



Church Calendar

All meetings/events must be scheduled thru the office. Don't see your event? Email parishadmin@stmarks-upland.org or call the office, 909.920.5565 to schedule a date and time with the rooms available.

August 08 -14 at St. Mark's

- **Sunday 10AM Holy Eucharist & In-Spirit Worship.** We welcome **The Rev. Sally Monastiere as celebrant and preacher this morning.** Bulletins are available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up. On Facebook at 10 AM Click the link below to join the service:
<https://www.facebook.com/saintmarksepiscopalparishupland/posts/4295221020545216> or online at: In-Spirit Worship (stmarks-upland.org)
- **Monday – Friday 9AM – Zoom Morning Prayer & Bible Study** <https://zoom.us/j/93780545256>
Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- **Wednesday 9AM, St. Peter's Guild,** card games and other activities in person.
- **No Taizé this week**

NEW COVID PROTOCOLS FOR SUNDAY WORSHIP

Updated Mask Protocol for St. Mark's (July 18, 2021). Because fully vaccinated people can transmit/spread the COVID Delta variant to others, it is recommended that unvaccinated individuals participate in church online/inspirit or sit in the northern pews with masks and social distancing.

It is respectfully requested that parishioners continue to wear a mask even if fully vaccinated when attending church in-person until further notice.

Social distancing: The north side of the church is reserved for those who wish to maintain social distance seating for whatever reason. No judgement given or reasons needed. Please know that this arrangement is only temporary. If this arrangement results in people not being able to sit in their "usual" seats, we will appreciate everyone's patience and flexibility.

For the **"peace exchange"** during worship, everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Since **children** under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes.

Restrooms: Out of respect to those who are not able to receive the vaccination and in order to maintain physical distancing in the restrooms, we ask that only one person or household use the restroom at a time.

Hospitality: We offer a limited in-person coffee hour in the Parish Hall. To reduce multiple handling of shared objects such as the coffee urn, hot water dispenser, and serving utensils, please let the hospitality host serve you.

Enhancing In-Spirit Worship

To enhance the in-spirit Sunday worship experience, please download the Sunday bulletin which has the words of the creeds, the prayers of the people, the confession, and most of the prayers. Also, hymnals for home use are available for take home or delivery. Please let us know if you would like one. Thank you for your feedback.

SPIRITUAL GROWTH & FELLOWSHIP

An Invitation to Further Reflection: A Sermon Appraisal

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveymzmo.com/s3/5820275/Mentorship2-0-2020>

Page Turners: A book study for those seeking Racial Justice

We are currently reading and discussing **The Sum of Us: What Racism Costs Everyone and How We Can All Prosper Together** by Heather McGhee. Discussions will be every other Tuesday at 6:30 PM for 5 sessions. Sessions run July 6th through August 31st. Please contact Andrea Flasher at racialjustice@stmarks-upland.org for more information.

Prayer requests

Please send your prayer requests to prayer@stmarks-upland.org or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

MINISTRIES – HELP WANTED!

Sexton's Guild

As St. Mark's has returned to in-person worship I'm reaching out to all that would be interested in being a sexton. For August we have only 2 sextons. I'd like to have 5 people on a rotating schedule. Then it is only about a once-a-month obligation. Some duties have changed and will go over them if you're interested in being a sexton. We no longer require you to have a alarm code. For anybody interested in being a sexton please see me at church, email sextons@stmarks-upland.org.

Dale Biggs

Sexton Guild

Flower Dedications

Flower dedications for specific Sundays are welcome at this time with a donation in any amount to help defray the cost of the flowers and materials. All donations will be gratefully received. If you wish, you may commemorate or celebrate a special event/person/anniversary/animal companion/milestone. Dedications are worded, "Flowers are Given to the Glory of God and in Memory of/Celebration of/Honor of/Thanksgiving for _____ by (your name)." To arrange for a dedication, please e-mail Guild Director Christy Hyder with a copy to parishadmin@stmarks-upland.org at least three weeks before any dedication at flowers@stmarks-upland.org. Include the Sunday you've chosen and the wording for the dedication, using the model above. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

Bread Bakers

With the return of in-person worship, bread baking is back! If you would like to participate in this vital ministry, we will provide a recipe and guidance. **Even if you baked in the past**, please email bakers@stmarks-upland.org if you would like to be added to the new schedule.

COMMUNITY NEWS

Into Eternal Life: Betty Ashurst

It is with great care that we inform you of the passing of Betty Ashurst. Please keep her daughter Vicki Levario and son in law John, her daughter Karen, her son Gary and her sister Mary and their families in your prayers. Betty Ashurst passed away Tuesday, August 3.

Into your hands, O merciful Savior, we commend your servant, Betty. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a child of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light. Amen.

Bishop Jardine-Bruce to become Provisional Bishop Diocese of West Missouri

The Rt. Rev. Diane M. Jardine Bruce, bishop suffragan of the Diocese of Los Angeles since 2010, has accepted the nomination of the Standing Committee of the Episcopal Diocese of West Missouri to become its bishop provisional, beginning Dec. 1, 2021, both dioceses announced today. The official announcement may be found [here](#).



Ride Needed

Parishioner is looking for a ride to Sunday Services. Looking for people who may be living near Monte Vista near the 10 in Montclair. If you can help with a ride to and from church, please contact (email/call) the church office, (909) 920-5565 or parishadmin@stmarks-upland.org for additional information.

