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The Good News

St. Mark's Episcopal Church
A Community of Grace

We spread God's word,
love like Jesus,
enjoy worshipping together,
and help our neighbors.



**Sunday, February 11, 2023 Holy Eucharist (Communion) Service
held at 8 & 10 AM**

9:30 AM service can be viewed live or on demand via the church's website, Facebook page, and YouTube channel.

[Click HERE for Sunday Worship Information](#)



Worship

Epiphany Music Notes

Service Music, Part 2

Music for the "Ordinary" of the Eucharist

In the front of the hymnal, settings of music for the Eucharist begin at S-76 and include just about everything that can possibly be sung in the service. A complete history of the evolution of the Ordinary of the Eucharist (the texts that are repeated each Sunday) has filled books, but the short version is that the Latin (or in the case of the Kyrie, Greek) texts for the Gloria (Glory to God), Kyrie (Lord, Have Mercy), Sanctus (Holy Lord), Benedictus (Blessed is the One), and Agnus Dei (Lamb of God) go back at least as far as the fifth century, some as far as the third. Beginning with plainsong, like the setting we used for our Ordinary during Advent and will again in Lent, we have written notation for mass settings by composers great and small from every musical period and from most types of world music. They originate from the Catholic, Orthodox, and Coptic traditions, and later include the Lutheran and Anglican traditions as well. Some are meant to be sung by a congregation, some

by a choir with instrumentalists and soloists on behalf of the congregation, and some by both together. Choose your favorite musical period or style, and listen to these beautiful examples on a very incomplete list, a VERY TINY sample of what can be explored:

Early Renaissance: Missa Pange Lingua by Josquin des Prez, early 1500s

Renaissance/Tudor: Four-part Mass by William Byrd, 1592/3

Baroque: Mass in B-minor by Johann Sebastian Bach, 1749

Classical: Coronation Mass by Wolfgang Amadeus Mozart, 1779

Romantic: Petite Messe Solennelle By Gioachino Rossini, 1863

Late Romantic/Early Modern: Mass in G minor by Ralph Vaughan Williams, 1921

Modern: Mass by Igor Stravinsky, 1948

Acid Rock: Mass in F minor by the Electric Prunes, 1968 (yes, I owned this album!)

Jazz: At Grace Cathedral by Vince Guaraldi, 1965

Congolese: Missa Luba by Guido Haazen, 1958

Argentine: Missa Criola by Ariel Ramirez, 1964

Celtic/Folk: Black Mountain Liturgy by Sally Ann Morris, 2005

Praise: Mass of Creation by Marty Haugen, 2010

Chinese: Mass by Si-Yan Tang, ?early 2000s

Contemporary Scandinavian: Sunrise Mass by Ola Gjello, 2012

Hearing this music can make us feel connected to the millions of people around the world and throughout history who, listening to and participating with the same texts and music we use at St. Mark's, have gathered at the altar at God's invitation and received the sacraments.

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org.



Community & Fellowship

Shrove Sunday Pancake Breakfast, Sunday, February 18

Join us for a Festive Pancake Breakfast following the 10 AM service on Sunday, February 18. This year's celebration of Shrove Sunday has been transferred from Feb 11 due to the Superbowl. The delicious breakfast is a spiritual practice that the church celebrates Easter Resurrection every Sunday including the Sundays in Lent. This is how Lent lasts 40 days from Ash Wednesday (Feb 14) to Easter Day (Mar 31). To help or for more information, please contact Susan Mackall and Betty Farrell or see the sign-up sheet in the narthex.

The Great Kitchen Clean Out and Staging Event, Wed, Feb 21 at 10:30AM

Do you use the kitchen at St. Mark's church? Would you like to learn how to streamline and stage your own kitchen? Join members of the Fellowship, Hospitality, and Venue Rental Committee as we clean out and stage the St. Mark's Kitchen. This will be a fun and informative time facilitated by Sally Beardsley, founder of Streamlined Home. Consider this opportunity to add to your Lenten calendar and get a jump start on spring cleaning the heart of many a home.

St. Mark's Book Club, February 17

St. Mark's Book Club will meet at 10:00am on Saturday, February 17th in the home of Roslyn Foster.



Our book selection is "The First Ladies" by Marie Benedict and Victoria Christopher Murray.

Told from two perspectives, this is a compelling, fictionalized biography of two difference makers, collaborators, and friends: Former First Lady Eleanor Roosevelt and 'First Lady of the Struggle,' Mary McLeod Bethune.

The first is the daughter of privileged, idle rich socialites, while the other is the daughter of formerly enslaved parents. This extraordinary, compelling narrative follows these women from 1927 to 1945. Please join us for what promises to be an engaging discussion.

