



ST. MARK'S EPISCOPAL CHURCH: A COMMUNITY OF GRACE

# THE GOOD NEWS

For the Week beginning October 11, 2020

## WORSHIP

**Watch Sunday's service on YouTube:** <https://youtu.be/XT3eRCo5C9Y>

Please subscribe to the St. Mark's YouTube page so that we can have access to more editing tools from YouTube. Your subscription makes a difference. Thank you! to the St. Mark's YouTube page so that we can have access to more editing tools from YouTube. Your subscription makes a difference. Thank you!

### **Drive-Thru for Take-Home Holy Eucharist: Sat, Oct 10, 9-10:30am**

We will be doing another distribution of consecrated communion wafers on Saturday, October 10 from 9.00am to 10.30am in the front of the church. The intention is that on Sunday, we can all consume the wafers "together" at the appropriate time during the online service. We hope this will enhance your spiritual worship experience on Sunday, connection with the community and God's presence in you and the world.

Lay Eucharistic Ministers (masked and gloved) will have baskets containing the envelopes holding the wafers. Vehicles may drive through, pop their trunks, and the LEMs will deposit the envelopes there. Drivers might want to have a suitable and sturdy container in their trunks to hold the wafer envelopes. Drivers should also be masked (gloves too if you have them!) in case an alternate way of transferring the wafers is needed. Please refrain from visiting or socializing during pick-up. Please indicate how many wafers you desire for the month. We hope to continue with this wafer distribution process on a regular basis. As always, please use common sense and follow the Dr. Fauci principles of Wear a mask, social distance, outside is better and avoid crowds. Hope to see you at Curbside Communion.

**We will also be collecting items for the hungry and homeless.** There will be a collection of non-perishable food and hygiene items for TOUCH Ministries on Saturday, Oct 10, from 9am to 11am. The collection will be in the north parking lot of the church on the north side. Any questions, call Dave Nalbach at (909)635-4297.

### **St. Mark's Continues with In-Spirit Worship**

Sunday services are livestreamed on Facebook at 10am (Saint Mark's Episcopal Parish Upland, CA) and Wednesday Taizé on Zoom at 7:30 pm and all services are posted on YouTube. We are using the term "In-Spirit" as the partner to "In-Person." Virtual implies not real; digital focuses on the technology; and remote discounts the intimacy. Connect to the service through this link:

<https://www.facebook.com/saintmarksepiscopalparishupland/posts/3468055536595106>

### **Dial-In Option for Sunday Worship**

A call-in feature has been added to the service. Dial in to the livestream using this number: **1 (888) 958-7272** and wait for prompt, then enter code 754137943#. Please share this information with those you know who may not have standard access.

### **Coffee Hour with Dial-In Option for**

IF you are not able to join us online for Zoom Coffee Hour, you may dial in by calling **(669) 900-6833**. You will be asked to enter the meeting ID followed by the # (pound) sign. You will be asked to enter your user ID or just press # - do not worry about your user ID and just press # again when prompted. You will then be asked to enter the password followed by the # (pound) sign. Meeting ID: **994 0849 2838**; Password: **478899#**

Please share this information with those you know who may not have standard access.

### **Wednesday Evening Taizé Services at 7:30 pm**

Taizé Worship resumes Wednesdays, at 7:30 pm on Zoom - join via computer, tablet, or smartphone with this link:

<https://zoom.us/j/98723305020?pwd=U1NFY0JlOFJmL2pMenVheUdTQlBaQT09>

Meeting ID: 987 2330 5020. Password: taize

### **Celebrating Birthdays, Anniversaries and Other Life Hallmarks**

Many thanks to Jana Garner who crafted our new visual celebration of monthly birthdays, anniversaries, and other life hallmarks like sobriety or first day of school. She was assisted by John Flasher who will be connecting with those celebrating registered celebrations the month prior. Because of our workflow, photos must be submitted by the Wednesday prior to the Friday before the first Sunday of the month. Send to "blessings@stmarks-upland.org." This is totally voluntary. You do not need to participate. We will NOT automatically post your photo. Many thanks for their work in this new version of an old ministry. Thank you, Jana and John.

