



# THE GOOD NEWS

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## Sunday September 12, 2021

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### Church Calendar

All meetings/events must be scheduled thru the office. Don't see your event? Email [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) or call the office, 909.920.5565 to schedule a date and time with the rooms available.

### September 12-18 at St. Mark's

**New office hours: Monday-Wednesday, 9AM to 11AM, Thursday 8AM to 2PM**

- **Sunday 10 AM Holy Eucharist In-person and streaming online.** Bulletins are available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up.  
<https://www.facebook.com/saintmarksepiscopalparishupland/posts/4402700433130607> or online at: [In-Spirit Worship \(stmarks-upland.org\)](http://In-Spirit Worship (stmarks-upland.org))
- **Monday – Friday 9 AM – Zoom Morning Prayer & Bible Study.** <https://zoom.us/j/93780545256>  
Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- **Tuesday, 4PM Choristers on Zoom.** Contact [music@stmarks-upland.org](mailto:music@stmarks-upland.org) for more information.
- **Wednesday, 9 AM, St. Peter's Guild.** Card games and other activities in person. Info: [stpeters@stmarks-upland.org](mailto:stpeters@stmarks-upland.org).
- **Wednesday, 10:30 AM Men's Coffee Fellowship.** Bad Ass Coffee, Rancho Cucamonga. Info: [menscoffee@stmarks-upland.org](mailto:menscoffee@stmarks-upland.org).
- **Wednesday, 5:00PM – Handbells.** Parish hall. Masks required.
- **Wednesday, 7:30 PM Taizé.** In person and streaming online.

### Health & Community Protocols for Worship

**It is recommended that unvaccinated individuals participate online and that all wear a mask even if fully vaccinated. We are glad you are here.**

**Social distancing:** Please be respectful of those around you and adjust as you are able to for healthy spaces between households. We appreciate everyone's patience and flexibility.

Since **children** under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes.

**For the peace exchange,** everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

**Restrooms:** Out of respect to those who are not able to receive the vaccination and in order to maintain physical distancing in the restrooms, we ask that only one person or household use the restroom at a time.

**Hospitality:** To reduce multiple handling of shared objects such as the coffee urn, hot water dispenser, and serving utensils, please let the hospitality host serve you.

## **SPIRITUAL GROWTH & FELLOWSHIP**

### **Sunday's Readings**

[Proverbs 1:20-33](#)

[Psalm 19](#)

[Mark 8:27-38](#)

### **An Invitation to Further Reflection: A Sermon Appraisal**

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

### **Prayer Requests**

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org) or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

### **For a Healthier and Stronger Community**

The St. Mark's community includes people who are ineligible for the vaccine, taking care of elderly parents, and guardians of young children. If you can get the vaccine, please do so. We want to be able to worship together, sing aloud, and see one another as safely as possible on Sundays. Thank you for doing your part for a healthier and safer community.

## **BAPTISMAL ANNOUNCEMENT**

To all the Faithful in Christ Jesus throughout the World: Peace be with You!

Be it known unto you that our beloveds in Christ, Alexa Lizarraga and Andrew Lizarraga, daughter and son of German DeJesus Lizarraga and Lisa Mane Kaiser-Lizarraga, will be baptized with water and the Holy Spirit, on the 19th day of September, being the 17th Sunday after Pentecost in the year of our Lord twenty-twenty-one at ten o'clock ante meridiem, in the midst and witness of Godparents Scott Kaiser, Ivan Lizarraga, Alfredo Maravez, Claudia Maravez, and the faithful at St. Mark's Episcopal Church in Upland, California.

If you are interested in rescheduling a baptism, please contact the church office.

## **MINISTRIES**

### **New Usher Coordinator: Kimberly Cortner**

Many thanks to Kimberly Cortner who is the new coordinator for the Ushers guild. If you would like to find out more about this ministry please contact Kimberly, the clergy, or the office.

