

THE GOOD NEWS

For the Week beginning November 15, 2020

Covid Update

Dear St. Mark's community,

Please be advised that a preschool student tested positive for COVID on Friday, Nov 9. If you were in contact with someone in the preschool, please get tested. Please see the attached letter from Interim Director Jackie Wilds. Kathy Walker, Readiness Committee

WORSHIP

November In-Person Worship: Watch This Space

Many thanks to the hard work of the Worship committee and the Readiness Planning Taskforce for our first in-person worship on October 31. We learned much about how celebrate the Holy Eucharist together in a safe and dignified manner – including registration, check-in, set-up, communion and safe-distancing (please continue to stay at least six feet apart). Please be aware that because of the organization needed to conduct a safe service outdoors, we may not be able to have a mid-week service (in particular, Wednesday, November 24, our traditional service before Thanksgiving Day). We may need to move the November in-person worship service to a Saturday – perhaps, November 28. The exact date will be confirmed at the upcoming Worship committee meeting.

SATURDAY AND SUNDAY, NOVEMBER 14 & 15, 2020 - Diocesan Convention 2020

Join us for the 125th Annual Meeting of Convention of the Diocese of Los Angeles: Servants of the Spirit on Saturday and Sunday, November 14 and 15. Convention 2020 will be an historic first for the Diocese of Los Angeles, a virtual meeting hosted as a Zoom Webinar. You can access the Virtual Exhibit Hall and other Diocesan Convention information at: www.diocesanconvention.org. We will conduct the business of convention on Saturday and then conclude Sunday morning with a Diocesan-wide Eucharist, celebrated by our Bishop Diocesan, the Rt. Rev. John Harvey Taylor. Visitors and delegates are invited to watch the convention livestream on [Facebook](#) and [YouTube](#). Spanish language translation and real-time closed captioning will be provided.

Watch Last Sunday's Service on YouTube: <https://youtu.be/IVIFscLVQ1I>

Please subscribe to the St. Mark's YouTube page so that we can have access to more editing tools from YouTube. We need 100 subscribers! Many thanks to Landon Abernathy who posts and adds the time markers and credits. Thank you!

The Divine Office Hours: Check-In, Prayer & Bible Study

Join us Monday through Thursday from 8:15 to 8:50 am for Prayer and Bible Study - prayer sheets available on the website: <https://www.stmarks-upland.org/morning-prayer/>

8:15 am Check-in

8:30 am Morning Prayer with Lectio Divina Bible Study

8:50 am Dismissal

We will hear the gospel passage over the week and reflect on the following questions.
Monday: What word, phrase or image grabs your attention? (w/o need for explanation or justification)

Tuesday: What question comes to mind? (exploring our thoughts &/or feelings)

Wednesday: What title would you give the passage? (digging deeper with life intersections)

Thursday: What are you called to know, be, do, or say? (getting to application and the “so what” or “why” questions) Meeting ID: 996 8031 1119 <https://zoom.us/j/99680311119>

Wednesday Evening Taizé Services at 7:30 pm

Taizé Worship resumes Wednesdays, at 7:30 pm on Zoom - join via computer, tablet, or smartphone with this link:

<https://zoom.us/j/98723305020?pwd=U1NFY0JlOFJML2pMenVheUdTQlBaQT09>

Meeting ID: 987 2330 5020. Password: taize

The Lord's Prayer: A New In-Spirit Minister: Andrea Griffin

Andrea Griffin is the newest member of the in-spirit worship team. Andrea will be coordinating the in-spirit presentation of the Lord's Prayer. The Lord's Prayer is the one prayer in every Episcopal service. It is a prayer that is both personal and universal. It can be presented in many different meaningful ways, forms, and languages. Andrea will be our ambassador and invite individual and groups, members and non-members, Episcopalians, and Christians to present the Lord's Prayer. Because it is a prayer that we all know in our very soul, no rehearsal or preparation is needed. Anyone can pray it. As long as the prayer is presented with authenticity and integrity. Please support her work by encouraging your church ministry to offer the Lord's Prayer if they have not already done so; by inviting your other zoom groups to offer the Lord's Prayer; and finally, by not criticizing how others present the Lord's Prayer. Did you know that when more people are on camera, then the service gets shared more with others? Many thanks for your continued participation in our worship and ministries.

