



# The Good News

Sunday, July 10, 2022

## **St. Mark's Episcopal Church: A Community of Grace**

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

### **Fellowship Events Meeting: July 10**

Fellowship Ministry will be meeting in room 18 from 11:15 AM to 12:30 PM, July 10. We will be discussing plans for the Parish Picnic, Movie Night and Trunk or Treat. Please come with your ideas.

### **Because We Love Our Neighbor: Health & Community Protocols for Worship**

Presiding Bishop Michael Curry (on health and community measures) "We are committed to gathering in the safest and healthiest way possible. Love of neighbor is not simply a good idea. It is a commandment of Jesus based on the teaching of Moses to always seek the good and the well-being of each other."

Because St. Mark's cares for the young, the elderly, and the immuno-compromised... because vaccinations are essential to creating a safer/healthier workplace and worship space... because our health and strength are intertwined with one another... and because health is not an individual endeavor... All those 12 years and up show proof of vaccination, and those ages 2 years and up wear masks for in-the-building services. Masks may be removed by readers at the pulpit, altar, or presider chairs (when reading but not singing). We make available disposable masks for any who need them. We are respectful of those around us and adjust for healthy spaces between households. Direct physical contact with young children is avoided; elbow bumps are fine, but no hugs or handshakes. Please consider getting a booster and social distancing. State and health officials allow churches to determine their own mask/vaccination policies. Thank you for your continued support.

### **Week at a Glance at St. Mark's**

Office Hours: Monday–Thursday 9 AM to 3 PM (closed for lunch 12:30–1 PM); Friday 9 AM to 12 PM  
Please Note: In observance of Independence Day, the office will be closed on Monday, July 4

Sunday 8 AM and 10 AM Holy Eucharist. Both in-person and streaming online on YouTube and Facebook. Go to <https://www.stmarks-upland.org/services/in-spirit-worship/>. Bulletins are available at church, by e-mail, and on the website. Hymnals are available for home use.

Monday–Friday 9 AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>. Download prayer sheets from the website at <https://www.stmarks-upland.org/morning-prayer>.

Wednesday 9 AM St. Peter's Guild. Card games and other activities in person. Email [stpeters@stmarks-upland.org](mailto:stpeters@stmarks-upland.org) for more information.

Wednesday 10:30 AM Men's Coffee Fellowship. Meet at Bad Ass Coffee in Rancho Cucamonga. For info email [menscoffee@stmarks-upland.org](mailto:menscoffee@stmarks-upland.org).

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org). Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

### **Preschool Summer Sessions Open for Enrollment: Starting June 27 and July 25**

"We beat the heat by stepping into summer fun learning!" The Preschool will offer sessions for the summer: June 27 to July 1 and July 25 to Aug 19. Please contact Interim Director Jackie Wilds or the Church office for more information. Applications are available in the Narthex. Each session runs four weeks and includes water play, arts and crafts, music, and more. We have confirmed with San Bernardino County that renovations will not begin until after the summer sessions.

## **WORSHIP**

### **Children's Prayer Table: June 26 – July 31**

Welcome to the Children's Prayer Table Summer Series: While the Sunday School programs are on summer break, families can watch weekly videos from Miss Susan on Facebook. In our "Welcome to the Children's Prayer Table" series, Miss Susan leads children through the familiar Catechesis of the Good Shepherd prayer table greeting and shares a story each week. Find a new lesson each Sunday at 9 AM, and catch up on any videos you might have missed, from June 26 to July 31 at [facebook.com/saintmarksepiscopalparishupland/videos/](https://facebook.com/saintmarksepiscopalparishupland/videos/)

### **Music Director for St. Mark's**

A committee of eight people has been formed to conduct the search for a new Music Director for St. Mark's. Among them, these individuals have all served at one time or another in a church music group, either here or at another church, though not all have been active recently. Several have formal music training, and most have been part of the formal search process before. All are committed to serving on this committee to find a person who will be the right fit for St. Mark's music ministry going into the future. Kimberly Cortner, Junior Warden on the Vestry, will act as convener and chair of the committee. Other members are Nick Adams, Lisa Drew, John Flasher, Marcia Godwin, Barbara Nalbach, Kathy Osterkamp, Michael Schinler.

### **Offertory Plates**

For your convenience, the offertory plates are located by the baptismal font as you enter and also by the front pews as you approach the altar for communion.

## **COMMUNITY & FELLOWSHIP NEWS**

### **Rector Out of the Office**

Dear St. Mark's,

I plan to be away from the office from June 27 through Aug 6 to focus on time with family, physical self-care, spiritual and mental health, continuing education, and service with the broader church. Part of this time away will be at the General Convention of The Episcopal Church held this year in Baltimore, Maryland.

If you need anything, please contact Parish Administrative Assistant and Office Manager Rose Barraza in the church office, Senior Warden Carol Morgan, Junior Warden Kimberly Cortner, and/or Assisting Priest Rev. Sally Monastiere. Rev. Sally will cover clergy emergencies. Mother Judy Heffron will preach and preside during some of those Sundays in July. I will be back in church on Sunday, August 7, and the church office on August 8.

