

You Are Invited... To a SoulCollage® Workshop!

Dear Friends,

We are excited to invite you to a second SoulCollage® workshop hosted by St. Mark's Spiritual Direction ministry. This creative experience is designed to foster personal reflection and spiritual growth through the art of collage-making.

What: SoulCollage® Workshop

When: Saturday, June 6 from 9 AM to 12 PM

Where: St. Mark's Episcopal Church, Parish Hall

Cost: \$20 to cover the expense of materials provided



SoulCollage® is an intuitive and creative approach that allows participants to create their own collage cards for self-discovery and insight. Each card represents different aspects of your inner self and spiritual journey and can serve as a powerful tool for personal and spiritual exploration.

What to expect:

- Facilitated instruction in card-making with all necessary materials provided
- A gentle and non-judgmental approach in a supportive community
- Guided exercises to inspire your intuition, creativity, and insight
- A chance to reflect on your spiritual journey and express yourself through art

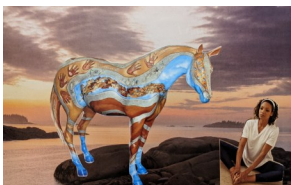
All supplies will be provided, but you may bring personal items such as photographs that you'd like to incorporate into your collages. No artistic experience is necessary—just come with an open heart and mind!

Please RSVP by Wednesday, June 3 to ensure we have enough supplies for everyone. Space is limited, so reserve your spot today by sending an email with your name and phone number to spiritualdirection@stmarks-upland.org. Or you may call St. Mark's at 909-920-5565 and leave the same information with the church office.

In Christ's love,

Kimberly Cortner, Spiritual Director and SoulCollage® Facilitator
The Very Rev. Keith Yamamoto, Rector

St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784



Samples of Actual
SoulCollage® Cards