Celebrating Birthdays, Anniversaries and Other Life Hallmarks

Many thanks to Jana Garner who crafted our new visual celebration of monthly birthdays, anniversaries, and other life hallmarks like sobriety or first day of school. She was assisted by John Flasher who will be connecting with those celebrating registered celebrations the month prior. Because of our workflow, photos must be submitted by the 25th of the month before your celebration month. The visual celebration will be on the first Sunday of the month. Send to “[blessings@stmarks-upland.org](mailto: blessings@stmarks-upland.org).” This is totally voluntary. You do not need to participate. We will NOT automatically post your photo. Submitted photos MAY be included in an upcoming photo directory. Many thanks for their work in this new version of an old ministry. Thank you, John Flasher

We are Praying for You – The Daughters of the King

Please send your prayer requests to [prayer@stmarks-upland.org](mailto: prayer@stmarks-upland.org). Or contact the clergy or a member of the Daughters of the King who pray both daily individually and together every Sunday before the morning service.

Spiritual Resources

The Bible: <https://www.biblegateway.com/>

The Book of Common Prayer: <https://www.bcponline.org/>

Forward Day by Day: <https://prayer.forwardmovement.org/>

The Sunday Readings: <https://www.lectionarypage.net/>

Washington National Cathedral: <https://cathedral.org/>
Way of Love Podcast with Presiding Bishop Michael Curry:
<https://wayoflove.episcopalchurch.org/>

FAITH-FILLED GENEROSITY: 2021 STEWARDSHIP

Our 2021 Stewardship Pledge Drive continues through November 22. This year, our pledge card is an electronic form that can be filled out and submitted online. Please click on the link [here](#) and complete the form. If you do not have access to email, please contact the church office and your pledge card will be mailed to you via the USPS. If you use a pledge card, please return it by mail to the church at 330 East 16th St., Upland, CA 91784. Pledge cards will also be available at wafer distribution Saturdays. Our Stewardship Drive will lead up to Consecration Sunday on November 22 when we will bless our pledges. If you have any questions, please contact Vicki Levario.

FELLOWSHIP & WELLNESS

Decorate your walls this Christmas with a Holiday Painting created by you!!

St. Mark's Social/Fellowship Events, will be hosting an afternoon of creativity via Zoom

When: November 21, 2020 Time: 2:00 pm

Where: Via Zoom ID: 980 6225 3589 Password: Fellowship

The supplies needed by participants can be obtained by ordering from the link below: The painting title is Letters to Santa.

<https://paintingparties./video-category/supplies/>

You may also order supplies on Amazon or another online retailer.

- Canvas: 16×20
- Acrylic Paints: Black, Brown, White, Yellow, Red, Blue, Phthalo Green (Optional).
- Paint Brushes: Large Flat, Small Flat, Small Round, Detail/Liner.
- Easel, palette (you can use a foam paper plate), paper towels, ajar of water for rinsing brushes, and an optional painting apron.

Make sure to order in time for your painting supplies to arrive at your home before Saturday, November 21st. Hope to see you on Zoom!!

Helping Hands Needed

This is to let all know that Marion Steese is back at home continuing to recover. Her spirits are high, and her attitude is positive. She could use a little help with meals and groceries. No need to cook or shop, just dial your favorite delivery service. (Unless you want to.) In order to coordinate the service just contact Jennifer Stone helpinghands@stmarks-upland.org and let her know what you'll be doing. Everything is helpful.

St. Mark's Book Club meets Third Saturdays from 10 to 12 noon

The St. Mark's Book Club will be gathering on the third Saturday of the month from 10-12 noon. Please contact any member or Sue Andrews, Coordinator, at BookClub@stmarks-upland.org for more information.

Women's Prayer Breakfast Meets Fridays at 11am

The women's prayer breakfast meets every Friday at 11 am via Zoom. All women are invited to join us. Please contact Kathryn Barbour at womensprayerbreakfast@stmarks-upland.org

Pinochle Group meeting Wednesdays 9am to 12noon

Want to know how to play cards via zoom? Join the Pinochle group. They now play on Wednesdays from 9am to 12 noon. For more information, please contact Chris Watson at stpeter@stmarks-upland.org.

