



Welcome to St. Mark's Episcopal Church: A Community of Grace

We embrace Christ, share the Gospel and love like Jesus.

Spiritual Eucharist + January 24, 2021 + Epiphany III

WORSHIP

Zoom: <https://zoom.us/j/95075914700>. Meeting will be opened at 9:30 for participants in the service (lectors, clergy, etc.); meeting will be open at 9:50 for parishioners to watch on Zoom. Meeting will be locked at 10:00. Worship will also be streamed on our Website, on Facebook

<https://www.facebook.com/saintmarksepiscopalparishupland/posts/3742246062509384>

and on YouTube <https://youtu.be/0ixf3583a8o>.

Worship is about re-connecting with the presence of God in Jesus Christ. Please engage as you are able and as fits your needs. Please pray and sing aloud; the bolded words and phrases indicate Zoom unison unmuted. Please add your announcements and prayer requests and thanksgivings in the comments to be included in worship; please allow for lag time. A special thank you for those who have made our in-spirit worship possible. And for those who read, listen, view, like, comment, share and subscribe.

Opening Voluntary

"To God All Glory Given"

Rachel Sawyer

Blane Abernathy, organist

Opening Sentence

Clergy 1: Blessed be our loving, liberating, life-giving God.

Reader 01: And blessed be God's kingdom, now and for ever.

All: **Amen.**

Collect for Purity

Clergy 1: Please pray with me.

Reader 02: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All: **Amen.**

Opening Hymn

#408 "Sing praise to God" *Mit Freuden zart*

The Collect of the Day

Clergy 1: Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All: **Amen.**

The Lessons

During the reading of the lessons, please be aware of a word, phrase or image that grabs your attention. Please consider adding them in the comments.

First Testament: What word, phrase or images grabs your attention?

Reader 03: A reading from the book of Jonah.

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to God's people.

All: Thanks be to God.

Psalm: What word, phrase or image grabs your attention?

Psalm 62:6-14 Nonne Deo

Reader 04:

⁶ *For God alone my soul in silence waits; *
truly, my hope is in God.*

⁷ *God alone is my rock and my salvation, *
my stronghold, so that I shall not be shaken.*

⁸ *In God is my safety and my honor; *
God is my strong rock and my refuge.*

⁹ *Put your trust in God always, O people, *
pour out your hearts before God, for God is our refuge.*

¹⁰ *Those of high degree are but a fleeting breath, *
even those of low estate cannot be trusted.*

¹¹ *On the scales they are lighter than a breath, *
all of them together.*

¹² *Put no trust in extortion; in robbery take no empty pride; *
though wealth increase, set not your heart upon it.*

¹³ *God has spoken once, twice have I heard it, *
that power belongs to God.*

¹⁴ *Steadfast love is yours, O LORD, *
for you repay everyone according to his deeds.*

New Testament: The Message by Eugene H. Peterson

Reader 05: A reading from the first letter of Paul to the Corinthians.

I do want to point out, friends, that time is of the essence. There is no time to waste, so don't complicate your lives unnecessarily. Keep it simple—in marriage, grief, joy, whatever. Even in ordinary things—your daily routines of shopping, and so on. Deal as sparingly as possible with the things the world thrusts on you. This world as you see it is fading away.

Hear what the Spirit is saying to God's people.

All: Thanks be to God.

Gospel: What word, phrase or image grabs your attention?

Clergy 2: The Holy Gospel of our Savior Jesus Christ according to Mark.

All: Glory to you, Lord Christ.

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of our Savior.

All: Praise to you, Lord Christ.

The Sermon: What word, phrase or image grabs your attention?

The Apostles' Creed by the Rev. Lester Mackenzie

I believe in God, the Father almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

All: Amen.

The Prayers of the People: Please add your prayers and petitions.

Clergy 2: Merciful God, you continually call us into the deep, away from lives with no direction. Be present with us as we navigate the waters of faithfulness. Turn us in the direction of your voice and purpose.

Reader 06:

Give us courage to respond to your call and go where you lead us. And the people say, **All: Amen.**

We are abundantly blessed and praise you for your goodness and care of us. We come to you with thankful hearts. And the people say,

All: Amen.

Equip the leaders of your faithful people to lead with holy vision. We pray for wisdom and stamina for our bishops, priests, and deacons. Guide them as they guide your people. And the people say,

All: Amen.

Strengthen our nation's relationships across boundaries and language. Put words of peace on the lips of every world leader. Open the eyes of people everywhere to the needs of their neighbors. And the people say,

All: Amen.

We lift those who are hurting into your healing presence: for those facing the struggles of illness, uncertainty, broken relationships, and world weariness; for those who are dying, grant them a holy death. We trust in your care, O Lord. And the people say,

All: Amen.

Prayer petitions will be included from Facebook, & YouTube

Concluding Collect by Clergy 1

Confession of Sin

Clergy 2: Let us confess our sins against God and our neighbor.

Reader 07: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.

All: Amen.

Absolution

Clergy 1: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All: Amen.

Special Blessings may happen here or after the announcements.

The Peace: Please offer your peace to those around you in-person & in-spirit

Clergy 1: The peace of Christ be always with you.

All: And also with you.

Announcements: Please add announcements in the comments

From Zoom, Facebook, & YouTube

Offertory Sentence: Many thanks for all your contributions

Offertory Hymn

#469 "There's a wideness in God's mercy" *St. Helena*

Lord's Prayer by Mike and Myrna Dole

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever.

All: Amen.

Spiritual Communion: St. Alphonsus de Liguori, 1696-1787

Clergy 2: A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

Reader 08: My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you.

All: Amen.

St. Francis Prayer

Clergy 1: Let us pray the prayer of St. Francis.

Reader 09: Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

All: Amen.

Mission Hymn

#537 "Christ for the world we sing" Moscow

Blessing

Clergy 1: ...now and always.

All: Amen.

Dismissal

Clergy 2: Let us bless the Lord.

All: Thanks be to God.

Closing Voluntary

"Rise Up and Serve the Lord"

William Walther/setting Patricia Lou Harris

Blane Abernathy, organist

Please join us for our hospitality hour at 11am.