If you have any questions, please contact Rose Barraza in the church office or Maggie Vizio

Lent, Holy Week, and Easter 2024

Church ministry leaders, please review our [draft](#) of the 2024 Lent & Easter Handbook and let us know what is missing or needs updating. The most current version will be linked to the church website as a resource.

Be a Liturgical Artist!

This **Sunday, February 11**, after church we will transform the sanctuary from Epiphany to Lent. Stars and angels come down; Stations of the Cross go up, and the big brass cross in front is draped with "sackcloth." You can be a part of it! There are jobs for all skill levels. See the pulleys in action! Make sure the pictures are level! You are welcome to join the happy Liturgical Arts Crew.



Celebrating the Feast Day of Li Tim-Oi

This Sunday, St. Mark's joins the diocese in the celebration of the feast day of Li Tim-Oi, the first woman ordained in the Anglican Communion. The weekend includes an art show featuring women in the Bible, panel discussion featuring the first woman Presiding Bishop of the Episcopal Church Katharine Jefferts Schori, Chinese Lion Dance, and a festive Chinese banquet - see [here](#) for more information and to register. On Sunday at St. Mark's, Canon Serena Beeks will be our preacher and the Rev. Sally Monastiere will preside at the Holy Eucharist.

The Rev. Dr. Florence Li Tim-Oi

May 5, 1907 – February 26, 1992

Florence Li Tim-Oi was the very first Anglican woman priest. She was ordained to the priesthood in Hong Kong Cathedral by Bishop Ronald Hall in 1944, as an emergency measure following the Japanese invasion of China.

In January 1984, Li Tim-Oi was honored at Westminster Abbey on the 40th anniversary of her ordination. During that visit she was invited to Lambeth Palace to meet Archbishop Robert Runcie, who had remained unconvinced as to whether women should be ordained. After meeting

her, he told the Canadian Archbishop Ted Scott, "Who am I to say whom God can or cannot call?" 'It Takes ONE Woman' to change the thinking of the Church."

Youth Group News

Saint Mark's Youth for Christ is open to all young people in 6th through 12th grades and meets every first and third Sunday of the month in Room 18 from 11:30 – 12:30 after the 10:00 AM service. We enjoy fellowship together, choose and carry out service projects, and consider how Christians can do God's work in the world, especially through climate care. Please join us.

Sunday School Aides and Teachers Opportunities

Are you interested in learning more about the Bible, church, liturgy, prayer, and a relationship with God? Try being an adult aide for Sunday School. Watch the presentations from the best teachers and curriculum. Although targeted for children, the theological and ecclesiastical principles are solid. You are not required to know all the answers. In fact, it is more important to listen to the children and ask questions than it is to provide the correct answers. See Susan Mackall or the rector for more information.

FINANCIAL WELLNESS WORKSHOP SERIES

Get your financial life on track and learn skills to reduce financial stress, improve relationships, and maintain a sustainable budget.



This 5 week series is for those of all financial backgrounds and will cover important topics applicable to ages 16 to 99!

- *How to make & adhere to a monthly budget
- *The importance of an emergency fund
- *Paying down debt
- *Understanding interest, credit cards, mortgages, etc.
- *Getting through college debt free
- *Saving, investing, retirement, and giving



330 E. 16th St., Upland, CA 91784 (909) 920-5565
www.stmarks-upland.org

Newcomers/Inquirers/Seekers Class: 9AM Sundays in the Rector's Office

This is an opportunity to get to know more about St. Mark's, the church and one another. Participants will explore the Bible, Worship, Church, and Discipleship. At each session we will have a time for prayers, questions, introductions, and a brief orientation on a topic with helpful suggestions for further formation.

We meet for 50 mins on Sundays at 9AM in the rector's office.

Venue Rental Taskforce Underway

We are looking for resources and contacts for caterers and event planners. Help us be good stewards of our campus.



Creation Care

Guide to Climate-Smart Gardening with Naturalist David Mizejewski

Thursday, February 8, 2024
2pm ET | 1pm CT | 12pm MT | 11am PT

Climate change is a reality of our times, with devastating effects already being felt around the globe. How is climate change affecting our gardens, and how can we create green spaces that will thrive in the face of these effects? How can our gardens support local wildlife species impacted by climate change? How can we as gardeners reduce our own contribution to climate change? Join Naturalist David Mizejewski for an information-filled talk about gardening through the lens of climate change and learn how to create a "climate-smart" garden that not only looks good but supports the local ecosystem in the face of climate change.

**REGISTER
NOW**

National Wildlife Federation, nfw.org



Deanery 6

Lenten Nature Walk, March 4

St. Ambrose/California Botanic Garden, Claremont
The Deanery 6 Lenten Nature Walk is a morning walk at the California Botanic Garden in Claremont. This is a leisurely walk through a large California native plants garden. We will begin with a guided Lenten study at St. Ambrose before carpooling to the nearby Garden.