Bishop's Curry's "Love is the Way": A 5-week Church-wide Book Study: 11/18&25; 12/2,9,&16

Bishop Curry offers an inspirational road map for living the way of love. Through the prism of his faith, ancestry, and personal journey, *Love is the Way* shows how America came this far and, more importantly, how it can go a whole lot farther. In the words of reviewer Jon Meacham, "Michael Curry draws on his own remarkable life to show us the way we might make our own lives, and the live of nations, warmer, better and nobler."

Beginning on **Wed, Nov 18** at 7 p.m., the online "Love is the Way" program will offer participants the opportunity to engage across geographical and congregational differences that challenge us and reflect on the love that binds us together; God's love and the reflection of that love in human lives. Sessions will continue on **Wednesdays, Nov. 25 and Dec. 2, 9 and 16**. Each session will include a reflection on a segment of the book followed by conversation in community using a listening and learning circle model.

To take part in the book study series, click [here](#) to register in advance.

OUTREACH

Foothill Family Shelter Thanksgiving Baskets

Thank you to the Breakfast Baggers, DOK and GFS for donating Thanksgiving baskets to Foothill Family Shelter. And a big thank you to Rosalyn and Greg Foster for delivering them to the Shelter. I hope many of you were able to donate either baskets or money for this great project. Unfortunately, the need is greater now than ever but St. Mark's always comes through! Kay Alexander, Sr. Warden



TOUCH Ministries

The monthly collection of non-perishable food, hygiene items, and fast-food gift cards will be held on Nov. 14th from 9am until 11am in the front of the church. Communion wafers will also be available in packs of five or ten wafers. Thanks to all who support this ministry. Call Dave Nalbach for more info if needed (909)635-4297.

November Outreach Haiti Partnership

In November we will be highlighting another of our great Outreach Ministries - Haiti. More information to come. Also, November is the month of Thanksgiving baskets for Foothill Family shelter. Unfortunately, we will not be collecting them at the church this year so please take

them to the Shelter by Wednesday, November 11th by 12:00pm. Their office hours are Tue-Fri 9am-5pm, closed for lunch from 12-1pm. They will be closed Friday, November 6th in observance of Veterans Day. You may also donate \$40 and they will put a basket together for you. The address is 1501 W. Ninth St. Ste. D, Upland, Upland, CA 91786. 909-920-0453.
Kay Alexander, Sr. Warden

FUN-raiser Covid-19 Emergency Appeal

Join us in giving generously to the One Body & One Spirit Emergency Appeal to help our congregations and ministries most at risk during this crisis. The mailing address for checks made payable to "Episcopal Diocese of Los Angeles" is: Bishop John Harvey Taylor c/o the Rev. Michele Racusin, CFO; 840 Echo Park Avenue, Los Angeles, CA 90026.

Recovery Groups Online

Alcoholics Anonymous: <https://aa.org/>

Bettor's Anonymous: <http://bettors-anonymous.org/>

Adult Children of Alcoholics: <https://adultchildren.org/>

Debtors Anonymous (<https://debtorsanonymous.org/>

Al-Anon: <https://al-anon.org/>

Celebrate Recovery: <https://www.celebraterecovery.com/>

CHILDREN, YOUTH & YOUNG ADULTS

Choristers Return!

Children in grades 3-6, are invited to join Choristers on Tuesday afternoons at 4PM via Zoom for a half hour. If you have a young singer who would like to participate, please email me at music@stmarks-upland.org for the link.

God bless everyone,

Blane Abernathy, Organist and Director of Music

A Covid Christmas Crèche: Announcing the Cast

Announcing the Covid Christmas Crèche Cast! Holy Family: A. LaMunyon Pod; Angels: C. Morgan Pod; Shepherds: J. Chok Pod; Magi: M. May Pod; Elizabeth & Company: B. Harris Pod; Star/Gabriel: S. Mackall Pod. If you want to be involved or if you thought you were already involved but do not see your pod listed above, please contact the rector.

Photoshoot has been rescheduled for Saturday, November 21st. Character call 12 noon.