Peace,

(Rev) Keith Yamamoto

### **Family Fun Day at St John's: July 22**

Come join us at St. John's on Friday, July 22, 4-8 PM for an all-outdoor family fun day, replete with live music, bounce house for the kids, food, games, and more. 4745 Wheeler Avenue, La Verne.

### **Sunday School Teams Are Taking Vacation, to resume in July**

Volunteer Teachers for Children of the Good Shepherd and Journey with God are taking time off, starting on Sunday, June 12, until sometime in July. We will be working on a later Children's program in the summer. Date and time to be announced and on our Fall lessons.

### **Save The Date: October 22**

Trunk or Treat Halloween event. If you are interested in decorating your car's trunk for this event, please contact Susan Mackall at [fellowship@stmarks-upland.org](mailto:fellowship@stmarks-upland.org) with your name and contact information.

### **Welcoming Guests and Keeping the Community Healthy**

Please allow guests with mobility issues the option of parking in the north/front parking lot. Please be aware of strong/distracting colognes. If you feel ill or are presenting any symptoms, please stay home and join us online. And let us know if we can bring Holy Communion to you. Please wash your hands, wear your mask, mind your space, and get boosted.

### **Updating Your Contact Information**

Did you know that you can update your contact information? Both Breeze and Constant Contact allow you to update your own profile. Please note that they are two separate and independent systems, so updating one does not change the information with the other. The e-mail addresses in Constant Contact determine who gets the church newsletter, the Good News. The mailing addresses in Breeze determine who gets the seasonal letters from the church (e.g., Christmas, Easter, Stewardship, and special announcements). Please feel free to call the church office if you have any questions.

## **SPIRITUAL GROWTH**

### **Confirmation 2023**

St. Mark's is scheduled for a bishop's visit next year in 2023. (The exact Sunday is yet to be determined.) Please let the office/clergy know if you are interested in making a mature affirmation of the baptismal vows made on your behalf by parents and godparents. This is also the time to be received into the Episcopal denomination from another faith tradition. And finally, a person may re-affirm their baptismal vows as an adult. Confirmation is one of the requirements for serving on the vestry.

### **Cursillo: For Spiritual Renewal, Weekends of Oct 6 and Oct 13**

*Cursillo*, a four-day spiritual renewal retreat, Thursday through Sunday at St. Joseph Retreat Center in Rosemead: Men's, Oct 6-9; Women's, Oct 13-16, 2022. For more information, please contact Dr. Jim Brown.

### **Prayer Requests**

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org). Or complete the prayer request form at <https://www.stmarks-upland.org/prayer-requests>

## **OUTREACH**

### **Red Cross Blood Drive, July 29**

We have hosted a total of 10 blood drives at St Mark's. Our last blood drive was on June 3. Total units collected: 288; Total donors: 304; Total average: 29 units collected. The numbers for our June drive were a little down for us. This was probably due to schools being out, vacations, and graduations.

Thank you to all the donors. Our next blood drive will be held on Friday, July 29 from 1-7 PM. Sign up to donate at [www.redcrossblood.org](http://www.redcrossblood.org).

### **Recovery Ministries at St. Mark's**

Compulsive Eaters Anonymous meets in room 30 on Saturdays, 9-10:30 AM.  
Al-Anon meets in room 30 on Tuesdays, 6:30-8 PM.

### **Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine**

Donations to Episcopal Relief & Development's Ukraine Crisis Response Fund will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate here: <https://www.episcopalrelief.org/product/ukraine-crisis-response/>.

### **T.O.U.C.H. Ministries**

T.O.U.C.H. Ministries provides clothes, food, and bedding, and welcomes your donations. Especially needed at this time of year are tarps, socks, gloves, beanies, and always Walmart or fast-food gift cards. For more information, contact Dave Nalbach or Cheryl Hunley. Email [touch@stmarks-upland.org](mailto:touch@stmarks-upland.org).

## **FINANCE & STEWARDSHIP**



### **Summertime is Here!**

Summer is a time for new and different scenery, including Sundays. Please remember to keep your pledge current. Please send in your contribution to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, [contributions@stmarks-upland.org](mailto:contributions@stmarks-upland.org). Please consider remembering Saint Mark's in your estate planning.

### **Breeze for Contributions**

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

## **DEANERY, DIOCESE, AND BEYOND**

### **My Work to Do**

"My Work To Do" is an online affinity group designed to help white people build stamina for discussing racism, systemic injustice, racial healing, reconciliation, and justice in their everyday lives. New sessions always around the corner. For more information and to register: <https://www.myworktodo.com/>



**St. John's**  
Episcopal Church | La Verne

4745 Wheeler Ave. La Verne

PERFORMING LIVE!

SJLV  
FAMILY  
FUN DAY

FRI. JUL. 22

**THE J-BIRDS**



[st.johnslaverne.org](http://st.johnslaverne.org)

You are invited!

**FAMILY  
FUN DAY!**

4 - 8 pm

JULY 22 • FOOD  
MUSIC • BOUNCE HOUSE  
KONA ICE • FUN!