### **Spiritual Resources**

The Bible: <https://www.biblegateway.com/>

The Book of Common Prayer: <https://www.bcponline.org/>

Forward Day by Day: <https://prayer.forwardmovement.org/>

The Sunday Readings: <https://www.lectionarypage.net/>

Washington National Cathedral: <https://cathedral.org/>

Way of Love Podcast with Presiding Bishop Michael Curry:

<https://wayoflove.episcopalchurch.org/>

### **2021 Stewardship Dive**

Our 2021 Stewardship Drive begins this Sunday, October 11<sup>th</sup>. This year, our pledge card is an electronic form that can be filled out and submitted online. If you do not have access to email, your pledge card will be mailed to you via the USPS. Please click on the link at the bottom of the Rector's letter and complete the form. If you use a pledge card, complete it and return it by mail to the church at 330 East 16<sup>th</sup> St, Upland, CA 91784. Pledge cards will also be available at wafer distribution Saturdays. Our Stewardship Drive will lead up to Consecration Sunday on November 22 when we will bless our pledges. If you have any questions, please contact Vicki Levario at 951-333-0789.

## **FELLOWSHIP & WELLNESS**

### **Helping Hands needed**

This is to let all know that Marion Steese is back at home continuing to recover. Her spirits are high and her attitude is positive. She could use a little help with meals and groceries. No need to cook or shop, just dial your favorite delivery service. (Unless you want to.) In order to coordinate the service just contact Jennifer Stone [helpinghands@stmarks-upland.org](mailto:helpinghands@stmarks-upland.org) and let her know what you'll be doing. Everything is helpful.

### **St. Mark's Book Club meets Third Saturdays from 10 to 12 noon**

The St. Mark's Book Club will be gathering on the third Saturday of the month from 10-12 noon. Please contact any member or Sue Andrews, Coordinator, or at [BookClub@stmarks-upland.org](mailto:BookClub@stmarks-upland.org) for more information.

### **Women's Prayer Breakfast Meets Fridays at 11am**

The women's prayer breakfast meets every Friday at 11 am via Zoom. All women are invited to join us. Please contact Kathryn Barbour at [womensprayerbreakfast@stmarks-upland.org](mailto:womensprayerbreakfast@stmarks-upland.org)

### **Pinochle Group meeting Wednesdays 9am to 12noon**

Want to know how to play cards via zoom? Join the Pinochle group. They now play on Wednesdays from 9am to 12 noon. For more information, please contact Chris Watson.

## **OUTREACH**

**October's highlighted Outreach Project is Foothill Family Shelter.** The Shelter was founded in 1984 by dedicated St. Mark's parishioners and has continued to serve those in need throughout the years. Some of you have attended the Shelter's wonderful Cocktail Party Fall Fundraiser at the DoubleTree. Unfortunately, that was not possible this year so instead you are asked to support their Phantom 2020 Fall Mask-querade. All donations will be matched up to \$10,000. Please see the attached information or go to [Foothill Family Shelter :: Events & Sponsors :: Featured Event](#). As usual, we will also be supporting the Thanksgiving Basket give-away in November and the Family 2 Family clothing gifts for Shelter residents in December. More information will follow about those two events. - Kay Alexander, Sr. Warden

### **San Bernardino County Election Poll Workers**

San Bernardino County is preparing to open polling places for four days to serve voters for the upcoming election: October 31, November 1, November 2, and November 3. There is expected to be a need for additional poll workers, since many long-time poll workers are older and may not be comfortable volunteering. If you are interested, please go to <https://www.sbcountyelections.com/ElectionWorkers.aspx> and download the application form. Please email or mail in the completed form. Poll workers should be available all four days, although the exact schedule and training have not been set yet. The Episcopal Church and St. Mark's support election engagement: [https://episcopalchurch.org/files/ogr\\_vote\\_faithfully\\_2020\\_election\\_toolkit.pdf](https://episcopalchurch.org/files/ogr_vote_faithfully_2020_election_toolkit.pdf) Did you know that St. Mark's was a polling place?