Youth Group News During our time away, we have been meeting online using Zoom and in messages. We are currently meeting via Zoom, please check your messages for dates and times. If you would like to be added to the group, please message Rob Garretson at youth@stmarks-upland.org. Also, please note that all our in-person activities with other groups such as the Deanery, TOUCH, etc. are on hold until further notice. Thanks, and stay safe and healthy,

Rob Garretson  Director of Youth Ministries

ANNOUNCEMENTS

Into Eternal Life: Kathy Roche

It is with great care that we inform you of the passing of Kathy Roche on Monday, November 9th. Although she was receiving treatment for an inoperable brain tumor, her passing was

sudden and unexpected. Please keep husband Dean, children Michelle (Robert) and Michael and grandchildren Abbie (4 yrs) and Matthew (9 mos) in your prayers.

Into Eternal Life: Mary Ann Jopes

It is with great care that we inform you of the passing of Mary Ann Jopes on October 13th, she passed peacefully in her sleep at the age of 91. Mary Ann and her husband John were long time members of St Mark's. Please keep son Scott and the Jopes family in your prayers.

Father of all, we pray to you for Kathy and Mary Ann, and for all those whom we love but see no longer. Grant to them eternal rest. Let light perpetual shine upon them. May their souls and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Vestry Discernment Meetings

An additional evening Vestry Discernment meeting has been added. Come with your interest, concerns or questions. You can just drop in or let the rector or vestry member, Andrea Griffin know that you are interested. Zoom meeting ID: 661 856 0105. Meeting dates and times are: Saturday, November 7 at 1:00 pm and Tuesday, November 17 at 4:30 pm

Your Contributions Make a Difference, Thank You!

Please send pledges or donations to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. You may wish to set up automatic "bill pay" or "online banking" through your financial institution. Or you may make your donation through [PayPal](#). Donations are being accepted through our email address, contributions@stmarks-upland.org.

Connect: Receive News from the Parish, Diocese, National Church

To receive the weekly St. Mark's Church newsletter, the Good News, please visit our website to subscribe: <https://www.stmarks-upland.org/contact/contact-us/>

To receive news, resources and updates from the diocese, please subscribe here:

<https://diocesela.org/episcopal-news/contact/>.

To receive the "Episcopal News Service" from the national church, please visit their website at <https://www.episcopalnewsservice.org/> and you will be prompted to subscribe.

Donate through Amazon Smile®

Did you know that you can donate painlessly to Saint Mark's every time you shop on Amazon? Click on this link <https://smile.amazon.com/ch/95-2074628> and sign up to support Saint Mark's. Each time you shop you will automatically designate a portion of your total will go to Saint Mark's to assist with our programs.

Submissions for the Church Newsletter

Please send articles and news for "The Good News" to parishadmin@stmarks-upland.org by Tuesday.

ACKNOWLEDGEMENTS

Church Elders: Skip and Bobbi Arjo, Murray Duvall, Alice Granewich, Nick Hurey, Helena Kooiman, and Peter Mow

Readiness Planning Task Force: Betty Farrell, Kate Flannery (chair), Adam LaMunyon, Yawen Li, Carol Morgan, Guen Vinnedge, Kathy Walker, and Joan Watson. They are aided by consultants: Derek May, Marcia Godwin, Canon Serena Beeks, Dale Biggs, Jim Brown,

Canon Gisele Tackoor, Jackie Wilds, Katherine Abdolhosseini, Rob Garretson, and Blane Abernathy.

Emeriti: Canon Serena Beeks, Head of School Emerita; William Carrington, Organist and Choir Director Emeritus; and The Rev. Konrad White, Rector Emeritus

Canons: Canon Serena Beeks, D. Min. Executive Director, Commission on Schools; Canon Clare Bangao, Coordinator for Mission Congregations; Canon Gisele Tackoor, JD, Director of Recruitment and Admissions at Pilgrim Place; The Rev. Can. Judy Heffron, Dean Emerita

Staff: Organist and Director of Music Ministry Blane Abernathy; Director of Youth Ministries Rob Garretson; Youth Ministries Assistant Julia Warren; Business Manager and Controller Katherine Abdolhosseini; Interim Preschool Director Jackie Wilds; Rector the Very Rev. Keith Yamamoto