### **Invitation from the Daughters of the King St. Mark's Church, Santa Sophia Chapter**

Dear Women of St. Mark's,

The Daughters of the King will be hosting an open house during our Chapter meeting on September 12, 2021, after coffee hour. We will be convening at the Church and will also be on Zoom for all women of St. Mark's interested in learning more about our Order. Our Chapter welcomes all women from our parish who desire a closer walk with the Lord. We are Christian women who are strengthened through the discipline of a Rule of Life and supported through the companionship of our sisters. We are all at different stages of our Christian journey – some have just begun, and some have been on this path for a long time. But no matter where we are on our sacred journeys, our primary goal is the same – to know Jesus Christ and to make Him known to others.

We hope you will join us for prayer and fellowship. In-person: Room 16

Zoom participation: <https://zoom.us/j/89158531906>; Meeting ID: 891 5853 1906

### **Sexton's Guild**

As St. Mark's has returned to in-person worship I'm reaching out to all that would be interested in being a sexton. For August we have only 2 sextons. I'd like to have 5 people on a rotating schedule. Then it is only about a once-a-month obligation. Some duties have changed and will go over them if you're interested in being a sexton. We no longer require you to have an alarm code. For anybody interested in being a sexton please see me at church, email [sextons@stmarks-upland.org](mailto:sextons@stmarks-upland.org).  
Dale Biggs, Sexton Guild

### **Music program resumes for Fall, 2021 and Spring, 2022**

Greetings to all regulars, interested parties and new members of St. Marks choirs and Handbells! I've missed everyone over the summer and those who have stepped out during the pandemic. Beginning the week of Sept 5, rehearsals for choirs and bells will resume.

**Choristers** (grades 2 – 7) return Tuesday, **Sept 7 at 4:00pm** via Zoom. I will email a link and password to existing members prior to the first session. Are you new to the group? Please contact Mr. Abernathy through the church office (909) 920-5565 or by email, [babernathy@stmarks-upland.org](mailto:babernathy@stmarks-upland.org) for more information on Choristers, including online access to the session.

**St. Mark's Has Openings for Handbell Ringers!** Adult Handbell Ringers are needed to fill a couple of open slots in St. Mark's Handbell Choir. The group currently practices on Wednesdays from 5:00 to 6:15pm. Please contact Blane Abernathy, [babernathy@stmarks-upland.org](mailto:babernathy@stmarks-upland.org), through the church office, if interested. Individual training sessions are available by arrangement with Blane (director).

**St. Mark's Choir** (adult) resumes Thursday, **Sept 23 at 7:30pm**. We'll rehearse (in person) in the Parish Hall with the keyboard used for Taizé services. New singers are welcome and needed for all voice parts (Soprano, Alto, Tenor and Bass). We'll plan to lead the singing at the 10:00am Worship Service by Sunday, Sept 26. *In line with diocesan policies, all singers must be masked and vaccinated. Social distancing will be observed.*

For additional information, contact Blane Abernathy via church office (909) 920-5565, or email [babernathy@stmarks-upland.org](mailto:babernathy@stmarks-upland.org).

Blane Abernathy, Director of Music/Organist - St. Mark's Parish – Upland CA

### **COMMUNITY NEWS**

#### **Versed: A program for young adults**

What does it look like to restart? This Fall Versed Young Adult series returns to explore what our post-pandemic lives look like. How have our worship practices shifted? How have our communities evolved? Versed is a **4-week Speaker Series** offering a space for **Young Adults** to encounter scripture and wrestle with its implications on our world. We invite community members, clergy, lay people and our bishops to offer their ideas and then we break out into small groups for discussion.

Schedule:

- Sep 19: The discussion begins: what does it mean for our lives as we re-emerge into community?
- Sep. 26: Balancing our in-person lives and our digital lives.
- Oct 3: Returning to communities around us. Why do they matter?
- Oct 10: Engaging hope over despair – what is hope?