Natalie's Retirement August 15

Just a reminder that cards are available in the narthex for a note to Natalie on the occasion of her retirement. Please place cards in the basket in the parish hall for collection. Monetary gifts should be placed in the collection plate with a note "Natalie's Retirement" in the memo line or on the envelope.

Men's Coffee Fellowship

The men's coffee fellowship will begin meeting on August 10th at 10:30 am at Bad Ass Coffee shop located at the northeast corner of the shopping center at Kenyon Dr. and Milliken Ave. Please come and join us. Questions, call Dave Nalbach at (909) 635-4297.

Deanery Installation Choir

You are invited to participate in a combined choir to sing for the installation of Rev. Jessie Smith as Rector of St. Ambrose, Claremont. Saturday, September 18 at 11 a.m. Warmup and rehearsal will be at 9:45 sharp. We will sing "With a Voice of Singing" by Shaw. If you have music for this, please bring a copy with you. We need to know how many will participate. Please RSVP to Dr. Taylor Ruhl at taylorruhl@gmail.com. Thank you!

Versed: A program for adults

Pandemic Over Restart? featuring Bishop John Harvey Taylor. Sunday evenings beginning Sep 19-Oct 10. The evening includes dinner. St. Paul's, Pomona \$10 suggested donation. More information to follow.

Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

OUTREACH

Haiti Partnership

Please consider supporting the Haiti fund at St. Mark's (just write "Haiti Fund" in the memo line of a check to the church. Every penny goes to Haiti to help keep St. Andre's open for children who would not otherwise have an opportunity for an education, and to help our Haitian friends make St. Andre's the best school it can be. Is there a trip to Haiti in your future? You have many new friends waiting to meet you. Stay tuned, and as soon as travel is possible, we'll be on our way. Meanwhile, please ask Guen, Kathy, Serena, Denise, or any of our travelers about anything you have questions about.

Foothill Family Shelter

Our next Volunteer Orientations will take place on Wednesday, August 4th & Wednesday, August 18th @4pm via Zoom. Anyone interested in volunteer opportunities must first attend Volunteer Orientation. Click [HERE](#) to contact Raquel for the Zoom link or for any questions regarding volunteer/internship opportunities.

Quakes Baseball Night is quickly approaching. See the attached flyers for information on how you can send a shelter family to the Quakes game on August 21st.

Touch Ministries

As of August 7th, 2021, collections for TOUCH Ministries should be brought to the church or office or the Touch bin on the bench at the south entrance of the narthex. They will be collected and taken to that ministry's base in Ontario. Thank you for your contributions. Any questions, call Dave Nalbach at (909)635-4297.

STEWARDSHIP

Summertime is here!

While summer travels may take you places, so remember to keep your pledge current. Before packing that suitcase, please be sure send in your donation to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org.

Is it time to Update your estate planning?

When was the last time you reviewed your estate planning documents? Do you have a Living Will? Advanced Directive? Power of Attorney? Last Will and Testament? Maybe it is time to review your documents. Have you moved? Added assets? Added family? Reviewing your estate planning keeps things current. While you are reviewing, think about what your faith and Saint Mark's has meant to you and consider remembering us in your final wishes. Contact 1910legacy@stmarks-upland.org for more information.

VISION and MISSION Statements... We want your help!

St. Mark's—our clergy and vestry—is working on crafting new Vision and Mission statements, and we need your ideas!

A Vision Statement describes the ideal church we want to be. A Mission Statement describes what we want to do with the gifts that we have as a parish. Here are working drafts of the two new statements.

Our VISION for St. Mark's is of a community of grace, eagerly spreading God's word and extending Jesus' love to all, as we joyfully worship, both in person and in spirit, and generously reach out to our neighbors, helping anyone in need.

We make it our MISSION to be a place where love, joy, and hope abound. To do this we invite all persons, in whatever circumstances, to worship with us, to receive holy communion, and to help us serve others. We give guidance to those of all ages who want a deeper knowledge of God and closer connection with Jesus. We encourage our members to care for the needs of the community and the world. We celebrate our diversity and strive to reconcile all persons and groups to God through Jesus Christ.

You can share your thoughts with us in several ways: 1) When you attend a Sunday service in-person during August, please see the two large posters in the narthex, and write your comments on the paper notes provided. 2) If you won't be attending Sunday services in-person during August, please see the attachments to the Good News and the Sunday Bulletin and send your comments by e-mail to juniorwarden@stmarks-upland.org. 3) Of course, you may also talk to either Kay Alexander, our senior warden, or Carol Morgan, our junior warden.

The more specific your comments are, the more help they will be to us. Tell us about certain words or phrases that you like or dislike. Let us know whether you think the statements are accurate and complete, whether you agree or disagree with anything. Your voice is very important to us. It would be great if we could have 100% participation from the congregation on this project. We really DO want to hear from YOU!

Carol Morgan, Junior Warden

St. Mark's Episcopal Parish: A Community of Grace Our Mission Statement

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

Email: parishadmin@stmarks-upland.org

Website: <https://www.stmarks-upland.org>

Facebook: [Saint Mark's Episcopal Parish Upland CA](https://www.facebook.com/SaintMark'sEpiscopalParishUplandCA)

Instagram: [@stmarksupland](https://www.instagram.com/stmarksupland)

YouTube: Saint Mark's Episcopal Church Upland, CA
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