Lay Delegates & Representatives from St. Mark's to Diocesan Convention 2020

Lay Delegates: Kathy Walker (Senior Delegate), Kimberly Cortner, and Julia Warren (Vestry); Lay Alternates: Jana Garner, Carol Morgan, and Larry Shade; Deanery 6 President Dale Biggs

Vestry Members: Kay Alexander, Senior Warden (2022); Julia Warren, Junior Warden (2021); Kathryn Barbour, Parish Life (2021); Ken Drew, Finance (2022); Marcia Godwin (2021); Edwina Golightly, Education & Formation (2022); Andrea Griffin, Vestry Affairs (2022); Jay Chok (2023); Larry Shade (2023); Derek May, Treasurer (2021); and Vicki Levario, Clerk (2021)

St. Mark's Episcopal Parish: A Community of Grace

OUR MISSION STATEMENT

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us

E-mail: parishadmin@stmarks-upland.org

Web: www.stmarks-upland.org

Facebook: Saint Mark's Episcopal Parish Upland, CA

Instagram: @stmarksupland

330 E. 16th St., Upland, CA 91784 + (909) 920-5565

We are Eucharistically centered and rejoice in the tradition of a strong preaching ministry. We welcome all people into the worship and life of St. Mark's and celebrate the diverse needs and gifts of individuals. We seek and foster opportunities for spiritual growth and nurture. We offer a network of support which encourages pastoral care by parish members. We participate in a consistent stewardship effort to tend and beautify the church, to strengthen education and to struggle for social justice. We are a community of grace feeding hungry hearts in the Episcopal branch of the Jesus movement.

In-Spirit Worship Readers

Please use the readings and psalms on the lectionary pages found [here](#). Readings are stored under the Monthly Readers schedule.

	Nov 22nd	Nov 29th	Dec 6th	Dec 13th
	Proper 29	Advent 1	Advent 2	Lessons & Carols Advent 3
New Testament	Carol Morgan	Alma Zook	Nick Adams	Genesis: Landon Abernathy
Reading	Eph. 1:15-23	Rom. 16:25-27	Heb. 10:5-10	Isaiah: Carol Morgan
Psalm	Christine Abernathy	Bob Mattus	Jay Chok, Yawen	Baruch: Rob Garretson
(responsively)	Landon Abernathy	Kay Alexander	& Adam	Micah: Can. Gisele Tackoor
Reading	Psalms 95:1-7a	Psalms 80:1-7, 16-18	Psalms 85 1-2 8-13	Luke: Dr. Jim Brown
Prayers	Larry Shade	Nora Harris	Christine Abernathy	Laura Schinler
(Responsively)	Linda Gomez	Eva Harris	Landon Abernathy	Mike & Madison
Collect for Purity	Rob Garretson	Guen Vinnedge	Can. Gisele Tackoor	Sue Andrews
Confession	Sally Beardsley	Kimberly Cortner	Rob Garretson	Barbara Harris
Sanctus	Praise Band	Phil Quaranta	Guen Vinnedge	Nora Harris
Memorial & Fraction	Eva Harris	Phil Quaranta	Guen Vinnedge	Nora Harris
Communion Prayer	Dr Jim Brown	Can. Serena Beeks	Jana Garner	Julia Warren
Prayer of St. Francis	Betty Farrell	Joan Watson	Sally Beardsley	Karin Brown



November 9, 2020

Dear Saint Mark's Preschool parents,

Please be advised that on Friday, Nov. 7 one of our students has tested positive for COVID-19. It has been determined that the child contracted the virus from an individual outside of the school. The child will quarantine at home for the required 14 days and will be allowed to return to school when they test negative.

As soon as I was notified of the illness, I immediately reported the case to the Health Department and Community Care Licensing and asked for guidance. The Health Department has determined that the preschool may remain open because of our careful, daily cleaning and disinfecting policies.

Please monitor your child for the common COVID symptoms of fever, cough, nasal congestion, or runny nose. If your child is exhibiting any of these symptoms, you may want to have him/her tested.

There are no other children or staff members at our school that are showing signs of illness at this time. Please know that the health and safety of your child are extremely important to us and that we carefully follow all health and safety guidelines.