Join us at St. Ambrose at 9:00 AM, then to the Garden's parking area to purchase tickets and get started by 10:00 AM.

This walk is informal, and we are usually through by lunch time. Garden tickets may also be purchased in advance online at the Garden's website. Prices range from \$4 for children 3 and older to \$10 for adults. Restrooms and water are available, but no pets nor food are allowed.

Please contact Craig Gillette at LentenWalks@stmarks-upland.org or the office at 909.920.5565 if you have additional questions.



A Day in the Wilderness - Joshua Tree, March 9

Deanery 6 Parishes, families and friends are invited to join St. Mark's on our annual Lent Wilderness Experience. Gathering at St. Mark's back parking lot at 7:30 AM, March 9th to set up carpools, provide directions, share phone numbers and any last-minute planning, we depart



at 8:00 AM and arrive at our spot in Joshua Tree National Park about 10:00 AM. Once there, we have the rest of the morning to explore the wilderness, creation and our place in it. We gather for noonday prayer, an informal group lunch, then continue our adventures. The day is unstructured so cars, families, etc., can depart as desired to return or explore other parts of the Park. Things to do? Wander, wonder, take pictures, enjoy!



Point of contact at St. Mark's is Craig Gillette, LentenWalks@stmarks-upland.org or the office at 909.920.5565 if you have additional questions. [Information flyers](#) giving more details have been provided to each parish to help in planning for the day and answer some of the common questions.



Outreach

Outreach Ministries: 2023 Parochial Report

Outreach ministries are invited to gather their numbers so that we can report to the Episcopal Church the impact of community service and outreach ministries during 2023. For more information, please contact the church office.

Foothill Family Shelter women's and babies' hygiene items drive ends February 11

The Sancta Sophia Daughters of the King are sponsoring a personal hygiene item drive for the women and babies served by the Foothill Family Shelter. Baby diapers and wipes and women's sanitary napkins and tampons are always needed. Place your donations in the Foothill Family Shelter drop off baskets in the Narthex between now and Sunday, February 11, and the Daughters will collect all donations and deliver them to the shelter office.

Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets on Saturdays from 9-10:30 AM.

Al-Anon meets on Tuesdays from 6:30-8 PM. Recovery meetings in room 16.



Stewardship & Finance

Financial Statements

It has come to our attention that our Breeze Church Management system sent out financial statements to email addresses that included people's names that have already passed on. We apologize for any distress and thank you for your understanding as we fix our database.

St. Mark's Awarded \$5,000

St. Mark's Upland is one of 17 congregations awarded a grant from the One Body and One Spirit Annual Fund. The funds will go help repair the library after water damage caused by the heavy storms in 2023 and prevent further damage with

anticipated rains this season. Many thanks to those who worked so hard on the application including Buildings and Grounds, Dale Biggs and Kathy Walker chairs, and Finance Committee, Marcia Godwin chair. And thanks to the One Body & One Spirit selection committee, all those who contribute to the fund, and Bishop John Harvey Taylor. See announcement [here](#).

Zelle is here! New option for online giving to St. Mark's

Zelle is a convenient, no-fee way to directly give to St. Mark's. Zelle is a collaborative effort by banks to allow customers to directly transfer funds without a wait and without the fees charged by vendors like PayPal. You can set up Zelle once you log into your bank account. There also is a mobile application, although we recommend making sure that password protection and other security features are enabled. St. Mark's donations can be made by using give@stmarks-upland.org. Donations will go directly to the operating fund to pay for our regular costs (including our nice air conditioning) unless you designate otherwise.

How to Give Stocks or Mutual Fund Shares to St. Mark's

We have a brokerage account through Charles Schwab to accept stock and mutual fund gifts to St. Mark's. Donors are not assessed capital gains if the stock is transferred to St. Mark's. Please contact Rose in the church office at (909) 920-5565 or parishadmin@stmarks-upland.org for a handout on the specific codes and steps that you need to take. You will also need to let us know the amount and type of donation so that we can appropriately track the donation. Our policy is to sell any stock upon receipt. Donations completed before December 31 will count as 2023 donations. Donations beginning in January will count toward 2024.

Thank you for your generous gift.
No matter how, how much, or how often you give,
you make a difference. Your contribution is appreciated.

Give to St. Mark's



The Episcopal
Church

St. Mark's
Episcopal Church

Episcopal Diocese
of Los Angeles

St. Mark's Episcopal Church
A Community of Grace

330 East 16th Street, Upland, CA 91784
(909) 920-5565
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Office Hours: Monday–Thursday 9 AM to 3 PM (closed 12:30–1 PM);
Friday Closed

Please Note: The office will be closed Friday, Feb 16 and
Monday, Feb 19



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