Loving God, creator of this world who is the source of our wisdom and understanding, watch over this nation during this time of election. Help us to see how our faith informs our principles and actions. Amen. *By Rev. Shannon Kelly, Director Department of Faith Formation, The Episcopal Church*

### **FUN-raiser Covid-19 Emergency Appeal**

Join us in giving generously to the One Body & One Spirit Emergency Appeal to help our congregations and ministries most at risk during this crisis. The mailing address for checks made payable to "Episcopal Diocese of Los Angeles" is: Bishop John Harvey Taylor c/o the Rev. Michele Racusin, CFO; 840 Echo Park Avenue, Los Angeles, CA 90026.

### **We are Praying for You – The Daughters of the King**

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org). Or call the clergy or a member of the Daughters of the King who pray both daily individually and together every Sunday before the morning service.

### **Recovery Groups Online**

Alcoholics Anonymous: <https://aa.org/>

Bettor's Anonymous: <http://bettors-anonymous.org/>

Adult Children of Alcoholics: <https://adultchildren.org/>

Debtors Anonymous (<https://debtorsanonymous.org/>

Al-Anon: <https://al-anon.org/>

Celebrate Recovery: <https://www.celebraterecovery.com/>

## **CHILDREN, YOUTH & YOUNG ADULTS**

### **Parent Sunday School survey**

The Christian Education Committee would like to resume providing Sunday School for our younger members, and we have emailed a survey to families with children in the 3 – 10 year-old age group to gather input on how best to proceed. If you have children in this age group and have not yet received your survey, please use the survey attached to this issue of the Good News so that we can hear from you. Complete the survey [found here](#) and return it as an email attachment to [children@stmarks-upland.org](mailto:children@stmarks-upland.org) or by US postal mail to Attn: Sunday School, St. Mark's Episcopal Church, 330 E 16<sup>th</sup> St, Upland, CA 91784.

### **Choristers Return!**

Children in grades 3-6, are invited to join Choristers on Tuesday afternoons via Zoom for a half hour beginning Tuesday, October 6<sup>th</sup>. Please email me on or before Monday, September 28, and indicate your preference of a 3:30 or 4:00 pm start time. I will send out a Zoom link and password before the first meeting.

God bless everyone,

Blane Abernathy, Organist and Director of Music

### **A Covid Christmas Crèche: Announcing the Cast**

Announcing the Covid Christmas Crèche Cast! Holy Family: A. LaMunyon Pod; Angels: C. Morgan Pod; Shepherds: K. Alexander Pod; Magi: M. May Pod; Elizabeth & Company: B. Harris Pod; Star/Gabriel: S. Mackall Pod. If you want to be involved or if you thought you were already involved but do not see your pod listed above, please contact the rector. Please see the church website for more details: <https://www.stmarks-upland.org/a-covid-christmas-creche/>

**Youth Group News** During our time away, we have been meeting online using Zoom and in messages. We are currently meeting via Zoom, please check your messages for dates and times. If you would like to be added to the group, please message Rob Garretson at [youth@stmarks-upland.org](mailto:youth@stmarks-upland.org). Also, please note that all our in-person activities with other

groups such as the Deanery, TOUCH, etc. are on hold until further notice. Thanks, and stay safe and healthy,

Rob Garretson  Director of Youth Ministries

## **ANNOUNCEMENTS**

### **St. Mark's 2020 All Saints Celebration of Life**

On Sunday, November 1, 2020, St. Mark's will host a hybrid in-person/live-streamed Celebration of Life from 4pm to 6pm. The event will be a self-guided walking experience with memorial tables, flowers, dedication cards, and snacks. The event is open to all parishioners as an opportunity to remember and celebrate the lives we have lost this year. If you are interested in helping support the event, or if you have a loved one you would like to include in the celebration, please reach out to Nora Harris at [nlharris83@gmail.com](mailto:nlharris83@gmail.com).