Program is held in the courtyard at St. Paul's, Pomona. \$15 a session, or \$60 for the series. Scholarships available. Registration and more information at [edlayouth.org/versed](http://edlayouth.org/versed)

**Versed Scholarships** For any parishioner who would be interested in sponsoring a young adult through the Versed series, please get in touch with Julia Warren at [socialmedia@stmarks-upland.org](mailto:socialmedia@stmarks-upland.org)

### **Around the Deanery: Installation & Celebration of New Ministries**

We join in the celebrations of the installation of Rev. Jessie Smith as Rector of St. Ambrose - Claremont on September 18 at 11 am; and the installation of Rev. Liz McQuitty as Vicar of St. John's - La Verne on September 23 at 10 am. Congratulations!

### **Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person**

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

## **OUTREACH**

### **Joint Statement on Climate Change**

[Sept 7, 2021] For the first time, the leaders of the Roman Catholic Church, the Eastern Orthodox Church and the Anglican Communion have jointly warned of the urgency of environmental sustainability, its impact on poverty, and the importance of global cooperation.

Pope Francis, Ecumenical Patriarch Bartholomew, and Archbishop Justin Welby urge everyone to play their part in "choosing life" for the future of the planet. The statement calls on people to do the following:

- Pray for world leaders ahead of COP26.
- For individuals: To make meaningful sacrifices for the sake of the planet, working together and taking responsibility for how we use our resources.
- For those with far-reaching responsibilities: To choose people-centered profits and lead the transition to just and sustainable economies.

Read the full statement at this [link](#).

A Spanish translation of the full statement can be found at this [link](#).

### **Episcopal Relief & Development**

Your generous gift can provide assistance to help people in the wake of disasters. Currently the focus is on Haiti and those affected by Hurricane Ida. To assist in these efforts, visit

<https://www.episcopalrelief.org/>.

### **Touch Ministries**

Collections for TOUCH Ministries should be brought to the church or office or placed in the Touch bin on the bench at the south entrance of the narthex. They will be collected and taken to the ministry's base in Ontario. Thank you for your contributions. Personal hygiene items, clean socks and underwear, gently used shoes, camping equipment, and \$10 gift cards for fast food or Walmart are needed. Any questions, email Dave Nalbach at [touch@stmarks-upland.org](mailto:touch@stmarks-upland.org).

### **Foothill Family Shelter**

Please see attached flyer for the FFS Food Drive. Bring nonperishable packaged food, diapers, wipes and gently used clothing to the shelter Tuesday through Friday, 9am-5pm, (closed for lunch from 12-1pm) 1501 W. 9th St, Suite D, Upland. For more information or current needs, contact Yelitza Banuelos at [yelitza@foothillfamilyshelter.org](mailto:yelitza@foothillfamilyshelter.org).

### **Episcopal Migration Ministries**

Episcopal Migration Ministries, the refugee resettlement and migration ministry of The Episcopal Church, is currently working in partnership with the U.S. government to assist our Afghan allies with resettlement and direct services through a network of 12 affiliates across the U.S. For more information: <https://episcopalmigrationministries.org/afghan-allies/>

## **STEWARDSHIP**

### **Your Generous Contributions are Appreciated**

Thank you for keeping current with your pledge or donating to St. Mark's. We have a secure mailbox that at 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#) donations are being accepted through our email address, [contributions@stmarks-upland.org](mailto:contributions@stmarks-upland.org).

### **Is it time to Update your estate planning?**

When was the last time you reviewed your estate planning documents? Do you have a Living Will? Advanced Directive? Power of Attorney? Last Will and Testament? Maybe it is time to review your documents. Have you moved? Added assets? Added family? Reviewing your estate planning keeps things current. While you are reviewing, think about what your faith and Saint Mark's has meant to you and consider remembering us in your final wishes. Contact [1910legacy@stmarks-upland.org](mailto:1910legacy@stmarks-upland.org) for more information.

### **St. Mark's Episcopal Parish: A Community of Grace**

#### **Our Mission Statement**

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

Email: [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org)

Website: <https://www.stmarks-upland.org>

Facebook: [Saint Mark's Episcopal Parish Upland CA](#)

Instagram: [@stmarksupland](#)

YouTube: Saint Mark's Episcopal Church Upland, CA  
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