

Monday Morning Prayers

Lent 2022

We begin with a period of silent reflection.

O God, make speed to save us;

O Lord, make haste to help us.

Blessed are you, almighty God,
in Christ you nourish the faith of those who keep the fast;
you rouse their hope, you fortify their love.

Christ is the true and living bread,

in whom is food for eternal life

and sustenance for righteousness.

You never cease to give us this bread,

that we may always hunger for Christ our Lord.

For these and all your mercies, we praise you:

Blessed be God for ever!

The Reading and Reflection for the Day

A period of silent reflection will follow.

Intercessions and Thanksgivings

All offer their intercessions and thanksgivings aloud or silently.

God, ever present, do not allow your people
to be separated from you, but bind us more closely to your service
and equip us always with your saving help.
We ask this through Jesus Christ our Lord. **Amen.**

Trusting in the compassion of God, let us pray as our Savior taught us:

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

Let the bread of our service,

blessed and broken in Christ's hands,

be spiritual food to feed this world's hunger. **Amen.**

Tuesday Morning Prayers

Lent 2022

We begin with a period of silent reflection.

O God, make speed to save us;

O Lord, make haste to help us.

Blessed are you, Lord our God,
you sent your only Son, born of a woman,
to redeem your children and set us free.
For these and all your mercies, we praise you:
Blessed be God for ever!

The Reading and Reflection for the Day

A period of silent reflection will follow.

Intercessions and Thanksgivings

All offer their intercessions and thanksgivings aloud or silently.

God of mercy, grant to all people boldness to proclaim your word
and a heart ever to rejoice in singing your praises;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Trusting in the compassion of God, let us pray as our Savior taught us:

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.

Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

Send your everlasting Spirit
and preach the Gospel to our hearts. **Amen.**

Wednesday Morning Prayers

Lent 2022

We begin with a period of silent reflection.

O God, make speed to save us;

O Lord, make haste to help us.

Blessed are you, O God, light of the minds that know you,
life of the souls that love you, and strength of the wills that serve you.
Blessing and honor, thanksgiving and praise,
more than we can utter, more than we can understand be yours:
Blessed be God for ever!

The Reading and Reflection for the Day

A period of silent reflection will follow.

Intercessions and Thanksgivings

All offer their intercessions and thanksgivings aloud or silently.

God of compassion, you have opened the way for us and brought us to yourself.
Pour your love into our hearts, that, overflowing with joy,
we may freely share the blessings of your realm
and faithfully proclaim the good news of your Son,
Jesus Christ, our Savior and Lord. **Amen.**

Trusting in the compassion of God,
let us pray as our Savior taught us:

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

Graft us into yourself and nurture our growth,
that we may bear your truth and love to those in need. **Amen.**

Thursday Morning Prayer

Lent 2022

We begin with a period of silent reflection.

O God, make speed to save us;

O Lord, make haste to help us.

Blessed are you, God of the covenant, in the mystery of the cross you promise everlasting life to the world. You gather all peoples into your arms, and shelter us with your mercy, that we may rejoice in the life we share in your Son, Jesus Christ, our Savior and Lord. For these and all your mercies, we praise you: **Blessed be God for ever!**

The Reading and Reflection for the Day

A period of silent reflection will follow.

Intercessions and Thanksgivings

All offer their intercessions and thanksgivings aloud or silently.

God of our salvation, come quickly to free the poor from their oppressors, and establish your reign of justice on earth, that your people may sing out with joy; through Jesus Christ our Lord. **Amen.**

Trusting in the compassion of God, let us pray as our Savior taught us:

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

Guide us by the hand of your mercy

that we may offer no other service

but that which is pleasing in your sight. **Amen.**

Friday Morning Prayers

Lent 2022

We begin with a period of silent reflection.

O God, make speed to save us;

O Lord, make haste to help us.

Blessed are you, God of holiness and mercy, you never abandon your people: you see our misery, hear our cry and come swiftly to our deliverance. You shatter the hardness of our hearts and open our minds to the wisdom of the Gospel, that we may grasp the lessons you teach us daily and bring forth the fruit of true and continual conversion. For these and all your mercies, we praise you: **Blessed be God for ever!**

The Reading and Reflection for the Day

A period of silent reflection will follow.

Intercessions and Thanksgivings

All offer their intercessions and thanksgivings aloud or silently.

Journey with us, O holy God, as we continue our way to the cross. Sharpen our focus, that our attention may center more on you than ourselves. Lead us through the shadows of darkness and prepare our hearts, that we might be a people of prayer, ready to perceive and respond to your Son and our Savior, Jesus Christ. **Amen.**

Trusting in the compassion of God, let us pray as our Savior taught us:

Our Father in heaven,

hallowed be your Name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial,

and deliver us from evil.

For the kingdom, the power,

and the glory are yours,

now and for ever. Amen.

May the grace of God, deeper than our imagination;

the strength of Christ, stronger than our need;

and the communion of the Holy Spirit,

richer than our togetherness,

guide and sustain us today and in all our tomorrows. **Amen.**