### **2020 Diocesan Convention News**

This year the Diocesan Convention will be a one-day meeting held online on Saturday; November 14 due to the Covid pandemic. Each parish will send clergy and lay delegates as representatives who will vote on candidates for office and other business matters. A virtual Eucharist will follow on Sunday, November 15 that is open to the entire diocese. The ever-popular Exhibit Hall is now a Virtual Exhibit Hall and is already available. You can access the Virtual Exhibit Hall and other Diocesan Convention information at: [www.diocesanconvention.org](http://www.diocesanconvention.org). Information about our delegates may be found [here](#).

### **Your Contributions Make a Difference, Thank You!**

Please send pledges or donations to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. You may wish to set up automatic "bill pay" or "online banking" through your financial institution. Or you may make your donation through [PayPal](#). Donations are being accepted through our email address, [contributions@stmarks-upland.org](mailto:contributions@stmarks-upland.org).

### **Connect: Receive News from the Parish, Diocese, National Church**

To receive the weekly St. Mark's Church newsletter, the Good News, please visit our website to subscribe: <https://www.stmarks-upland.org/contact/contact-us/>

To receive news, resources and updates from the diocese, please subscribe here: <https://diocesela.org/episcopal-news/contact/>.

To receive the "Episcopal News Service" from the national church, please visit their website at <https://www.episcopalnewsservice.org/> and you will be prompted to subscribe.

### **Submissions for the Church Newsletter**

Please send articles and news for "The Good News" to [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) by Tuesday.

### **Donate through Amazon Smile®**

Did you know that you can donate painlessly to Saint Mark's every time you shop on Amazon? Click on this link <https://smile.amazon.com/ch/95-2074628> and sign up to support Saint Mark's. Each time you shop you will automatically designate a portion of your total will go to Saint Mark's to assist with our programs.

## **ACKNOWLEDGEMENTS**



**Church Elders:** Skip and Bobbi Arjo, Murray Duvall, Alice Granewich, Nick Hurey, Helena Kooiman, and Peter Mow

**Readiness Planning Task Force:** Betty Farrell, Kate Flannery (chair), Adam LaMunyon, Yawen Li, Carol Morgan, Guen Vinnedge, Kathy Walker, and Joan Watson. They are aided by consultants: Derek May, Marcia Godwin, Canon Serena Beeks, Dale Biggs, Jim Brown, Canon Gisele Tackoor, Jackie Wilds, Katherine Abdolhosseini, Rob Garretson, and Blane Abernathy.

**Emeriti:** Canon Serena Beeks, Head of School Emerita; William Carrington, Organist and Choir Director Emeritus; and The Rev. Konrad White, Rector Emeritus

**Canons:** Canon Serena Beeks, D. Min. Executive Director, Commission on Schools; Canon Clare Bangao, Coordinator for Mission Congregations; Canon Gisele Tackoor, JD, Director of Recruitment and Admissions at Pilgrim Place; The Rev. Can. Judy Heffron, Dean Emerita

**Staff:** Organist and Director of Music Ministry Blane Abernathy; Director of Youth Ministries Rob Garretson; Youth Ministries Assistant Julia Warren; Business Manager and Controller Katherine Abdolhosseini; Interim Preschool Director Jackie Wilds; Rector the Very Rev. Keith Yamamoto

**Lay Delegates & Representatives from St. Mark's to Diocesan Convention 2020**

Lay Delegates: Kathy Walker (Senior Delegate), Kimberly Cortner, and Julia Warren (Vestry); Lay Alternates: Jana Garner, Carol Morgan, and Larry Shade; Deanery 6 President Dale Biggs

