our worship and faith. However, many of us may have questions about the significance and meaning behind the different elements and actions. To foster a deeper understanding and appreciation for the Eucharist, we invite you to submit any questions you have about our Sunday Worship for an Instructed Eucharist on September 3. No question is too simple.

## Prayer Requests

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org).



## Community & Fellowship

### Youth Group Starting Again-Orientation meeting Sunday, August 20

Saint Mark's youth group is starting up again. An orientation meeting for young people going into the 6th through 12th grades and for their parents, grandparents, and guardians will occur Sunday, August 20, from 11:45 AM - 12:30 PM in the church sanctuary. Facilitators Lisa and Peter Drew will introduce themselves, share the program for activities and learning, and answer questions. Contact information forms will be available for young people to take home and fill out with their parents, grandparents, or guardians. Get a quick snack and drink during coffee hour and then join us in the church.



### From the Buildings and Grounds Committee:

The church building has been getting several false alarms. Either a door is not securely closed, or the door gets opened somehow after hours. This triggers an alert to Upland Police Dept., and we get a bill for the false alarm. We want to alleviate false alarms.

If you open a door, make sure it is securely closed. If you unlock a door, make sure you lock it before you leave the building. If you have a problem with a door not closing securely or an issue with the lock, the B&G Committee needs to know about it. For any comments/suggestions, there will be a clip board in the parish hall. In addition, you can always call the office to report an issue.

### Blessing Postulant Julia Warren

On Sunday, August 6, join us as we bless Postulant Julia Warren as she begins her seminary formation. Julia will preach and serve at both services. St. Mark's has a legacy of lifting up church leaders for diocesan service and beyond. If you feel called to contribute towards a gift, please note Julia in the memo line of your check. Thank you for your prayers and generosity. Everyone is invited to sign a special gift for Julia in Room 14 on July 23 or July 30.

### Sunday School Off for July, Resumes August 6

Our volunteer teachers for Sunday School are taking the month of July off. Sunday school will resume on August 6.

### **Foothill Family Shelter school supplies drive: now until August 13**

The Sancta Sophia Daughters of the King are sponsoring a school supplies drive for the children of the Foothill Family Shelter and other families who use the shelter's services. Take advantage of all those back-to-school sales to buy needed items for vulnerable children: 3-ring binders, spiral bound notebooks, 3-hole notebook paper, pencils, washable markers, and anything else you think would be useful. Place your donations in the Foothill Family Shelter drop off baskets in the Narthex between now and Sunday, August 13, and Daughters will collect all donations and deliver them to the shelter office.

### **Blessing of students and their backpacks: August 13**

Children are encouraged to bring their backpacks or favorite school supplies to church with them on Sunday, August 13. Children at both services will be invited to come forward and receive a blessing as they begin a new school year.

### **Annual Book Exchange is Back!**

In honor of late rector from the 1990s, the Jonathan T. Glass (pictured) Summer Book Exchange is again open in Room 14. Bring any books you don't want and leave them neatly on the tables or the bookcase. Please don't bring books that are excessively tattered, marked, or missing covers and pages. You may take away any books you want. All leftover books will go to the Prison Library Project in Claremont. All sorts of books are welcome, from children's books to cookbooks, from science fiction to self-help, from pet care to poetry, from do-it-yourself to drollery, from travel to theology. Happy summer reading!  
Kathy Walker and Serena Beeks, Organizers



The Rev. Jonathan T. Glass

### **Sharing Our Events, Moments, and Ministries**

In order to improve communication about our events, activities, and ministries, please consider taking the following photos: 1) a group photo of your church ministry members; 2) a photo of a regular meeting; and/or 3) a photo of an annual event. These images will help tell the story of who you are, what you do, and who to talk to for more information. Short videos are welcome, too. Our hope is to use them for social media, the website, and the photo board. Please send your images to Guen Vinnedge at [dodgers@stmarks-upland.org](mailto:dodgers@stmarks-upland.org). For larger files try using the free mobile app WeTransfer (no paid subscription necessary).