If you have any questions or concerns please call me, (909) 565-9285.

Sincerely,

Ms. Jackie

Jackie Wilds, Interim Preschool Director

Zoom Painting Party

St. Mark's Social/Fellowship Events, will be hosting an afternoon of creativity via Zoom. Join us as we learn to paint the Festive Holiday Painting you see below!

When: November 21, 2020

Time: 2:00 pm

Where: Via Zoom ID: 980 6225 3589

Password: Fellowship



Supplies Needed Before The Event:

You will be responsible for ordering your own painting supplies. You may order the following supplies from:

<https://paintingparties.com/video-category/supplies/>

- Painting Title: Letters to Santa.
- Make sure to order early to arrive in your home before November 21, 2020.
- The supplies needed for this painting:
- Recommended Canvas: 16x20.
- Acrylic Paints: Black, Brown, White, Yellow, Red, Blue, Phthalo Green.
- Paint Brushes: Large Flat, Small Flat, Small Round, Detail/Liner.
- Easel, palette (you can use a foam paper plate).
- Paper towels, jar a water for rinsing brushes, and an optional Apron.
- You may also order the above supplies on Amazon or another online retailer.

Grant Christmas Wishes for Foothill Family Shelter



Make Christmas wishes come true!

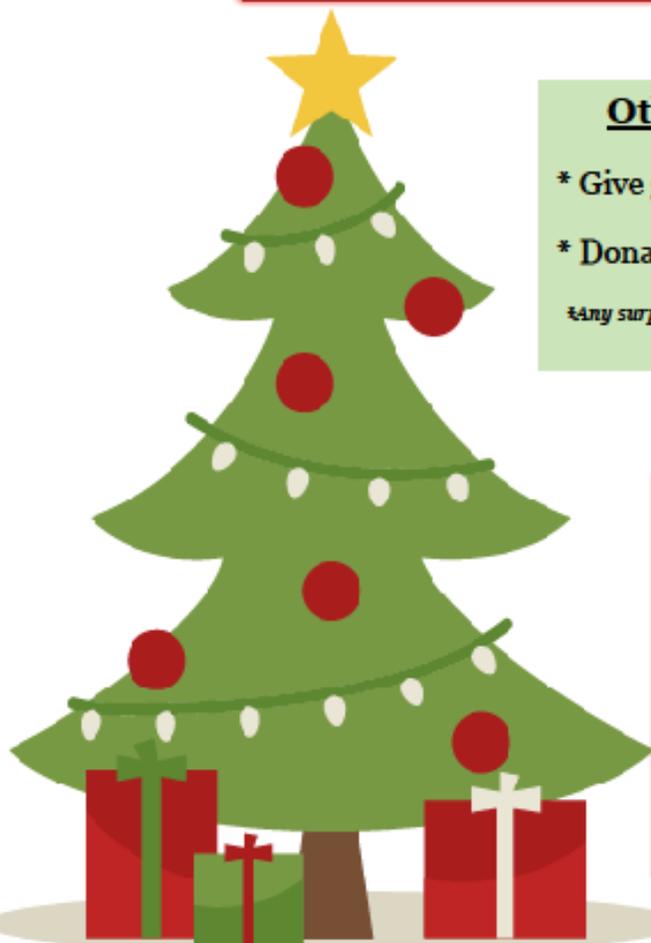
- Each wish is under \$25.00
- Wishes for children and adults are available
- Wishes need to be unwrapped and delivered to our office by Tuesday, December 8th



Other Ways to Make a Difference:

- * Give gift cards for wishes not granted
- * Donate rolls of wrapping paper, tape, tags, & bows

Any surplus of holiday donations will be used for other shelter activities such as Christmas in July



If you are interested in granting a wish, please contact us:

Deanna | deanna@foothillfamilyshelter.org
Megan | megan@foothillfamilyshelter.org
(909) 920-0453

Christmas wishes go fast! If you have any other Christmas ideas, please contact Deanna or Megan.



Foothill Family Shelter
1501 W. 9th Street, Suite D, Upland, CA 91786
(909) 920-0453
www.foothillfamilyshelter.org

Office open Tuesday-Friday from 9am-12pm and 1-5pm