**Vestry Members:** Kay Alexander, Senior Warden (2022); Julia Warren, Junior Warden (2021); Kathryn Barbour, Parish Life (2021); Ken Drew, Finance (2022); Marcia Godwin (2021); Edwina Golightly, Education & Formation (2022); Andrea Griffin, Vestry Affairs (2022); Jay Chok (2023); Larry Shade (2023); Derek May, Treasurer (2021); and Vicki Levario, Clerk (2021)

St. Mark's Episcopal Parish: A Community of Grace

OUR MISSION STATEMENT

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

E-mail: [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org)

Web: [www.stmarks-upland.org](http://www.stmarks-upland.org)

Facebook: Saint Mark's Episcopal Parish Upland, CA

Instagram: @stmarksupland

330 E. 16th St., Upland, CA 91784 + (909) 920-5565

*We are Eucharistically centered and rejoice in the tradition of a strong preaching ministry. We welcome all people into the worship and life of St. Mark's and celebrate the diverse needs and gifts of individuals. We seek and foster opportunities for spiritual growth and nurture. We offer a network of support which encourages pastoral care by parish members.*

*We participate in a consistent stewardship effort to tend and beautify the church, to strengthen education and to struggle for social justice. We are a community of grace feeding hungry hearts in the Episcopal branch of the Jesus movement.*

**In Spirit Worship Readers**

	<b>Oct 11<sup>th</sup></b>	<b>Oct 18<sup>th</sup></b>	<b>October 25</b>	<b>Nov 1<sup>st</sup></b>
	<b>Proper 23</b>	<b>Proper 24</b>	<b>Proper 25</b>	<b>Proper 26</b>
New Testament	Can Serena Beeks	Ellen Skivington	Larry Shade	Sue Andrews
<b>Reading</b>	Philippians 4:1-9	1 Thessalonians 1:1-10	1 Thessalonians 2:1-8	1 Thess 2:9-13
Psalm	Bob Mattus	Emily Harris	Jay Chok, Yawen	Berlin LaMunyon
(responsively)	Kay Alexander	Aiyana Harris	& Adam	Adam LaMunyon
<b>Reading</b>	Psalm 23	Psalm 96 1-9	Psalm 1	Psalm 43
Prayers	Nora Harris	Laura Schinler	Christine Abernathy	Linda Gomez
(Responsively)	Eva Harris	Mike & Madison	Landon Abernathy	Larry Shade
Collect for Purity	Can. Gisele Tackoor	Bob Mattus	Aiyana Harris	Barbara Harris
Confession	Emily Harris	Carol Morgan	Berlin LaMunyon	Betty Farrell
Sanctus	Betty Farrell	Kimberly Cortner	Praise band	Landon Abernathy
Memorial & Fraction	Betty Farrell	Kimberly Cortner	Ellen Skivington	Landon Abernathy
Communion Prayer	Christine Abernathy	Can. Gisele Tackoor	Karen Brown	Betty Farrell
Prayer of St Francis	Landon Abernathy	Larry Shade	Jana Garner	Bob Mattus



# Happy Halloween

## You're Invited To St. Mark's Virtual Zoom Halloween Party

**Saturday Oct. 24, 2020**

**2:00 PM**

**Zoom ID: 9806 2253 589**

**Password: Fellowship**

**Wear Your Favorite Halloween Costume Or Not.  
If You Would Like, Show Us Your Pumpkin Carving  
Skills By Sharing**

**Your Pre-Carved Pumpkin.  
You'll Have An Option To Create A  
Free Paper Pumpkin Decoration  
During The Party**

**Your paper pumpkin supplies can be picked up  
during the Wafer Pick Up on Sat. Oct. 10th  
From 9:00-10:30 AM at St. Mark's  
Email Susan Mackall at sadebma@gmail  
to reserve your craft supplies**