## **Creation Care**

### **"Love God, Love God's World"**

"Love God, Love God's World" is a nine-session, film-based curriculum, ideal for Episcopalians anywhere on the journey with creation care and environmental ministry—from newcomers looking to take their first step to seasoned leaders seeking a transformative small-group experience. Sessions include compelling films and readings, faith-based reflections, and discussion questions. Participants will also discover ways to learn, pray, advocate, and conserve. Topics include: Eco-

theology and biblical foundations for creation care; Climate change and climate grief; Indigenous approaches to creation; Environmental racism; Renewable energy; and Resilience and solutions.

For more information, please contact Nancy Kinney.

**Register here...**

## **Bishop Curry on Creation Care**

"This is not secular do-goodism, this is the Jesus movement. As followers of Jesus, we care for God's world because God cares for God's world, and this means that we care about climate change." —The Most Rev. Michael B Curry, Presiding Bishop of the Episcopal Church

For more information on Creation Care contact Nancy Kinney or go to **Episcopal Church|Creation Care**

## **Creation Care for 7/10/2023**

I challenge you to use less plastic!

### **How long until it's gone?**

Single use plastic grocery bags	10 – 20 years
Plastic straws	450 years
Styrofoam cups	50 years
Plastic water bottles	450 years

Ref: Santa Barbara Maritime Museum

For the month of July go to [plasticfree.Ecochallenge.org](https://plasticfree.Ecochallenge.org) and join the St Mark's Upland team to learn how to use less plastic.

## **Creation Care for 7/17/2023**

"Do the best you can until you know better. Then, when you know better, do better."

Maya Angelou

## **Creation Care for 7/24/2023**

Apprehend God in all things, for God is in all things. Every single creature is full of God, and is a book about God. Every creature is a word of God. If I spent enough time with the tiniest creature - even a caterpillar - I would never have to prepare a sermon, so full of God is every creature.

A reading attributed to Meister Eckhart



## **Outreach**

### **Red Cross Blood Drive Update, June 27**

The results from the last blood drive are as follows:

Total donors, were 27%, 11% of those donors were first time donors. There was a total of 28 units of blood collected. The Red Cross considers a successful blood drive when 25 units of blood are collected. St Mark's has hosted 3 blood drives this year. There were 89 donors and 84 units of blood collected. Our next blood drive is August 30. Please sign up to donate if you are able. If you can't donate, please help get the word out to the community.

Program Leader  
Dale Biggs

## Our Biggest Outreach

When a person gives to St. Mark's Upland, they also contribute to diocesan and global ministries. Learn more about how your gift makes the world a better place: [Subscribe](#) to the Episcopal News Update.

## Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets in Room 30 on Saturdays from 9-10:30 AM.  
Al-Anon meets in Room 30 on Tuesdays from 6:30-8 PM.



## Stewardship & Finance

### Your Summer Contribution is Appreciated

Summer is often a time for rest, recreation, and renewal. Please remember to keep your pledge up to date. St. Mark's wages, utilities, and property expenses do not take a summer break. We also invite you to stay engaged with our ongoing programs and ministries and plans for the future. Thank you for your gift.

Give to St. Mark's

Thank you for your generous gift.  
No matter how, how much, or how often you give,  
you make a difference. Your contribution is appreciated.

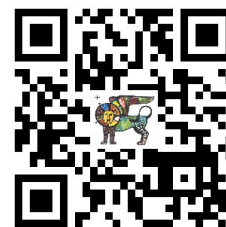
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St. Mark's Episcopal Church  
A Community of Grace

330 East 16th Street, Upland, CA 91784  
(909) 920-5565  
[stmarks-upland.org](http://stmarks-upland.org)



Office Hours: Monday–Thursday 9 AM to 3 PM (closed 12:30–1 PM);  
Friday Closed



St. Mark's Episcopal Parish | 330 East 16th Street, Upland, CA 91784

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